# COMMUNITY LEADERS FORUM

Celebrating Excellence
Community Leaders Forum

2014 TO 2016





Faced with a rapidly evolving and volatile modern economy, our community needs to continue to stand together, and be adaptive and ready for the future. It is critical that we remain steadfast to our values, build upon the partnership between the community and government, and co-create solutions to meet new challenges.

- Dr Yaacob Ibrahim, CLF Cheque Presentation 2016









A publication for the Community Leaders Forum by the CLF Secretariat, Yayasan MENDAKI



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# **WELCOME MESSAGE**

by Dr Yaacob Ibrahim

Minister for Communications and Information, Minister-in-charge of Cyber Security, Minister-in-charge of Muslim Affairs and Chairman, Yayasan MENDAKI

#### Dear CLF Partners.

2017 marks fifteen years of the Community Leaders Forum's (CLF) journey in charting the direction for the Malay/Muslim community and supporting the development of our Malay/Muslim Organisations (MMO). The joint efforts between CLF and community partners have led to multiple programmes that address service and capability gaps, particularly in facilitating educational development and addressing social challenges within the community.

I am glad that CLF-funded programmes thus far have encompassed diverse areas, from supporting students' academic performance to empowering families, to developing youth talent, and building organisational capacity. CLF continues to fund commendable projects as evident in this Compendium. Each and every MMO plays an important role in CLF's endeavour to spur the community forward. I encourage MMOs to explore more upstream, holistic approaches, and focus on outcome-based programmes and services to contribute towards a resilient community ecosystem. In this regard, it is important to understand trends including the changing demographics of society to tailor initiatives that meet specific needs. Technological tools such as data analytics can help organisations make strategic decisions, improve productivity and better serve stakeholders. Ultimately, we must continue to deepen our partnerships and align our efforts for the benefit of the community.

In the coming years, we will also need to look for innovative ways and strategies to meet increasingly diverse needs across the community. With some of the challenges becoming more multi-faceted, one-size-fits-all approaches are no longer as effective. The Government recognises this as well, and in recent years has also been exploring more customised support to meet specific needs. We welcome your ideas on programmes that can help our community navigate its way through a rapidly evolving economic

DR YAACOB IBRAHIM

Minister for Communications and Information, Minister-in-charge of Cyber Security , Minister-in-charge of Muslim Affairs and Chairman, Yayasan MENDAKI landscape; among these, efforts to embrace lifelong learning and skills upgrading, as well as greater youth mentoring, will be key. To do this, CLF partners need to constantly engage one another to share knowledge, research and best practices, and also leverage on each others' strengths and resources.

I am heartened that more of our younger generation are playing a role in shaping the future of our community. CLF will continue to support creative and future-oriented proposals from our youths in areas such as information technology and community development. CLF strives to value-add these ground-up ideas to their fruition by offering promising youth leaders a fresh perspective to community development and support through CLF LABS funding.

As we celebrate MENDAKI's 35th and CLF's 15th anniversary this year, let us strengthen our networks and partnerships to continue the pursuit of nurturing a Community of Excellence.

Thank you.

I am glad that CLFfunded programmes thus
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#### DR YAACOB IBRAHIM

Minister for Communications and Information, Minister-in-charge of Cyber Security , Minister-in-charge of Muslim Affairs and Chairman, Yayasan MENDAKI



COMMUNITY LEADERS FORUM

# **WELCOME MESSAGE**

by Mdm Rahayu Buang

Head, CLF Secretariat, Chief Executive Officer, Yayasan MENDAKI

#### Dear CLF Partners,

I am pleased to present the CLF Compendium which is a compilation of the performance of various community programmes and initiatives funded within 2014-2016. It is testament of the performance and outcomes of programmes that had benefited from the Malay/Muslim Community Development Fund (MMCDF) and CLF.

As the administrators of the MMCDF, the CLF Secretariat has seen a marked increase in MMCDF utilisation under the various funding schemes from 2014 to 2016. We would like to acknowledge and thank all of you for your efforts to uplift the community through your programmes and services.

Education remains as one of the highest priorities. Maju Minda Matematika or Tiga M continues to support an increasing need for preschool education in the community. With 15 strong partners for Tiga M in 2017, varying from PCF kindergartens, schools, mosques and community clubs, CLF has the opportunity to forge ahead to enhance our partnership and parental involvement for better school readiness.

In 2016, the CLF Secretariat had streamlined our processes and more opportunities were created for Malay/Muslim Organisations to develop organizational capability. This year we expand our CLF family with 12 new partners and we will continue to build and harness partnership with organisations from within and beyond the Malay/Muslim Voluntary Sector.

We must continue to take the community to a higher level of aspiration and achievement. We need to do our best to find creative solutions for the changing needs of the people we serve. We must continue to inspire with projects driven by innovation. The volume of information is growing rapidly, while opportunities to expand insights through data analysis are accelerating. Like all other sectors, we too must upgrade our capabilities to remain relevant and effective.



MDM RAHAYU BUANG

Head, CLF Secretariat, CEO, Yayasan MENDAKI

On this note, CLF LABS continues to fund commendable projects in new areas of technology, sports and community development. CLF LABS has seen an upward trend in fund utilisation over the years with disbursement over \$255,000 and benefiting 54 projects since its inception in 2011. In line with the Smart Nation initiative, CLF LABS focuses on providing support to projects which mobilise IT and technology for social entrepreneurship.

We can be proud of our work so far. I am confident that we will continue to work closely together to uplift the community.

Thank you.

We must continue to take the community to a higher level of aspiration and achievement. We need to do our best to find creative solutions for the changing needs of the people we serve. We must continue to inspire with projects driven by innovation. The volume of information is growing rapidly, while opportunities to expand insights through data analysis are accelerating. Like all other sectors, we too must upgrade our capabilities to remain relevant and effective.

#### MDM RAHAYU BUANG

Head, CLF Secretariat, CEO, Yayasan MENDAKI





# REFLECTIONS

by Mdm Tuminah Sapawi Head, CLF Secretariat, CEO Yayasan MENDAKI [2014-2016]

#### Dear CLF Partners,

In the effort to collectively address pertinent issues affecting our community, the Community Leaders Forum (CLF) was established in 2003 and has since provided our Malay/Muslim Voluntary Sector (MMVS) a platform to collaborate and foster community engagement by providing platforms for dialogue and knowledge exchange.

CLF first administered the Malay Muslim Community Development Fund (MMCDF) in 2014 to provide grant to Malay/Muslim Organisations (MMOs) and Institutional Members (IMs) for community projects that are in line with MENDAKI's mission and objectives.

MMCDF saw significant improvement in the fund utilisation between 2014 and 2016 where nearly \$7 million was expended across all funding schemes when compared to previous years. In the past 3 years, MMCDF has benefitted 86 projects by 91 partner organisations, in the areas of family empowerment, youth development, capacity building, education and community-based initiatives.

Projects supported by MMCDF such as Family Therapy Institute by PPIS, Projek Keluarga Teguh by Muhammadiyah Welfare Home and Debt Advisory Centre (DAC) by AMP have facilitated the development of educational achievements and help alleviate social issues among those, which also empower the socially disadvantaged. The joint efforts between CLF and partners have led to the formation of projects that address service and capability gaps in the sector, and are aligned with the community's needs. The programmes and services funded will eventually help to build a robust and resilient community ecosystem.

CLF welcomes programmes in governance and review consultancy to help MMOs improve the effectiveness of operational support, controls and governance processes as well as systems change. Another area of support includes initiatives that enhance

MDM TUMINAH SAPAWI

Head, CLF Secretariat,

CEO Yayasan MENDAKI [2014-2016]

existing leadership and grooming leadership in providing customised leadership and management training programmes. Capability Development Fund (CDF) also hopes to nurture and groom talent for the sector via training and support for academic programmes to develop staff and expand the pool of trained Malay/Muslim professionals within MMVS.

Drawing from MMCDF, CLF LABS acknowledges the growing interest amongst our youths in social entrepreneurship. This serves as an extension to our current partnership structure to youths by allowing budding social entrepreneur to leverage on our fund to testbed social projects. CLF LABS has successfully funded 54 projects in the amount of \$255,000 since its inception in 2011.

As CLF steps into its 15th year, we appreciate the opportunity of working closely with committed partners, from within and beyond the MMVS. The increasing pool of talents and expertise amongst partners enables us to seek solutions and introduce new strategies to overcome community challenges. Our performance was led by the strong support of 91 partners comprising of MMOs, mosques, schools, PCFs, Voluntary Welfare Organisations (VWOs) and grassroot agencies.

This Compendium celebrates another notable milestone in our continuous endeavors to address community issues. In our strive towards a Community of Excellence, a concerted, collective and conscientious pursuit by MMOs will have to remain steadfast so that better synergy can be developed over time.

At this juncture, I express my sincere wish and gratitude to all partners for their unrelenting support in being part of CLF's inclusive partnership in serving the community through programmes and look forward to your continued support to the CLF Secretariat.

Thank you.

The increasing pool of talents and expertise amongst partners enables us to seek solutions and introduce new strategies to overcome community challenges.

Our performance was led by the strong support of 91 partners comprising of MMOs, mosques, schools, PCFs, Voluntary Welfare Organisations (VWOs) and grassroot agencies.

#### MDM TUMINAH SAPAWI

Head, CLF Secretariat, CEO Yayasan MENDAKI [2014-2016]



COMMUNITY LEADERS FORUM

# COMMITTEES



# Malay/Muslim Community Development Fund (MMCDF) Steering Committee

#### MR SALLIM ABDUL KADIR, JP, PBM, FCA (SPORE)

#### **MEMBER**

Mr Sallim has been in the field of Human Resource Management, Training & Development for more than 28 years. He is a Fellow of The Association of Chartered Certified Accountants of UK by qualification and the Institute of Certified Public Accountants, Singapore. He started his accounting career in audit with Coopers & Lybrand (now known as PWC) more than thirty years ago and worked his way up to a HR Director. He embarked on developing and conducting management and technical training programmes more than 25 years ago and covered numerous clients both local and multinationals.



Mr Sallim is currently the Director of Human Capital for a local SME group of companies. He also conducts management training programmes for senior management through Innova Consultancy. He spends a fair amount of his time in serving the community through various committees and organisations.

#### He holds these other current appointments:

- Board member of Yayasan MENDAKI and various subcommittees
- Council member of the Islamic Religious Council of Singapore and various subcommittees
- Board member of Warees Investments Pte Ltd
- Board member of Warees Halal PLC
- Justice of the Peace, Singapore
- Member of Disciplinary Proceedings for the Public Service personnel
- Member of SAF Board of Visitors (Dentention Barracks)
- Member of Institutional Discipline Advisory Committee (Prisons)
- Member of Long Imprisonment Review Board (Prisons)
- Member of Natural Lifer Review Board (Prisons)
- Member of Steering Committee for Care & Share SG50 2014/2016
- Council member of Medishield Life 2015 -
- Chairman of Suara Musyawarah (Malay/Muslim community feedback group 2012/1013) Chairman of SG50KITA (Malay/Muslim Community for SG50 celebrations) 2015
- Chairman of Yusof Ishak Professorship Fund Raising Committee (NUS 2015)
- Member of Malay Programme Advisory Committee
- School Management Committee of Cerebral Palsy Alliance School

#### MR ALWI BIN ABDUL HAFIZ

#### MEMBER

Presently an advisor on sustainability to Golden Veroleum Liberia and Golden Agri Resources, Mr Alwi is also the co-founder of a startup focusing on data analytics and adaptive technologies applied to the education sector. He previously held leadership roles as the Managing Director of BSI (British Standards Institution) Group in ASEAN, Director of Operations (Asia Pacific and Japan) and General Manager (ASEAN) at Hewlett-Packard Consulting and Integration.



Mr Alwi is an engineer by training, and graduated with a Bachelor of Engineering degree with First Class Honours from the National University of Singapore in 1987.

Active in industry and the community, he currently serves as a board member of the Singapore Land Transport Authority and a trustee of Nanyang Technological University. He is also a board member of Mendaki Social Enterprise Network (SENSE) and previously served on the Boards of Yayasan Mendaki and the Association of Muslim Professionals. He chairs the InfoComm Steering Committee of Yayasan MENDAKI.

Mr Alwi's current interests include the directed use of technology and innovation, sustainable development and community issues.

# CLF LABS Steering Committee 2016 - 2018

#### MR MUHAMMAD SYAKIR BIN HASHIM

#### **CHAIRMAN**

Muhammad Syakir Hashim is the Chief Operating Officer & Co-founder of Skolafund Pte. Ltd. (Singapore) and SkolaGroup Sdn. Bhd. (Malaysia), a web platform that helps university students raise alternative financing for their education. Skolafund was one of the 10 financial technology startups selected to be part of Startupbootcamp Fintech, a leading global financial technology accelerator programme for financial technology startups where only 10 out of 300 startups from around the world were accepted. He is keen on enabling the well-being of young people and have



founded a series of companies to this end. Syakir was the President of the National University of Singapore Entrepreneurship Society from 2014-2015 where he was actively promoting and seeding entrepreneurship amongst NUS students and youths both locally and internationally. Currently, Syakir also serves as a Member in the Nanyang Polytechnic Board of Governors. In 2014, Syakir was awarded the Young Entrepreneur Award by SMBA Singapore. Syakir graduated from the National University of Singapore with a bachelor's degree in Global Studies. He also completed the Stanford University Graduate School of Business G2M Certificate Program in 2015.

#### MR MUHAMMAD SUFFIAN BIN ZAINUDDIN

#### VICE-CHAIRMA

Muhammad Suffian bin Zainuddin is a lecturer for Nitec in Digital Audio and Video Production at ITE College East. He is part of the steering committee for MENDAKI's CLF LABS that provides funds to innovative groups/individuals that helps the MM community. Suffian is also the founder of Singapore Malay Film Society (SMFS), a non-profit organisation which aims to assist aspiring filmmakers and film students to develop in their trade. Suffian is passionate in helping the community with regards to employability and social mobility. He believes that



personal development involves equiping one with relevant knowledge and skills. In addition, Suffian is a gamer and he applies gaming principles to his teaching ideologies.

#### MR ASLAM SHAH BIN ISKHANDAR SHAH

#### MEMBER

Aslam Shah holds a BSc from the National University Of Singapore. Currently a Media Analyst with Meltwater News Singapore, Aslam had always pursuit his interest in Communication. He won a national public speaking competition Singapore Can Speak and was a TEDx Youth Singapore Speaker. He was also the emcee for several significant events like the Edusave Awards ceremony and NUS Science Faculty 80th Anniversary which was embraced by President Tony Tan. In 2013, Aslam was Singapore's youth delegate at the United Nations Youth Assembly held at the United



Nations (UN) in New York. Since over a decade, he enjoys volunteering with local community organisations including Mendaki and Lembaga Biasiswa Kenangan Maulud (LBKM) where he was a Youth Ambassador. In his free time, Aslam enjoys football and films; and explores new countries whenever he has the chance.

#### DR. ELMIE NEKMAT

#### MEMBER

Dr. Elmie Nekmat is currently assistant professor in the Department of Communications and New Media, National University of Singapore (NUS), joining the faculty in 2014 after a one year postdoctoral fellowship at the University of California, Santa Barbara. He obtained his Ph.D. in Communication and Information Science with an interdisciplinary minor in educational and social psychology from the University of Alabama, where he received the 2013 Knox Hagood Doctoral Award. He was the recipient of the NUS Overseas Graduate Scholarship



in 2011 and the NUS Overseas Postdoctoral Fellowship in 2013. He received his Bachelor of Social Sciences (Hons) and Masters in Communications and New Media Studies from the National University of Singapore in 2007 and 2010, respectively.

Elmie studies and teaches media effects and the social-psychological processes and effects of online and inter-group communication. He also researches media literacy, with emphases on parental mediation and literacies pertaining to new media technologies. His research has been published in major communication journals that include Communication Research, Journal of Broadcasting and Electronic Media, Information, Communication and Society, and Computers in Human Behavior, and has received top paper awards at international communication conferences. He has prior experience as research intern for the Singapore Airlines Public Affairs Department and senior staff officer (NS) for the Research and Planning Division of the Criminal Investigation Department, Singapore Police Force. He is currently the Deputy Graduate Coordinator for the Communications and New Media Department, NUS.

COMMUNITY LEADERS FORUM

COMMUNITY LEADERS FORUM

# COMMITTEES



# CLF LABS Steering Committee 2016 - 2018

#### MR MOHKSIN BIN MOHD RASHID

#### **MEMBER**

Mohksin undertakes the role of Executive Director at Majulah Community since 2014. He is passionate in serving the community and is an experienced training and education consultant. He continues to contribute through youth mentoring and under Majulah, has led projects such as Majulah 2040 and Project Peduli.



#### MS NUR LIYANA BTE MOHD SULAIMAN

#### **MEMBER**

Liyana is the Managing Director and Co-founder of Gimmie, a Silicon Valley and Singapore venture-backed marketing CRM company founded in 2012. She is passionate about technology, innovation, entrepreneurship, and women empowerment. Outside of work, she enjoys working with non-profit organizations championing those causes. She has been an early board advisor for the Singapore chapter of a large, global non-profit organization Girls in Tech, where she served for three years as well as the UN Women Ambassador in STEM for the girls2pioneers.org initiative since 2014.



Recently she came on board to volunteer for social enterprise Hotel Orangutan, on behalf of the owner, DBS CIO Neal Cross, and aid in its mission to empower local indigenous people capacity building and wildlife conservation efforts in Sumatera, Indonesia. As a technologist, entrepreneur, and activist, Liyana has been invited to speak on her areas of expertise and share her experiences multiple times in the region. She is also a twice TEDx speaker, twice member of the judging panel for NUS-DBS Social Venture Challenge in 2015 and 2016 respectively. Her background has also earned her the youngest member of the New Science Centre Committee as well as a member of the World Economic Forum (WEF) Global Shapers Community in Singapore.

#### MR TENGKU AHMAD SYAMIL BIN TENGKU IBRAHIM MEMBER



Syamil is the co-founder and CEO of SkolaFund, a crowd funding platform which aims to make university education more affordable for students across Asia since 2015. Syamil handles marketing, scholarship campaigns, and user relations. As the co-founder of Urbane Acad, he is active in designing programme for boys aged 11 to 14 years old. Urbane Acad is also our partner for Youth-in-Action 2016. He is currently pursuing a Bachelor's degree in Economics and Management Sciences at the International Islamic University Malaysia.



#### **ADVISORS / MENTORS**

- 1. MP Mr Saktiandi Supaat
- 2. Mr Imran Ajmain
- 3. Mr Muhammad Nadjad bin Abdul Rahim
- 4. Mr Muhammad Shamir bin Abdul Rahim
- 5. Ms Nur Hafizah bte Ghazali





#### ABOUT COMMUNITY LEADERS FORUM

# VISION, OBJECTIVES & STRATEGIC THRUSTS



# **W** Vision

To bring about confident, creative and self-reliant individuals and families, anchored in Islamic faith and values, for a Community of Excellence.

# Objectives

The inaugural Community Leaders Forum (CLF) on 11 October 2003 arose from a series of dialogues and focus group discussions, amongst Malay Members of Parliament, community partners and activists, on strategies to enable the community to realise its shared vision for excellence. The event marked the beginning of a concerted, collective and conscientious pursuit by partners in the Malay/Muslim Voluntary Sector (MMVS) to:

- 1. Work together to address community issues;
- 2. Garner community engagement and support through dialogue and knowledge exchange;
- 3. Build its capacity to help the community in effective and relevant ways.

CLF is currently in its fifteenth year.

# Strategic Thrusts

#### Maximise resources by:

- Leveraging on national and community resources to prevent duplication of efforts and to ensure better utilisation of limited resources
- Aligning existing programmes to achieve better synergy
- Focusing on upstream measures to address root causes of social problems

#### **Build capacities by:**

- Conducting research to better understand the issues affecting the community and identify programmes to
- Providing platforms to train and share best practices to develop the capacity of MMOs to develop and deliver programmes effectively and efficiently
- Empowering individuals, families and community with relevant skills and knowledge
- Conducting evaluations to determine the effectiveness and continued relevance of our programmes





# COMMUNITY LEADERS FORUM



#### **ADAM ASSOCIATION**

NCSS Full Member VWO

#### **PROJECT TITLE**

Dads-in-Action Network (DiAN) Phase I

#### **FUNDING PERIOD**

April 2015

#### TARGET GROUP

TYPE OF PROJECT

100 Malay young husbands and fathers

ADAM Association launched the Dads-in Action Network (DiAN) programme with a one-day conference titled Persidangan Suami dan Bapa Muda (Malay Young Husbands and Fathers Conference) on 12 April 2015, followed by a 16-month intervention plan which includes support group and learning activities.

the hurdles to these aspirations

overcome these hurdles and achieve their aspirations

**OBJECTIVES** 

#### **OUTCOMES**

The programme targets young Malay husbands and fathers aged | other approaches to fathering. 22 - 45 years old for the conference and the follow-up sessions.

The conference served as a launchpad for more long-term engagement with young husbands and fathers. 75 young fathers and husbands attended the conference where 89.3% agreed that they benefitted from the session and understood the objectives of DiAN.

Participants were encouraged to articulate their aspirations engaging approach to bond with families during the conference. Through the session, husbands and fathers also gained insights to future challenges in achieving their aspirations.

willingness to acquire knowledge and skills in financial literacy, relationship management, communication, cyber literacy and | fathers and husbands.

To understand the aspirations of young Malay/Muslim husbands and fathers and

To equip Malay/Muslim fathers and husbands with the knowledge and skills to

The conference received positive feedback and appreciation from participants for the opportunity to share their experiences, problems and concerns as husbands and fathers.

Following the conference, ADAM Association proposed for an engagement plan for young fathers and husbands from the Malay/Muslim Community within the premise of evidencebased work on the need for fathers to be more actively involved for their families and adopt a more proactive, interactive and in parenting, and equipped with the necessary values and skills to meet the challenges of parenthood and marriage, in the present and future.

CLF Secretariat is supportive of the programme as we recognise At the end of the conference, the fathers showed greater | the need for such programmes for Malay/Muslim young fathers and husbands to learn new skills and to be empowered as better



# **AIN SOCIETY**

NCSS Full Member VWO

#### PROJECT TITLE

Serenity Cancer Care Programme

#### FUNDING PERIOD

January to December 2015

#### **OBJECTIVES**

- To provide structured support for cancer patients
- To address the service gaps for Malay/Muslim cancer patients
- To enable Appreciative Inquiry (AI) approach for emotional and psychological assistance

#### TARGET GROUP

Cancer patients

#### TYPE OF PROJECT

This programme aims to alleviate the stress faced by cancer patients (especially when they are newly diagnosed) by enhancing their emotional well-being to improve their quality of life during and post treatment.

#### **OUTCOMES**

Serenity Cancer Care Programme consists of three (3) components:

- 1. Cancer Support Group
- 2. Group Counselling (Static Group)
- 3. Enrichment Workshops

SERENITY CANCER CARE PROGRAMME				
KEY COMPONENT	TARGETS	OUTCOMES		
Cancer Support Group	This support group is held monthly, where clients and caregivers attend for sharing and discussion. Clients and caregivers get to meet other clients who share the same experiences and are more likely able to relate to their feelings. Clients, who may have already completed their treatments, may still come to the support group to show support to other newly diagnosed patients. Each session lasts around 2.5 to 3 hours and targets 50 individuals.	11 monthly support groups were held from January to December 2015 covering topics such as spreading kindness, appreciating family togetherness, appreciating life's simple pleasures, celebrating survivorship and positive values. An average of 62 participants attended each session.		
Group Counselling (Static Group)	Group counselling is conducted monthly and is one of the core programmes which complements the support group sessions. It serves as a platform for clients to share more complex and personal issues. Each session lasted around 1.5 to 2 hours, where clients are assigned in small groups consisting of up to 15 clients.	13 group counselling target sessions were conducted from January to December 2015 on topics and life skills in the areas of gratefulness, positive disposition, dealing with cancer treatment, acceptance, spiritual well-being and hope. An average of 29 participants attended each session.		
Enrichment Workshops	As part of their efforts to ensure cancer patients receive continuous support, a group of cancer survivors has been identified to become befrienders to newly diagnosed cancer patients. The Enrichment Program aims to equip this group of cancer survivors with the relevant skills to reach out to other cancer patients. 4 sessions will be conducted for a duration of 3 hours per session.	The first session was held in November 2015 and the remaining three sessions were conducted in February, March and April 2016. This component offered programme coordinators or befrienders the opportunity to equip themselves with necessary skills which will enable them to provide quality support for newly diagnosed cancer patients.		

# **AIN SOCIETY**

The observations by facilitators and feedback from beneficiaries indicate the following:

- Boosts in clients' self-esteem;
- Strength is gathered from other cancer patients in the support group;
- Reduction in feelings of helplessness and hopelessness.

AIN Society has received positive feedback from their beneficiaries in which many expressed their interest to continue attending programmes offered by the organisation. Feedback from participants also revealed that Serenity Cancer Care Programme is a good platform for cancer patients to receive support and regain strength. In addition, Serenity Cancer Care Programme has benefitted majority of Malay/Muslim cancer patients and their families. Additionally, 6% of the clients benefitting from this programme are non-Malays.



## ASSOCIATION OF MUSLIM PROFESSIONALS (AMP)

Institution of Public Character

#### **PROJECT TITLE**

Debt Advisory Centre (DAC)

#### **FUNDING PERIOD**

January to December 2014 January to December 2015 July 2016 to June 2017

#### **MEASUREMENT TOOLS**

- Attendance Records
- Feedback Forms
- Surveys/Quizzes
- Case Files
- Client Reports

#### **OBJECTIVES**

#### The programme aims to:

- Provide a debt resolution roadmap for individuals in debt;
- Offer developmental family-life education workshops and;
- Enable a wrap-around care model to address the impact of debt on debtors' families.

#### TARGET GROUP

- Individuals in debt with financial institutions or licensed moneylenders
- Families of individuals in debt

#### TYPE OF PROJECT

One-stop centre that provides advice, solutions and education to individuals who face varied debt problems

**OUTCOMES -** Based on the Progress Reports for 2014, 2015 & July to December 2016:

#### 1. Casework & Counselling

#### 1 Jan 2014 - 31 Dec 2014:

DACserved 838 clients, out of which 441 cases (53% of total clients | DAC has exceeded the target number of clients to be served served) were managed. This shows an increase in the proportion of cases managed between the 1st half (48.5%) and 2nd half of 2014 (53%).

#### 1 Jan 2015 - 31 Dec 2015:

DAC served 1037 clients, out of which 352 cases (34% of total client served) were managed. The data shows a decrease in the proportion of cases managed from 2014 to 2015, notwithstanding the increase in the number of clients served for 2015.

DAC has reported a modification to the approach for help 2. Outreach & Roadshows intervention rendered to clients in 2015, whereby clients who are unable to attend face-to-face counselling, will now be able to receive help through telephone. This led to the drop in the proportion of cases reported as "managed".

CLF has advised DAC to report the 2 approaches separately for 2016 for a more accurate representation of outcomes achieved. DAC proposed for 5% of cases managed to be in partnership with other social service agencies.

#### 1 Jul 2016 – 31 Dec 2016:

DAC served 567 clients, out of which 225 cases (40% of total clients served) were managed. Between Jul 2016 and Dec 2016,

for the period of 1st Jul 2016 – 30 Jun 2017. Through intensive casework and follow-ups, 80% of the clients managed were able to find debt resolution. The debt resolution strategies included Credit Counselling Singapore's Debt Management Programme (DMP), Insolvency Office Debt Repayment Scheme (DRS), Insolvency Office-Bankruptcy and direct negotiations.

25 clients were referred from various agencies such as PPIS FSC East/West, Masjid Ar Raudhah, Ang Mo Kio Family Service Centre etc.

#### 1 Jan 2015 - 31 Dec 2015:

DAC achieved 100% of targeted number of outreach sessions. A series of roving exhibitions across various estates in Singapore and two (2) debt management workshops for residents were organised in collaboration with HDB's Financial Awareness Campaign.

#### 1 Jul 2016 - 31 Dec 2016:

DAC started operating from AMP @ Jurong Point. DAC services expanded to the western part of Singapore to make its services more accessible to clients. In its first month of operation at Jurong Point, DAC attended to 20 clients.

**COMMUNITY PROGRAMMES** 

MUSLIM PROFESSIONALS (AMP)

**ASSOCIATION OF** 

& INITIATIVES

#### ASSOCIATION OF MUSLIM PROFESSIONALS (AMP)

#### 3. Support Group Sessions

#### 1 Jan - 31 Dec 2014:

DAC exceeded the target of 40 sessions of **Support Group Sessions**.

#### 1 Jan - 31 Dec 2015:

DAC achieved 90% (36 out of 40) support group sessions attended by an average of 25 participants per session.

The support group sessions continue to be well-attended by more than the targeted 20 participants per session. DAC was not able to achieve 40 sessions due to the extended "long weekends" following a Public Holiday on Friday.

DAC proposed to revise the target number of support group 30 sessions with effect from 2016, with an average of 20 participants per session.

#### 1 Jul 2016 - 31 Dec 2016:

DAC completed and fulfilled 40% (12 out of 30 sessions) of their annual target for Support Group Sessions.

#### 4. Workshop Series – Quarterly Workshops

#### 1 Jan – 31 Dec 2015:

DAC achieved 100% (4 out of 4 workshops) of the target number of quarterly workshops for 2015 via the joint-events by Adopt a Family and Youth Scheme (AFYS) & DAC. These workshops exceeded the target number of beneficiaries for every event.

#### The following activities were conducted:

- (i) 14 Mar 2015: AFYS & DAC Amazing Race @ the Singapore Zoo, 282 parents and children;
- (ii) 25 Apr 2015: Family Strengthening Workshop, 180 adults and children;
- (iii) 27 Jun 2015: Ramadhan Workshop, 320 beneficiaries
- (iv) 28 Nov 2015: AMP Family Pirate Adventure, 242 beneficiaries;
- (V) Workshop Series Life Skills, Emotional Development and Wellness (for Adults).

DAC completed 90% (18 out 20 targeted number of sessions for 2015) of Lifeskills, Emotional Development and Wellness sessions for clients and spouse, in the areas of communication skills, goal setting and decision making.

As workshop sessions were held after support group, the number of workshop series was affected by the actual number of support group sessions conducted.

#### Workshop Series - Life Skills, Emotional Development and Wellness (for adults)

#### 1 Jan - 31 Dec 2015:

DAC completed 90% (18 out 20 targeted number of sessions for 2015) of *Lifeskills*, Emotional Development and Wellness sessions for clients and spouse, in the areas of communication skills, goal setting and decision making. As workshop sessions were held after every support group, the number of workshops was affected by the actual number of support group sessions conducted.

#### Workshop Series – Life Skills, Emotional Development and Wellness (for youth & schoolgoing children)

#### 1 Jan - 31 Jul 2014

DAC completed and fulfilled 17% of Lifeskills, Emotional Development and Wellness Sessions for clients and spouse, and 29% for the clients' children.

#### 1 Jan - 31 Dec 2014

DAC exceeded the annual target to conduct 24 sessions with 6 (2-hour sessions) and 24 (1 hour) sessions.

#### 1 Jan - 31 Dec 2015:

DAC achieved the target number of workshop series for youth and school-going children; 27 sessions in academic coaching and mini workshops in financial literacy by CITI-SMU. However, the changing profile of clients led to a downfall in demand for children workshops.

#### 1 Jul 2016 to 31 Dec 2016:

DAC clients and their families participated in events such as AMP Learning Festival and CommaCon, in conjunction with AMP's 25th Anniversary. While 3 small group workshops were organized, 158 beneficiaries benefitted from a big group workshop, entitled Eat.Play.Love by the Focus on the Family Singapore family life trainers, organised on 19 Nov 2016. The workshop focused on enhancing family bond by guided activities and conversations, while the beneficiaries ate as a family.

#### 7. Professionals & Support Group Volunteers

The programme receives support by volunteers who continues to be active in supporting new clients in stabilising themselves and managing the harassments from debt collectors and unlicensed money lenders.

The professional volunteers have been instrumental in assisting DAC formulate its response and feedback to the

Advisory Committee on Moneylending formed by the Ministry of Law. The volunteers have inspired several new members to volunteer their support once they have stabilized and found a manageable repayment plan for their debts. The program is rapidly gaining traction amongst volunteers who have overcome their debt problems with licensed and unlicensed moneylenders.

In 2014, the number of volunteers increased from 8 when the DAC support group was first initiated, to 25 volunteers. These volunteers attend the support group regularly and avail themselves every day to the newer DAC clients.

COMMUNITY LEADERS FORUM

COMMUNITY LEADERS FORUM

## ASSOCIATION OF MUSLIM PROFESSIONALS (AMP)

Institution of Public Character

#### PROJECT TITLE

Family Economic Sustainability Programme (FESP)

#### **FUNDING PERIOD**

2014 to 2016

#### TARGET GROUP

- Low-income families
- Youths-at-risk
- Case workers

#### TYPE OF PROJECT

The Family Economic Sustainability Programme (FESP) is designed and customised to assist caseworkers in planning and implementing intervention plans for clients under AMP's Adopt a Family & Youth Scheme (AFYS).

**OBJECTIVES** 

**FESP** aims to:

intervention:

outcomes for the clients.

online;

#### **OUTCOMES**

- **1.** An increase in competencies of caseworkers through the use of a comprehensive impact assessment tool, which enables caseworkers to assess the developmental needs for every client in six areas in greater detail;
  - (i) Family dynamics
  - (ii) Job creation
  - (iii) Skills development
  - (iv) Financial savings
  - (v) Spirituality & mental wellness and
  - (vi) Children's education

The data provided shows an improvement in clients' performance and family functioning from 2014 to 2015 i.e an increase from 25% in 2014 to 35% improvement in household income in 2015, reduction in household debt from 30% in 2014 to 80% in 2015, improvement in their children's academic performance from 50% in 2014 to 85% in 2015,

and participation in religious classes improved from 50% in 2014 to 95% in 2015.

Provide an impact assessment tool which identifies and

Empower clients with readily available information and resource

Build capability and competencies of caseworker(s) to be able

to integrate components of the programme into their casework,

and develop a customised intervention plan for effective

measures client's developmental needs for an effective

- Enhanced service delivery and productivity through FESP, which provides caseworkers with an assessment within a shorter turnaround time, for more efficient case management.
  - The data provided shows an increase in outreach to new families from 91 families to 181 families, and caseworker-toclient ratio improved from 1:20 in 2014 to 1:25 in 2015.
- 3. Increase in clients' participation at events, seminars and workshops to acquire socio-educational developmental

The data shows an increase in clients' attendance at seminars and workshops from 50% in 2014 to 60% in 2015, and participation in online portal.

#### ORGANISATION & PROFILE

## ASSOCIATION OF MUSLIM PROFESSIONALS (AMP)

Institution of Public Character

#### **PROJECT TITLE**

Strategic Thinking and Planning Training Programme

#### **FUNDING PERIOD**

December 2015 to January 2016

#### TARGET GROUP

Management Level Staff

#### TYPE OF PROJECT

The 2.5 day training programme was a follow up from a workshop on *Strategic Thinking* and Planning for Leaders of Malay Muslim Organisations organised by CLF Secretariat on 2nd and 3rd November 2015, attended by AMP's senior leaders.

All participants were instructed to complete a pre-workshop reflection assignment and share them during training to consolidate and understand the organisation's Current Profile Analysis, Current Sector (Sandbox) Analysis, and Strategic Variables.

The Senior Management Team formulated strategic options and strategic scenarios. The Board Members then solicited feedback and inputs and formulated strategic milestones, critical issues and action plans.

#### **OBJECTIVES**

#### The training programme aims to:

- Equip senior and middle management team with necessary skills and diagnostic tools for a more critical analysis of business profile
- Get expert guidance on a proven strategic thinking framework to formulate more effective strategic plans
- Develop long-term readiness for future strategic thinking and planning exercise
- Move away from micromanagement and over-focussing on operational matters while overlooking current business environment.

#### **OUTCOMES**

The findings from the Participant's Evaluation Form, to assess the knowledge and benefits that the workshop and hands-on sessions provided to the target group, are as follows:

- and that these challenges have to be addressed before the organisation embarks on a business expansion.
- 2. Staff are conscious of the time and budget required to consolidate and streamline work processes, and to upkeep the service standards.
- **3.** Staff are required to analyse the company's position in the market, future plans, strengths, weaknesses.
- 1. Staff are more aware of challenges faced by the organisation, 4. Staff gained many learning points and insights on formulating
  - **5.** It was enriching as staff formulated the organisation's business strategy as a team.
  - **6.** The training provided various perspectives of the business for the staff to think of potential problems and craft solutions for organisation.

# ASSOCIATION OF MUSLIM PROFESSIONALS (AMP)

SN	ITEMS ON EVALUATION	SUMMARY OF FINDINGS
1.	How would you rate the overall quality of this program?	7.8/10
2.	How much do you now expect the concepts to improve your general effectiveness in strategy formulation?	<b>7.0/10</b> Participants were able to compartmentalize the process to gather competitive and market information apart from the standard SWOT analysis.
3.	How effective was the program leader's presentation in contributing to your ability to understand and/or apply the concepts?	<b>7.8/10</b> Mr Andrew Sng is very clear and related many real life cases of corporate strategic planning.
4.	How effective was the applications in real situations in contributing to your ability to understand and/or apply the concepts?	<b>7.7/10</b> Trainer was able to relate back to relevant industry and get direct feedback from the participants.
5.	How effective was the Process Assignments & Posters in contributing to your ability to understand and/or apply the concepts?	<b>7.1 /10</b> Large charts to facilitate group discussion. Participants come prepared with questions and business/unit analysis.

Aside from Evaluation Forms, the outcomes were measured by embarking on a current profile analysis, current sector analysis, formulating strategic options and scenarios, and creating a timeline to execute the strategic plans.

Staff gave positive feedback on the content for the sessions, program delivery, and also the trainer. The senior and middle management team were equipped with the necessary skills and diagnostic tools for a more critical analysis of business profile, they were able to get expert guidance on a strategic thinking framework, and were more equipped to develop long-term readiness for future strategic thinking and planning exercises.





#### **HYFY**

Registered Charity

#### **PROJECT TITLE**

#### **FUNDING PERIOD**

Mentoring Youth Offenders (MenYou)

Phase I (Research & Development)

March to July 2015

#### **OBJECTIVES**

#### The programme aims to:

- Provide an alternative pre-sentencing option for the Courts
- Make available community-based resources and assistance through the assigned Mentor

#### TARGET GROUP

- Malay/Muslim youth offenders, aged 16 to 21 years old
- Been charged in Community Court and awaiting sentencing

#### TYPE OF PROJECT

Mentoring Youth Offenders (MenYou) is a 2-year pre-sentence pilot intervention programme intended to help Malay/Muslim youth offenders charged in the Community Court of Singapore through mentoring. An assigned mentor will guide, support and supervise youth offender during a period of time set by the Court.

# The pilot programme involves two phases: Phase I: Design & Development (R&D)

Determine how the programme will be structured including preparation of work and action plan through research and conceptualisation

**Phase II: Implementation, Review & Evaluation**Launch and implementation of the pilot programme

#### **OUTCOMES**

Phase I covered seven (7) major areas which support the data and information required for the identified Key Results Areas (KRAs):

1. Engagement

3. Mentors

5. Youth6. Professional Services

7. Office/Programme Support

2. Planning

4. Training

In meeting its objectives, HYFY focused on these KRAs, each of which entails a particular set of distinct approaches. These KRAs are important means through which HYFY will achieve progress and ensure viability of its pilot programme.

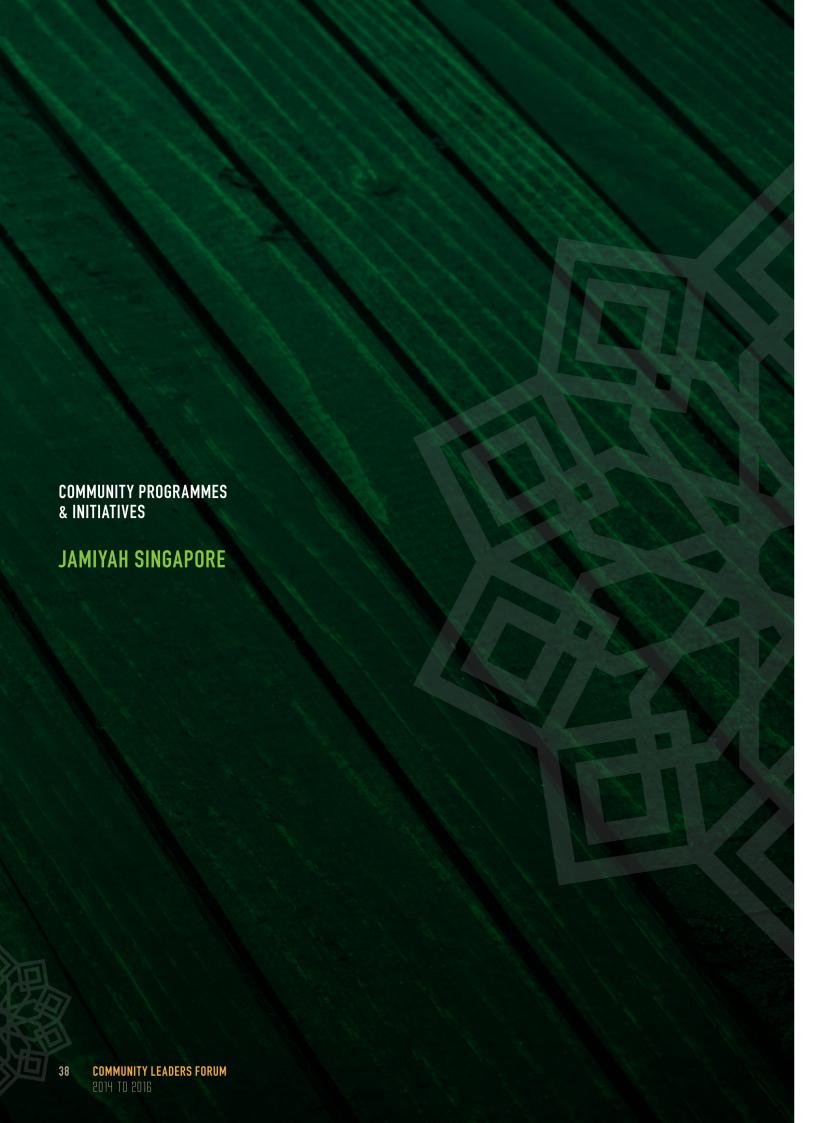
Aside from having sets of clearly defined KRAs, HYFY has successfully fulfilled project objectives by undertaking comprehensive research efforts to obtain necessary data.

This information has been translated to become core content of various manual and handbooks. These handbooks serves as reference and are useful at introducing, informing and guiding the mentor, mentee and also the management team throughout the programme. For instance, Mentor's Handbook details the process of becoming an effective mentor and offers a systematic process and curriculum which emphasises on the core programmes and learning/visual aids for mentors and mentees.

A Youth's Handbook was designed as an ease of reference for the mentees, outlining programme plan and activities during the mentorship period. HYFY has also come up with templates such as the Pre & Post Questionnaires and Surveys which were intended to capture necessary information from participants in the context of pre and post programmes learnings.

The planning and groundwork are key factors which will decide the successful delivery of MenYou and ensure the well-run of the programme henceforth. As such, the completion of Phase I is important as the relevant information obtained and insightful research made allow HYFY to lay down the programme structure and draw up detailed work and action plan.

This programme demonstrates the need to fill the knowledge gap by research, and to understand and customise programs according to the needs of various segments in our community.



## **JAMIYAH SINGAPORE**

Institution of Public Character (IPC)

#### PROJECT TITLE

**Empowering and Caring for Our Family** 

#### **FUNDING PERIOD**

February to June 2016

#### TYPE OF PROJECT

The programme reaches out to vulnerable families with important and relevant life skills in financial resource management, work-life balance, priority setting, and team building.

#### **OBJECTIVES**

#### The programme aims to educate and empower:

- Married couples with skills and techniques to overcome challenges and maintain a healthy and resilient marriage;
- Married couples/parents with positive parenting skills and techniques;
- Individuals with skills and techniques to manage multiple roles in family life so as to strengthen family relationships.

#### **TARGET GROUP**

Married couples/parents with school-going children

# Activity 3 4 teafrasts of Importance 1 2 3 4

#### **OUTCOMES**

The Empowering and Caring for Our Family programme conducts 2-hour workshops in the following modules:

#### 1. Making Our Families Strong & Resilient (20 Feb 2016)

- Renewed the couples' commitment in building their future together
- Assisted couples in identifying their strengths and tapping on it to stay strong and resilient
- Identified couples' family vision, mission, and values

#### 2. Fun Family Time Together (5 March 2016)

Reviewed, discussed, and planned creative family activities

#### 3. Shared Parenting (30 April 2016)

- Learned the benefits of shared parenting
- Learned to work as a family towards a shared and ideal future

#### 4. Tough Jobs! Balancing Work & Family (11 June 2016)

Learned about time-management through spending quality time and managing work-life balance

#### 5. Money Matters! (16 June 2016)

- Discussed family finances
- Learned about the importance of savings
- Participants determined the amount of money needed to meet their basic expenses each month
- Some started baking and selling Hari Raya delicacies to financially support their families

#### **JAMIYAH SINGAPORE**



#### Collaboration

Jamiyah also collaborated with NTUC U-Care to introduce the participants to NTUC U-Care assistance programmes such as discount vouchers for groceries, back-to-school vouchers, funding support for bursaries and scholarships and family recreation packages aimed to better the welfare of low-income union members and their families. The participants were thus more aware of help and assistance that are available from external agencies. As an incentive for their attendance, participants received food rations and vouchers after every session.

#### **Post-Programme Survey**

A telephone interview was conducted with a small sampling of the participants, 6 months upon completion of the programme. 100% of survey respondents agreed that they were able to:

- **1.** Talk more openly with their spouse after the programme.
- **2.** Identify strengths of other family members and their spouse. Among qualities that were identified by the respondents include creativity, resilience, patience, and being responsible.
- **3.** Observe improved interactions within their families and that
- the activities that were arranged encouraged them to express their interests with each other.
- 4. Understand and apply the concept of shared parenting by talking to their children about their dreams, and encouraging them to have career aspirations.

92% of respondents reported better time-management practices.

#### **ORGANISATION & PROFILE**

#### **JAMIYAH SINGAPORE**

Institution of Public Character (IPC)

**PROJECT TITLE** 

**FUNDING PERIOD** 

Graduate Diploma in Clinical Supervision

January to December 2016

TYPE OF PROJECT

TARGET GROUP

Staff Training

**Acting Head Counsellor** 

#### **OBJECTIVES**

The programme provides high quality training in clinical supervision for professionals working in the mental health discipline. Participants will be able to:

- synthesize knowledge. To also identify and provide solutions to complex problems and to think critically to generate and evaluate ideas.
- **2.** Apply specialised and advanced technical and creative skills in supervision at an advanced level in a range of professional contexts.
- 1. Apply cognitive skills to review, analyse, consolidate, and 3. Apply a broad range of theoretical models of and skills in supervision at an advanced level in a range of professional contexts.
  - **4.** Demonstrate the application of ethical practice in supervision and understand professional boundaries in clinical contexts and relationships.

#### **OUTCOMES**

The staff would like to develop her competency in providing clinical supervision to the counsellors under her care at Jamiyah as well as interns from external institutions. Through the programme, counsellors are able to gain objective insights into their own performance and skills. The knowledge and skills gained from the programme can then be applied to assist these staff.

In order to improve her capabilities in performing her daily tasks as the Acting Head Counsellor for Jamiyah Counselling Centre,

the staff enrolled in the programme which leads to a Graduate Diploma in Clinical Supervision. The modules offered in the programme are aligned to organisational's vision, skills and expertise required of the Head Counsellor.

Upon completion of the programme, the staff is expected to contribute new ideas and strategies to the centre, and also apply theoretical and practical knowledge to her daily tasks to boost the centre's effectiveness.

#### **JAMIYAH SINGAPORE**

Institution of Public Character (IPC)

#### **PROJECT TITLE**

Improving Services through Programme Evaluation: The Outcome Management Way!

#### **FUNDING PERIOD**

November to December 2015

#### TYPE OF PROJECT

A 1.5 day workshop designed and conducted for Jamiyah Singapore by Social Service Institute (SSI) was made mandatory for Jamiyah's senior and key staff. As Jamiyah organises large scale events, the organisation recognises the importance of programme management tools. Jamiyah aims to improve the effectiveness, impact and sustainability of their programmes.

The training programme provides knowledge and skills required as a foundation for crafting the organisation's Annual Strategic Plans.

#### **TARGET GROUP**

Senior and Key Staff of Jamiyah Singapore

#### **OBJECTIVES**

#### With this training programme, Jamiyah aims to:

- Equip the Heads of Department and key staff with skills relevant in evaluating the impact of the programmes organised
- Justify the importance of performance management in a social work setting
- Apply necessary tools in performance management
- Utilise the theory of change in understanding and evaluating programmes
- Relatekey concepts and elements of Outcome Management (OM) approach to the monitoring and evaluating programme
- Identify the steps in designing a research for evaluating programmes
- Examine the factors that impact the measuring of program effectiveness



#### **OUTCOMES**

organisational capability in providing community-oriented delivery and the organisation's Strategic Plans for the year.

The training is beneficial to Jamiyah in improving the SSI requires that each participant achieves at least 75% attendance and passes the written assessment to qualify programmes. The skills learnt will improve the programme for WDA training subsidies and certification. The training programme has met its objectives.

#### **ORGANISATION & PROFILE**

#### **JAMIYAH SINGAPORE**

Institution of Public Character (IPC)

#### **PROJECT TITLE**

#### **FUNDING PERIOD**

#### **TARGET GROUP**

Project Lend-A-Hand (P.L.A.H) 2016

May to November 2016

Primary 6 students from low-income families

#### TYPE OF PROJECT

The programme provides academic guidance to Primary 6 students sitting for Primary School Leaving Examinations (PSLE). The students are from financially disadvantaged families and receive tuition for Standard and Foundation levels of Mathematics, English, and Science over a period of 3 months.

#### **OBJECTIVES**

#### The programme aims to:

- Help participating students achieve at least one or more grade improvement in the respective subjects;
- Help underprivileged Primary 6 Malay/Muslim students achieve grades that enable entry to secondary school;
- Provide affordable and quality learning and ensure that students complete their foundation education;
- Prepare students for major exams, both mentally and emotionally;
- Equip students with relevant study skills and life skills for growing years.

#### **METHODOLOGY**

- 1. 36 lessons over 12 weeks
- 2. Small classes (maximum 7 students) conducted thrice a week
  - 1.5 hours per class
- One subject per lesson
- 3. Educational talks (Study Skills)
- 4. Talks on Exam Stress and Anxiety Management

#### **MEASUREMENT TOOLS**

- 1. Students' Semestral Assessment (SA) 1 grades [pre-programme data]
- 2. Students PSLE grades [post-programme data]

**COMMUNITY LEADERS FORUM** 



# **JUST PARENTING ASSOCIATION (JPA)**

Registered Charity & NCSS Full Member VWO

#### **PROJECT TITLE**

Roles and Responsibilities of Executive Secretaries and Administrators of Charities and Institutions of a Public Character (IPCs)

#### **FUNDING PERIOD**

TYPE OF PROJECT

March 2016

Leadership Training

#### TARGET GROUP

Heads of Departments in JPA

#### **OBJECTIVES**

By the end of the course, participants will be able to:

- Explain the role of an executive secretary in a charity and IPC
- State the various legislations and codes governing charities and IPCs
- Explain the importance of complying with various statutory returns and statutory records
- State the duties and responsibilities of executive secretary in regard to board and general meetings

#### **OUTCOMES**

The training programme was identified as a high training priority on the basis of the findings from Training Needs Analysis (TNA) Phase II organised by CLF Secretariat in 2015.

The following areas of training needs were identified for the Heads of Departments in JPA:

- 1. Managerial & Supervisory Competencies
- 2. Analytical Skills
- 3. Operations, Methods & Rational Order
- 4. Integration & Blending

The training programme targets Senior Professional staff, Executive Secretaries, and Administrators of Charities and IPCs, and was attended by two Management level staff of JPA.

To meet JPA's needs in the Managerial & Supervisory Competencies, JPA followed through with the recommendations

from the Training Development Roadmap (TDR).

The training is relevant to JPA as it informs the participants on the clear roles of the Board's Secretary. It also helps them to understand the importance of compliance to the various legislations and codes governing charities and IPCs.

# **JUST PARENTING ASSOCIATION (JPA)**

Registered Charity & NCSS Full Member VWO

PROJECT TITLE

**FUNDING PERIOD** 

TYPE OF PROJECT

Setting KPIs & Goals for Effective Job Performance

March 2016

Staff Training

#### **OBJECTIVES**

The training programme informs participants on the strategic planning process, the use of terminology in strategic planning, the quality of written Key Performance Indicators (KPIs) and goals, as well as the importance of alignment between organisational, departmental, and individual KPIs and goals. Participants will be able to apply knowledge and skills in the following areas:

#### 1. Performance Management

- Performance management cycle
- Types of goals

#### 2. Achievement Goals

- Vision, mission and strategic areas
- Strategic planning processes
- Levels of key performance indicators (KPI)
- Parts of KPIs
- Linking department objectives to corporate KPIs
- Setting quantifiable baseline, stretched, transformational targets
- Demonstration of a systematic planning process

#### 3. Accountability Goals

- Reviewing key outcomes of a job
- SMART goal criteria
- Levels of outcomes

#### 4. Managing Towards Goal Achievement

- Clarity in goal setting
- Acknowledging progress
- Redirecting behavioural issues

#### **TARGET GROUP**

Staff of JPA

#### **OUTCOMES**

JPA aims to encourage employees to improve their self-development and performance management as well as to utilise the skills relevant to their job functions as Case Worker and Executive Assistant. The programme targets one's goals and its relationship with one's job scope and employer's goals. Through goal alignment, JPA's employees are able to meet the short and long-term goals of the organisation as they understand the direct relationship between their individual efforts and the organisation's aims.



## LITERACY INITIATIVE FOR EQUITY (LIFE) SG

Registered under ROS

#### **PROJECT TITLE**

Excite 'n' Empower

#### **FUNDING PERIOD**

January to December 2016

#### **OBJECTIVES**

LIFE aims to support underprivileged children by equipping them with relevant skills and providing fair opportunity at achieving success. The programme strives to ensure that their current circumstances would not impede future prospects.

#### **TARGET GROUP**

Underprivileged pre-school and lower primary children aged 3 to 7 years old

#### TYPE OF PROJECT

The programme provides opportunities to children who may have been denied access to privileges due to their circumstances.

Proposed activities include speech and drama, arts and design, sport activities, teambuilding activities, and learning journeys.

The aim of these activities is to ensure that children have a positive attitude towards education and to empower them with ways to channel negative emotions and energy in a beneficial and enjoyable manner.



#### **OUTCOMES**

Excite 'n' Empower conducts workshops and is an activity-based | development of participants' cognitive abilities and social skills. programme which supports underprivileged children in preand equips them with tools for a fair opportunity at success.

Appointed trainers and facilitators conduct weekly session | Excite 'n' Empower has also provided participants with and activities with participating children. These activities are important sets of soft skills such as responsible decision making,

Some of the activities conducted include speech and drama, school and lower primary level to improve their literacy levels | arts and design, sport activities, teambuilding activities and

S/N	GROUP	NUMBER OF PARTICIPANTS *Inclusive of student beneficiaries from Darul Aman Mosque.	
1.	Saturday Class*	20	
2.	Sallim Mattar Mosque	70	
3.	Darul Arqam	3	

dynamic and holistic for it steers children towards positive | self-management and relationship management. attitudes and character development.

At mid-term, LIFE SG has conducted a total of 32 activities which includes weekly engagement sessions and Learning Journey. At mid-term, a total of 93 participants from three (3) different groups took part in Excite 'n' Empower.

The programme successfully incorporated Social & Emotional | Participants are also observed to have developed positive Learning (SEL) through both active learning and kinesthetic approach. The activities are designed to facilitate in the

The programme has also seen significant improvements in participants' overall literacy and social emotional competencies. Evaluation by facilitators shows that the approach used in the programme has helped improve attendance level and increase attention rate amongst students.

attitude towards education.



# LITERACY INITIATIVE FOR EQUITY (LIFE) SG

KEY TARGETS AND PROGRESS UPDATES *Classes are not conducted during public holidays and examination			
S/N	KEY ACTIVITIES	TARGETS (MID-TERM)	STATE TARGETS ACHIEVED (JAN – JUN)
1.	Excite 'n' Empower	Once a week	21*
2.	Salim Mattar Mosque	Once a week	6*
3.	Excite 'n' Explore (Learning Journeys)	Once every 3 months	5
4.	Meet-The-Parent Sessions	Once every 6 months	6

S/N	KEY ACTIVITIES	NO. OF WEEKS ALLOCATED (PER 12 WEEKS CYCLE)	OBJECTIVES OF ACTIVITY
1.	Lessons with Love (Literacy, Numeracy, Science, Social Emotional Learning etc.)	7	<ul> <li>To develop literacy skills through drama, speaking and listening</li> <li>To develop numeracy skills through hands on activities</li> <li>To develop general knowledge and research skills</li> <li>To build communication competencies, raise self-confidence, self-awareness, and positive behaviour towards learning</li> </ul>
2.	Art & Design	2	To foster character-building through creativity, and initiative etc.
3.	Sports Activities	1	<ul> <li>To build competencies such as social-communication skills and teamwork</li> <li>To teach coping strategies and ways to channel their energy and emotions in a healthy and fun manner</li> <li>To allow them to relax and teach them the importance of exercising</li> </ul>
4.	Team Building Activities	1	<ul> <li>To build competencies such as social-communication skills and teamwork</li> <li>To teach coping strategies and ways to channel their energy and emotions in a healthy and fun manner</li> </ul>
5.	Excite 'n' Explore (Learning Journey)	1	<ul> <li>To bring them out of their comfort zone</li> <li>To provide them opportunities to explore different places and learn new things</li> <li>To develop basic life skills and social skills</li> </ul>

proactive in contributing to the programme by volunteering during events/excursions. Parents would also constantly update LIFE SG on their children's progress and showcased good commitment in supporting their children's educational journey.

The programme acts as a good platform to engage underprivileged children in helping them build self-esteem as well as develop their cognitive abilities and social skills program will directly benefit the underprivileged children and acts as a form of further support to their learning process and personal development.

Presently LIFE SG sees an increasing number of participants in their initiative as several organisations like Sallim Mattar Mosque and Darul Aman Mosque have engaged in their behavioural change.

The parents of participants have been actively involved and | services and referred their beneficiaries to them. They have also been active in exploring opportunities to integrate handson activities such as the Young Scientist/Artist/Tech Whiz into the programme.

> CLF Secretariat displays the potential to bring about great social impact and help raise awareness of the importance of education. The framework of this programme also allows for active involvement of children towards unlocking their potential and builds on solid foundations leading to future success in

> Since the launch of Excite 'n' Empower, it has assisted participating children in making significant improvements in areas such as literacy, self-confidence and developed a positive





# **MAJLIS PUSAT SINGAPURA**

NCSS Full Member VWO

#### **PROJECT TITLE**

#### **OBJECTIVES**

#### **TARGET GROUP**

Bengkel Anak Tari

To provide avenues for youths who are not academically inclined to express themselves through performing arts

Students aged 10 to 15 years old

**FUNDING PERIOD** 

November 2014 to July 2015

■ To encourage youths from low-income Malay families and who are weak in academic achievement to develop alternative skills

## TYPE OF PROJECT

Bengkel Anak Tari was designed to impart aspects of Malay cultural dance and choreography to participating students from lowincome families aged 10 - 15 years old. In this programme, they were trained to become ambassadors of Malay cultural dance and perform the skills attained in public performances.

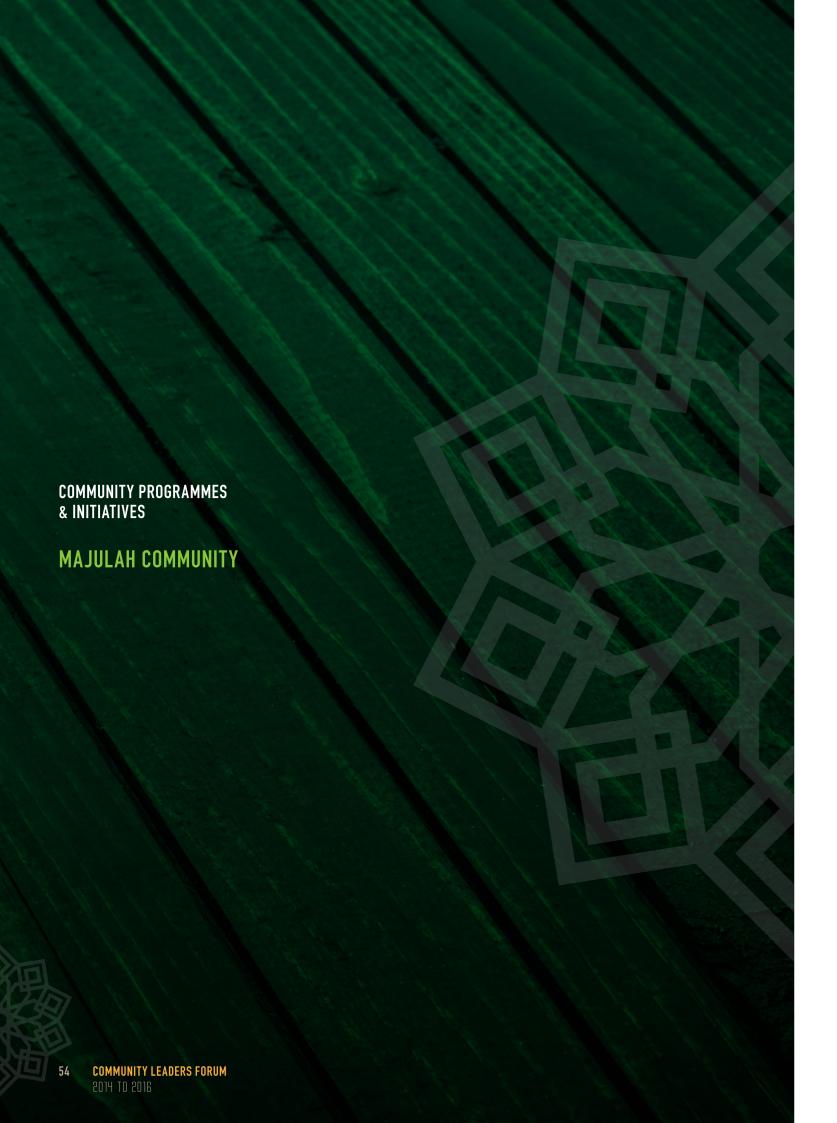
#### **OUTCOMES**

There are two (2) components to the programme (1) Bengkel | Additionally with each dance workshop conducted, students Anak Tari and (2) Bengkel Anak Pentas. Both workshops provided trainings for participants in performing arts in theater and dance. To value add, Majlis Pusat also offered study time and mentoring sessions for the students.

Students attended interactive lectures on history of a theatre. The programme also provided study group for the particular Malay dance. Subsequently, they were mentored | students to ensure that they continue focusing on studies. on the execution choreography. Students were also given the | Bengkel Anak Tari allowed students to build confidence and opportunity to attend regular motivational workshop to help | acquire knowledge on Malay cultural performing arts. enhance their self-confidence as well as instil discipline.

must attend a mandatory schoolwork session where tutors assisted them in completing their homework or studies.

CLF Secretariat is supportive of the programme as it benefitted students who are inclined to explore the Malay dance and



#### MAJULAH COMMUNITY

Registered under ROC / Accounting and Corporate Regulatory Authority (ACRA)

PROJECT TITLE

FUNDING PERIOD

TYPE OF PROJECT

TARGET GROUP

ACT! Conference on At-Risk Youths November 2015

Staff Training

Majulah Community's Youth Workers

#### **OBJECTIVES**

The Conference provided participants with insights on how to stay relevant and to address present and future challenges of youth issues. It also enables participants to have a more informed perspective of "Generation Z" youths in Singapore.



#### OUTCOMES

The conference provided professional skills training tailored to | Majulah aims to enhance the capabilities of its youth workers Majulah, assigned to CLF-funded programmes i.e YouthSpace | networking. and MajulahOMG, attended the conference.

pathways for young Singaporeans "to be change agents of mentoring, leadership camps and humanitarian programmes. Majulah also conducts befriending and mentoring programmes | with youths. for youths-at-risk at YouthSpace@ITE College Central.

professionals such as youth workers. Two (2) Youth Workers from | in areas such as youth outreach, youth engagement and

The conference attendees participated in the following workshopsMajulah Community describes itself as a movement that creates | i.e 'Motivating the Unmotivated', 'Insights on Youth Drug Abuse' 'Design Impactful Youth Programmes!', 'Solution Focused', and tomorrow". Majulah has engaged youths from ITE, Madrasah | 'Build Resilience'. The skills and knowledge attained during the 2 and primary schools in their various projects such as career | day conference are shared with other staff members of Majulah and be applied to their future projects and engagements

#### MAJULAH COMMUNITY

Registered under ROC / Accounting and Corporate Regulatory Authority (ACRA)

#### PROJECT TITLE

Majulah 2040 (Majulah OMG)

#### **FUNDING PERIOD**

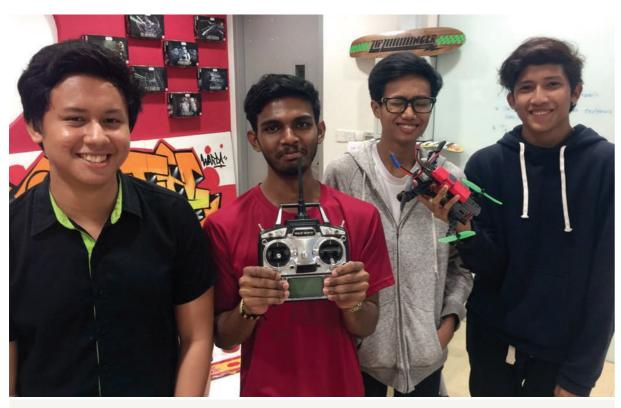
October to December 2015

#### TYPE OF PROJECT

MajulahOMG is an exciting and hands-on enrichment program for students from ITE College Central to explore interest in careers TARGET GROUP within the sectors of science, engineering, technology and ITE College Central Students and Youths entrepreneurship through weekly sessions with subject-matter experts and facilitators.

#### **OBJECTIVES**

- Develop critical problem-solving skills
- Harness interest in innovation and technology
- Introduction to the scope of possibilities in engineering, entrepreneurship, and technology careerss
- Build students' confidence in their academic and leadership



#### **OUTCOMES**

The programme introduced students to technical construction and programming through problem-based learning approach and hands-on activities. Students built Unmanned Aerial Vehicles (UAVs – Drones) with the assistance of their mentors.

In building a UAV, students developed understanding of the technical aspects of building UAVs, such as understanding aerodynamics, designing electronic circuits, programming embedded systems and radio communication control. Students were guided in the activities using critical problem-solving skills

and the programme harnessed interest in innovation through the process of building UAVs.

Skills that were taught to the students include assembling quadcopters, pairing with Radio Frequency Transmitter, and piloting the UAV. Students also derived problem statements, brainstormed feature sets, used the SCAMPER framework to refine features of the UAV, performed quick prototyping using cardboard models for peer-to-peer sharing, and designed parts and printed the parts using 3D printers.

#### **ORGANISATION & PROFILE**

#### MAJULAH COMMUNITY

Registered under ROC / Accounting and Corporate Regulatory Authority (ACRA)

#### PROJECT TITLE

YouthSpace@ITE College Central

#### **FUNDING PERIOD**

April 2015 to December 2015 January 2016 to April 2016 May 2016 to April 2017

#### TYPE OF PROJECT

YouthSpace @ ITE College Central is a joint collaboration between ITE College Central & Yayasan MENDAKI. It offers programmes and activities as part of the holistic development of students at ITE College Central. The partner, Majulah Community provides a platform to engage Malay/ Muslim students of ITE CC through mentorship and mass developmental activities.

#### **METHODOLOGY**

- Outreach sessions » Once a month
- Mentoring services
  - » Mentor 30 Malay/Muslim (MM) Youths.
- Mass developmental programme (MDP)
- » One MDP per quarter, each targeting 100 Malay/Muslim students
- In-house activities
  - » One activity per quarter, each targeting engagement
- » Daily activities as students drop-in to YouthSpace

#### TARGET GROUP

Malay/Muslim Students of ITE College Central

#### **OUTCOMES -** Based on the Progress Reports for 2015 & 2016:

#### 1. Outreach Sessions

#### In 2015/16:

Majulah publicises YouthSpace activities and programmes through posters at the school food courts and common areas. The ITE Student Services Department assists by displaying the posters on the LCD Screen across the school.

Majulah staff also does outreach to the students to create awareness on programmes and activities conducted by YouthSpace. Majulah staff did a publicity stunt to publicise the X Factor event. Thematic outreach sessions are also conducted, such as encouraging discussions and reflections on Chinese New Year.

#### In 2016/17:

YouthSpace conducts student surveys to learn about their interests and suggestions, in order to improve on YouthSpace programmes. The youth worker frequently engages students in campus to initiate conversations, introduce Youth Space, and conduct surveys to gain understanding of students' expectations of a Youth Space.

Youth Space also presented to classes to introduce new students to mentoring opportunities that are available.



#### 2. Mentoring Services

YouthSpace provides mentoring services to individuals and groups that confide their problems to the mentors. There were 39 registered youths, where 30 of them were Malay/Muslim students.

#### In 2016/17:

YouthSpace mentors 34 M/M students. Trained mentors are to support and guide mentees through school-life throughout the mentoring period and are to meet with mentees at least twice a month to discuss their progress. Mentees are selected through referrals by the ITE and were identified to have one or more of the following factors: Poor attendance, Loss of interest in studies, Lack of family support/bonding, and Poor study/time management skills. Other mentees also sign up for mentoring sessions voluntarily at YouthSpace.

**COMMUNITY LEADERS FORUM** 

**COMMUNITY LEADERS FORUM** 

#### **MAJULAH COMMUNITY**

#### 3. Developmental Programmes

#### 22 September 2015 — Running Man

An activity where members take part in a series of missions and challenges to become the winner(s) at the end of the race.

#### 22 October 2016 – X Factor

An opportunity for YouthSpace youths to organise the show and a platform for students to showcase their talents.

# 25 November 2016 - Preventive Drug Education talk by Central Narcotics Bureau (CNB)

Awareness of substance abuse was raised and the risks and repercussions of being involved in substance abuse were shared by the CNB.

#### 11 December 2016 — Archery Tag

A game of archery tag for students to de-stress after their examinations.

#### 11 December 2016 — Running Purge

An event organised by students for their fellow schoolmates.

#### 5th February 2016 – Out Of The Blue

An educational programme where participants were educated about effects of bullying, and to to stand up and be active agents of anti-bullying. Key speakers of the day included Youth Worker, Shafiee Razali, and Director of Fortis Law Corporation, Mr Josephus Tan. 129 students participated in the event which also included games, challenges, and dance and music performances.

#### 10 August 2016 — Our Nation's Progress

An activity aimed to promote social cohesion and integration among students by guiding students' understanding of friendship in the Singaporean context. 100 students were interviewed with the following questions: "(1) What does it mean to be a Singaporean?" and "(2) What does friendship mean to you?"

#### In-House Activities

#### In 2015/16:

Formal Engagements — Small-scale activities to attract students | Printing and Virtual Reality (VR) Goggles.

to YouthSpace include Poetry Slams (August) and Zumba (September). The activities attracted a niche group of students, and Majulah reviewed youths' responses to surveys to craft future activities based on students' interests.

Youth workers also engage students during 'loose' activities, and Majulah found that students are more attracted to the space when youth workers build mentoring relationships with them. These activities are board games, doodling on YouthSpace walls, movie and video screening, and interaction sessions.

#### In 2016/17:

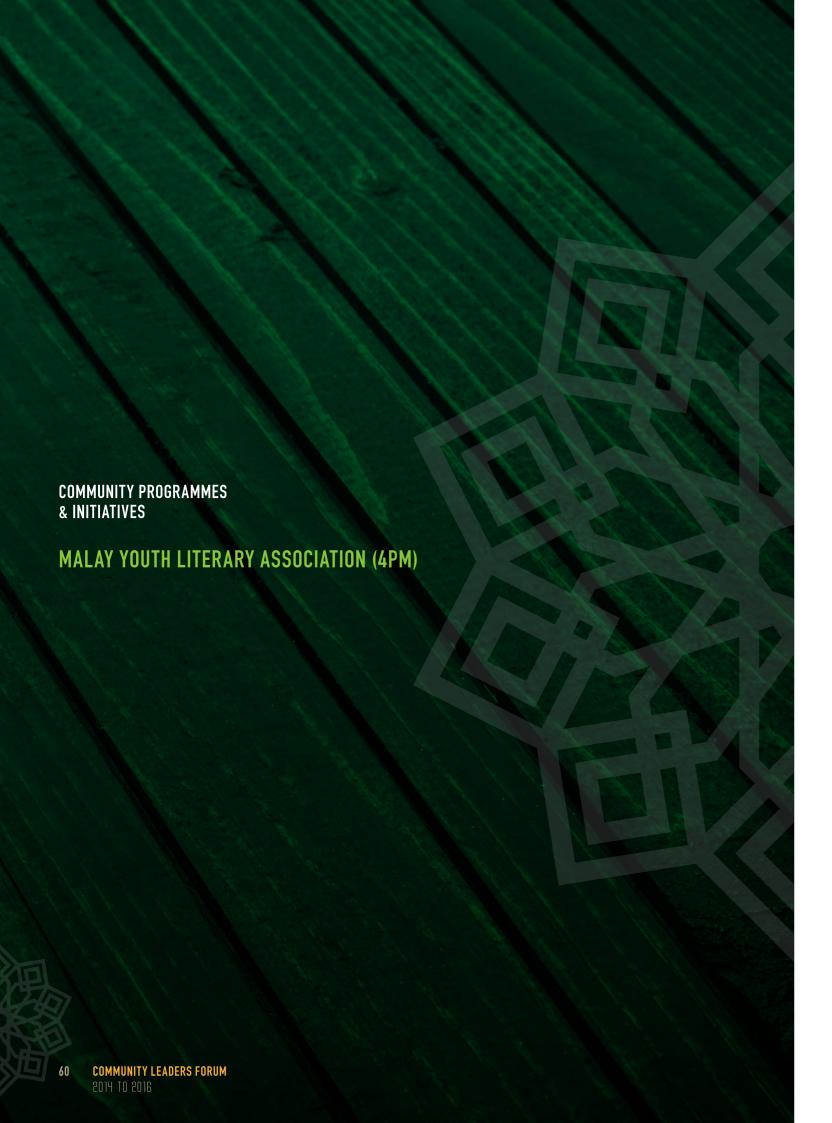
A Future Ready Talk and Focus Group Discussion (FGD) with Yayasan MENDAKI and MP Mr Saktiandi Supaat were conducted. The session raised awareness of the existence of Future Ready programmes and Education and Career Guidance services that are available in the school.

Flight for Freedom was an event planned by the students who were previously mentored by Majulah Community at YouthSpace @ ITE College Central. The activity is an experiential obstacle maze for participants to simulate the obstacles of the Syrian refugees on a daily basis during the ongoing civil war. The purpose of the activity is to channel the students to positive platforms where they can participate and explore their identity.

Youths also participated in a life-skills programme which guided them in the execution of a community service project. The project included required youths to discuss, plan and carry out activities which include collecting non-perishable materials from class advisors and also providing support to a single-parent family with 6 children.

YouthSpace worked in collaboration with Events Management Club in a session designed to enhance rapport building through sports play and impart the importance of putting in best efforts in doing work. Other activities conducted at YouthSpace include '1600@YouthSpace' (where students organised and showcased musical talents, Hari Raya celebrations, and introducing 3D Printing and Virtual Reality (VR) Goggles.





# MALAY YOUTH LITERARY ASSOCIATION (4PM)

Institution of Public Character (IPC), NCSS Full Member VWO

#### PROJECT TITLE

FRENZ

#### **FUNDING PERIOD**

June 2014 to March 2015 December 2015 to May 2017

#### TYPE OF PROJECT

- Group Mentoring
- Community Projects
- Camp

#### **OBJECTIVES**

The programmes aims to reduce the number of students dropping out from school through:

- Strengthening social and emotional resilience of at-risk students through empowering the students by collaborating with school personnel
- Providing opportunities to explore new interests and talents
- Nurturing life-long skills such as building confidence and encouraging teamwork
- Providing fun environment for the development of self-esteem, trust and discover importance of good-decision making
- Serving as a catalyst for change in troubled teens

#### TARGET GROUP

ITE students at risk of dropping out -2 classes x 3 ITE colleges =6 ITE Classes

#### **MEASUREMENT TOOLS**

#### FRENZ 2015 to 2017: For Beneficiaries

OUTPUT INDICATORS	MEASUREMENT TOOLS
Clients referred to / outreached by Frenz 2016	Referral register
Clients attend programme and successfully matched with mentor	Attendance Log
Average number of mentoring sessions per mentor	Reports from mentors to 4PM

OUTCOME INDICATORS	VERIFICATION TOOLS
Improved coping skills	Survey forms
Improved problem-solving skills	Survey forms
Increased awareness of issues/problems	Survey forms
Show/report at least one change	Feedback forms
Sustain at least one change 3 months after programme completion (in May 2017)	Feedback forms

#### FRENZ 2015 to 2017: For Beneficiaries

OUTPUT INDICATORS	VERIFICATION TOOLS
Percentage of mentors who complete pre-programme training	Reports from Mentors to 4PM
Percentage of mentors who remain for at least 12 months	Reports from Mentors to 4PM
Percentage of mentors who feel equipped and supported	Reports from Mentors to 4PM

# MALAY YOUTH LITERARY ASSOCIATION (4PM)







#### **OUTCOMES**

FRENZ 2014/2015 was conducted at ITE College East, ITE College West, and ITE College Central. A total of 104 youths were engaged in the programme. Activities conducted includes:

#### 1. Induction Sessions

#### 2. Outreach Activities (104 participants)

FRENZ conducted outreach through bonding activities such as barbecue, cycling, water soccer, paintball.

#### 3. Interest-Based Workshops (77 participants)

- Problem-Solving Skills
- Time Management
- Communication Skills
- Personality Tests

#### 4. Community Service (98 participants)

- Ration packing
- Distribution of rations to low-income beneficiaries
- Volunteering to assist beneficiaries at 4PM's visits to Singapore's site attractions
- Care & Share Day

#### 5. Camp

FRENZ Camp (92 participants)

#### 6. Graduation

■ Graduation Ceremony from FRENZ (92 participants)

#### RECOMMENDATION

#### CLF Secretariat proposes funding FRENZ 2016 as:

- 4PM has implemented the FRENZ programme with ITE since 2010. It is a yearly programme that is continuously supported by ITE and engages students at-risk (with varying number of Graduates of previous FRENZ programmes have expressed students per year)
- The programme engages students who are at-risk of dropping out from school. It builds the establishment of contact between ITE personnel and students who do not attend
- classes regularly (majority of these students are Malays and are from low-income and dysfunctional families).
- interest to 4PM to assist in mentoring future batches of students. This is an indicator that students felt empowered by the programme, and feel invested in the future of the programme.

#### ORGANISATION & PROFILE

## MALAY YOUTH LITERARY ASSOCIATION (4PM)

Institution of Public Character (IPC), NCSS Full Member VWO

#### PROJECT TITLE

Guide, Empower, Motivate and Support (GEMS) Mentoring Programme 2016

#### **FUNDING PERIOD**

February 2016 to March 2017

#### TYPE OF PROJECT

- Mentoring programme through peer-to-peer guidance.
- Activities: Outreach, Teambuilding, Workshops, Camp and Graduation.

#### **OBJECTIVES**

- Provide positive engagement for youths-at-risk
- Providing opportunities for youths-at-risk to acquire skills through pro-social and meaningful activities
- Nurturing and developing potential "Youth Models" to demonstrate their strengths and knowledge
- Equipping youths with vital skills for inter-personal and intra-personal development

#### TARGET GROUP

ITE Students who are susceptible to dropping out and/or displaying behavioural problems.

#### **METHODOLOGY**

- **1.** Five outreach sessions to create awareness and encourage
- 2. Two teambuilding activities for youths to explore their talents and strengths and to help youths build confidence and improve their self-esteem. It will also be a platform for youths to foster positive relationships with their mentors and with each other.
- **3.** Two workshops that motivate the youths and cultivate life and social skills.
  - **4.** Youth camp for youths to apply the new skills that they would have learnt and to further develop their leadership skills.
  - **5.** Graduation ceremony to instil sense of achievement and be a sharing platform.

Throughout the programme, the youth participants will be mentored and be provided positive role models, support, and guidance to become more pro-social members of the society.

#### RECOMMENDATION

#### CLF Secretariat proposes funding for GEMS 2016 due to the following:

- GEMS 2016 provides students (youths-at-risk) with socio-emotional support through positive relationships and engaging educational activities
- The programme has been planned to guide, empower, motivate and support the students, and in that process 4PM will also discover potential youth leaders
- The programme encourages the students to stay in school and widen their horizons

## MALAY YOUTH LITERARY ASSOCIATION (4PM)

Institution of Public Character (IPC), NCSS Full Member VWO

#### **PROJECT TITLE**

Ramadhan on Wheels (ROW)

#### **FUNDING PERIOD**

March 2014 to August 2014 January 2016 to August 2016

#### **OBJECTIVES**

- To improve overall emotional, social and/or economic status of the beneficiaries
- To help disadvantaged and low-income families to become self-reliant through acquiring new skills and employment

#### TARGET GROUP

- Disabled or elderly families
- Disadvantaged/low-income families with young school-going children
- Family befrienders
- Volunteers

TYPE OF PROJECT

ROW is a programme for volunteers, low-income individuals and families and the elderly. Activities include Training and Development of volunteers, Case Management of individuals/ families, Workshops and Seminars for families and volunteers, monthly food ration or vouchers and Mini Home Makeover for Beneficiaries.

#### **OUTCOMES**

#### For Beneficiaries

parenting and budgeting skills was conducted. At programme evaluation, beneficiaries reported that workshops were useful, that they learnt new knowledge and skills, and are motivated ROW 2016 benefited individuals from more than just one to apply them. The evaluation also found that 98% of families gained additional support system, 58% of families referred to | beneficiaries' general well-being by providing social, emotional Community Resources for further intervention, 87% of families attended trainings/workshops, and 85% gained improvement in living environment.

In 2016, 4PM reached out to 152 beneficiary-families who were | **For Volunteers and Befrienders:** either needy-elderly, disabled, or had low-income. Activities introduced beneficiaries to home-based businesses and the and challenges in the community. processes in setting up such businesses. 13 families were selected to receive funding for their start-ups. Beneficiaries | Volunteers also feedback that the programme improved their reported gaining valuable information, skills and experience leadership and communication skills.



In 2014, a Series of Family Development Workshops addressing | (88%), feeling motivated to apply their skills and knowledge (94%), and utilized their skills immediately (82%).

> group of beneficiaries. The programme is able to improve and economic support as well as empowering them through education on community resources and parenting, budgeting, or other skills.

In addition, volunteers of the programme reported that they that were conducted include befriending session, food ration | felt satisfied from engaging in meaningful voluntary work, that deliveries, activities for the elderly, skills training workshops, they had opportunities to learn from and serve the elderly, and and home makeover for beneficiaries. The training sessions gained awareness and better understanding of various issues



#### ORGANISATION & PROFILE

## MALAY YOUTH LITERARY ASSOCIATION (4PM)

Institution of Public Character (IPC), NCSS Full Member VWO

#### PROJECT TITLE

Remaja Resilien (R2) 2016/17

#### **FUNDING PERIOD**

April 2016 to April 2017

#### TYPE OF PROJECT

- Developmental and interest-based workshops
- Teambuilding activities
- Youth camp
- Soccer leagues
- Talent arena

#### **OBJECTIVES**

To develop resilience in youths by:

- Providing positive engagement for youths-at-risk
- Providing opportunities for youths-at-risk to acquire skills through pro-social activities
- Nurturing and developing potential 'Youth Models' to demonstrate their strengths and knowledge

#### TARGET GROUP

Malay/Muslim youths-at-risk, aged 13 to 21 years old





#### **KEY INDICATORS**

TARGETS	MEASUREMENT TOOLS
To reach 100 Malay/Muslims youths for the program	Attendance
80 youths acquire at least 1 new skill and show at least 1 change	Participation Evaluation Form
70 youths attend at least 3 activities	Attendance lists
Developmental workshops	Evaluation forms
Teambuilding	
Youth Camp	
■ Talent Arena	
30 youths graduate from R2 program	Post-test survey,
	Interviews after 3 months of program to ascertain level of progression
20 youths identified as Youth Models	Attendance lists and
	Level of involvement at any 4PM event (organiser or participant)

**COMMUNITY LEADERS FORUM COMMUNITY LEADERS FORUM** 

# MALAY YOUTH LITERARY ASSOCIATION (4PM)

Institution of Public Character (IPC), NCSS Full Member VWO

#### PROJECT TITLE

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#### **FUNDING PERIOD**

January 2014 to December 2014

#### TARGET GROUP

100 unengaged ITE students across all ITE colleges. Unengaged youths refer to students who are not high-achievers and not at high-risk of dropping out, but are currently not participating in any mentoring programme.

#### TYPE OF PROJECT

A mentoring programme that includes activities such as talks for youths, a youth camp, and Community Involvement Programme (CIP). 4PM uses The EDGE factor (Experience, Develop, Grow and Enrich) approach, which is a framework unique to 4PM. It was developed with the understanding that experiential learning does not stop at active experimentation but to also enrich the lives of others through contribution to society.

The programme also benefits volunteers who are alumni of E3. These volunteers become mentors or form committees to plan and execute activities that fit the students' needs. While the volunteers practice planning and leadership skills, 4PM is committed to investing in their development as well. E3 allows for volunteers to be trained in public speaking so that they can give talks to the students under iSeries.

#### **OUTCOMES**

#### Youths participated in the programme through engagement at mentoring activities including:

- Integration Camp a 4-day and 3-night residential camp at MOE Dairy Farm Adventure Centre where youths were given the flexibility to construct and execute the planning of the event
- Teambuilding activities
- Educational talks catered to youths
- Presentations on social entrepreneurship projects
- Night Adventure a walk from Eunos Harmony Hub to Marina Barrage 🌼





#### MUHAMMADIYAH ASSOCIATION

Registered Charity

#### PROJECT TITLE

Muhammadiyah Welfare Home -CLF Conference on Interventions for Malay/Muslim Youth with Very High Level Needs: Transforming Lives, Strengthening the Community

#### **FUNDING PERIOD**

21 November 2014 to 22 November 2014

#### TYPE OF PROJECT

Pre-Conference Workshops and 1-day Conference

#### **OBJECTIVES**

# The programme aims to:

- Develop professional capacity of youth workers in MMOs Representatives of CLF Youth Development Network, i.e. serving Malay-Muslim (MM) youths with very-high level needs. Youths with very-high level needs was defined as Leaders, management, professionals and volunteers in youths who are deemed delinquent or have been involved with crime, gangs or substance abuse. These youths are usually on probation, or are undergoing rehabilitation, or participating in programmes in institutions or approved homes
- Provide a platform for professional sharing MMVS serving the very-high needs youths on selected aspects of their rehabilitation and/or intervention programs.
- Sharing of research (local and international) on leadingedge strategies for addressing the needs of the very-high needs youth.

# TARGET GROUP

- leaders, professionals and volunteers
- MMOs serving the MM children and youths in Singapore
- Professionals and researchers in the field of rehabilitation and care for children and youth in general in Singapore in particular in settings providing residential care, rehabilitation for substance abuse, gangs, and delinquency.
- Researchers and professionals in the field of social services or studying current issues in Malay-Muslim (MM) youths and community in general.

# MUHAMMADIYAH WELFARE HOME (MWH)

Charities and Institutions of a Public Character

#### PROJECT TITLE

Projek Keluarga Teguh (PKT)

#### **FUNDING PERIOD**

2013 - 2017

#### TYPE OF PROJECT

Projek Keluarga Teguh (PKT) was initiated in October 2008 under the purview of Family Development Network (FDN). While the pilot phase ended in December 2011, FDN continue working closely with Muhammadiyah Welfare Home (MWH) on the expansion of PKT. As part of the expansion, several aspects of the programme were reviewed and enhanced and new components were adopted. The new proposal commenced in April 2013.



#### **OBJECTIVES**

PKT serves as an extension of services to family members of former MWH residents through intensive case management and developmental/enrichment programme. It aims to:

- To extend intervention beyond residents to include family members/siblings
- To prevent 'relapse' among youths and other family members
- To build resiliency in the families through education and employment

#### **MEASUREMENT TOOLS**

- Home Visits
- Attendance
- Regular telephone conversations

#### TARGET GROUP

- MWH residents who have stayed in Home for minimum 6 months
- Families of MWH residents





#### **OUTCOMES**

The programme entails casework and counselling, religious, civic and moral education as well as life-skills training for former residents. Similarly, families of these residents would undergo intensive case management where they would receive individual and religious counselling sessions. These families would also be given opportunities to attend developmental programmes.

Prior to the commencement of PKT, MWH rolled out slew of National Service (NS).

training programmes catered to PKT staff and made initial assessment of cases to be handled. Two (2) Social Work Assistant were recruited to assist in managing cases as well as conducting home visits and joint counselling for the residents.

At the end of 2014, there were 33 active cases with additional 13 cases of which six (6) were eventually discharged. Majority are able to continue study, currently employed or completing

Similarly, a total of 40 cases were recorded in 2015 with additional 25 new cases of which 18 successfully graduated from the programme that year.

As of June 2016, there are 25 active cases in which 15 clients have successfully graduated the same year. To ensure that these families maintain the improvement they made and constantly motivated for further progress, both MWH's Family Social Worker (FSW) and Social Work Assistant (SWA) continue to monitor and support through regular home visits and phone calls.

During visits, SWA gather feedbacks and advise on any concerns raised by the families and conduct individual/family counselling sessions to address emergent issues. SWA also coordinate with mosques and certified religious teachers regarding youth activities and religious classes for clients and their families.

Presently, some clients are engaged with voluntary work in mosques and attend in-house religious classes. For cases that require financial assistance, SWA guided the families to approach nearest Family Service Center to obtain short-term food rations. All cases are reviewed annually for possible discharge.

The team also meet quarterly to discuss the progress of the cases and will convene more often on specific cases when the needed.

Likewise, the overall profile change results in cases necessitating longer after-care plans and the complex family structures prompt MWH to do intensive family casework.

The intervention and support given have pushed clients to pursue their education both at full and part-time. PKT has also benefitted clients in equipping them with religious knowledge and relevant life-skills such as financial literacy. It is important to highlight that PKT clients have progressed and they have showcased outstanding performance after going through the programme.

Some clients become recipients of Al-Fatih Scholarship<sup>1</sup>, they start attending in-house religious lessons with family and strive to improve family financial situation and improve family bond. Many pursue further education and showcases commitment and dedication in obtaining academic excellence. A segment of clients also managed to secure stable career.

OUTCOME INDICATORS	ACHIEVED?	HOW WERE THESE ACHIEVED?	OUTPUT INDICATORS	EVALUATION TOOLS & METHODS	FINDINGS	
No relapse or fresh sentence among family members over a period of 1 year or while they are in PKT	Yes	<ul> <li>To get them engaged i.e. employment, National Service, school</li> <li>Build resiliency within the families through education and employment</li> </ul>	Feedback from family members shows that 99% of the total cases are not known to relapse or commit fresh offence	<ul> <li>Monthly home visits (interviews &amp; observation)</li> <li>Individual and family counselling</li> <li>Caseworkers' feedback managing the cases while clients were in MWH</li> </ul>		
No fresh order to be in Yes Children's Homes for younger siblings		<ul> <li>Continues schooling and engage in positive activities</li> <li>Parents monitors and constantly check on the children movement</li> <li>Client to be a good role model</li> </ul>	None of the siblings commit offence	■ Monthly home visits (interviews & observation) ■ Individual and Family counselling	The families share information during the home visits and sessions with the family	
All siblings within their first 10 years of education remain in school	ation remain from parents commit offence (interviews & observation)		,			
Families are equipped with religious knowledge and skills with strong moral groundings which will be a pillar to a family foundation	Partially achieved	<ul> <li>Some families already have religious foundation while some are unable to commit due to work</li> <li>Limited resources - Only two (2) asatizah making their trips to the clients' house</li> </ul>	18% of total cases attend religious lessons with their families.	■ Monthly home visits ■ Feedback from asatizah	Families that attend religious lessons are able to communicate better and obvious bond developed among the family members.	

<sup>&</sup>lt;sup>1</sup> A scholarship initiated by the MWH for former residents who pursue their studies after discharge.

COMMUNITY LEADERS FORUM

2011 TO 2010

2011 TO 2010

# **MUHAMMADIYAH ASSOCIATION**

Registered Charity

#### PROJECT TITLE

Bling Ring Youth Development Programme

#### **FUNDING PERIOD**

2013 - 2017

#### TYPE OF PROJECT

A year long youth development programme to provide identified youths to participate in planned activities to sharpen their skills in problem solving, critical thinking, personal development and To educate and empower young adults to be non-violent character building. Activities include:

- The Peacemakers Camp
- Dialogue Sessions with Youth
- Physical Enrichment Programmes with Youth
- Pulau Ubin Camp

#### **OBJECTIVES**

- To create awareness in youths about the meaning of life, the preciousness of time and the negative influences their company may have on them
- To alleviate youths from their current situation and help them establish a relationship with the one in their hearts
- To provide a moderate platform for young adults to initiate collective actions and to commit and strive for peace in
- change makers in society and to build the local capacities for Singapore
- To nurture and develop self-discipline, adaptability, resilience, excellence, communication and leadership skills in our youth

#### TARGET GROUP

30 youths aged 16 to 25 years old, mainly from ITE East, West, and Central who are considered to have higher probability of failing academically and possibility from dropping out from school

# **OUTCOMES**

BLING RING YOUTH DEVELOPME	BLING RING YOUTH DEVELOPMENT PROGRAMME		
KEY ACTIVITY	OUTCOMES		
The Peacemakers Camp	The participants reported change in their negative habits, acquired patience and the ability to internalise valuable lessons and values in their lives through the team building activities and meaningful discussions. The event also brought about realisation that truancy, underage smoking and BGR have caused distractions in their studies and life. 71.5% of the participants "strongly agree" that the camp was interesting. The programme has achieved its objectives as a life-changing experience and opportunity for positive change amongst the youths.		
Dialogue Sessions & Physical Enrichment Programmes with Youth	15 team bonding activities were organised between January and August 2015 and had reached out to 30 participants. These activities enabled the participants to share their life experiences, challenges and hopes with one another. The participants bonded through physical activities such as futsal, bowling, soccer, ping pong, as well as through dialogues on topics such as BGR, Purpose of Life, Islam, corruption, confusion, adolescence and other youth-related issues. An average of 16 participants attended each team bonding session. 85% "strongly agree" that the weekly activities create team bonding among the participants.		
Pulau Ubin Camp	The camp benefited 18 participants aged $17-21$ years old, from ITE West, East and Central. It has helped raised awareness on importance of health through a health talk on Sound health leads to a Sound Mind, and the use of limited resources such as saving water. 80% of the participants indicated that they achieved and understand the objective of the activity.		

In summary, the programme was able to achieve its objectives for most of its components. The overall survey showed that 85% of the participants will continue with Muhammadiyah Association for future activities and recommend their friends for future activities.





# **PALSOCIETY**

Registered under Accounting and Corporate Regulatory Authority

**PROJECT TITLE**Diploma in Counselling

**FUNDING PERIOD** 

September 2015 to June 2016

TYPE OF PROJECT

Staff Training

TARGET GROUP

Deputy Director of PALSociety

#### **OBJECTIVES**

- Gain knowledge, skill and ability of staff when engaging youths
- Better able to provide educational, spiritual and emotional support to at-risk and youth offenders

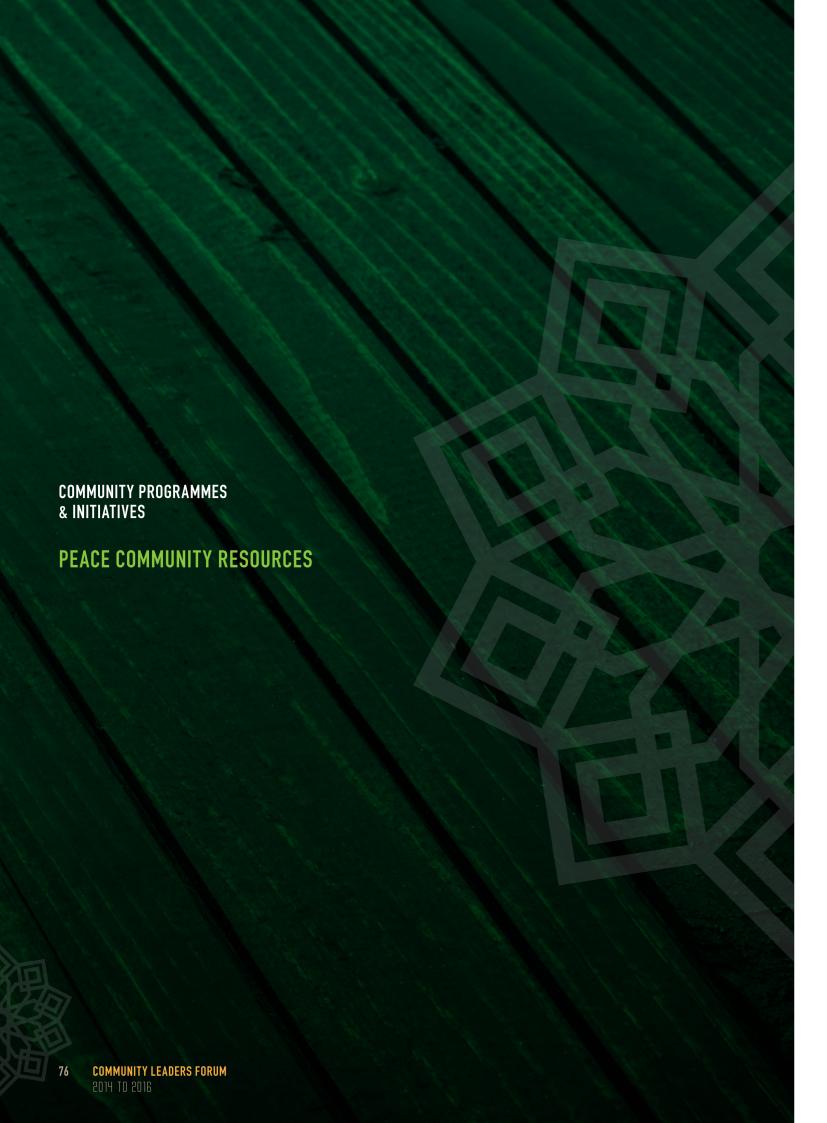
#### **OUTCOMES**

Deputy Director of PALSociety enrolled himself in the Diploma in Counselling from BMC International College on a part-time basis.

The programme intends to upgrade knowledge, skill and ability of staff when dealing with youth. Being certified with a Diploma in Counselling leads to being better equipped to nurture and better able to provide educational, spiritual and emotional support to youths, especially those who are at-risk and discharged youth offenders. CLF Secretariat is supportive

of the application for academic funding as it strengthens the capacity of PALSociety to engage and reach out to youth. The academic programme that he is attending is relevant to foundational knowledge and skills in core job functions of counselling.

Upon completion of the course, he was certified with a diploma in counselling and was able to learn the different counselling techniques, ethics as well as crisis intervention.



# PEACE COMMUNITY RESOURCES

Registered under ROC/ Accounting and Corporate Regulatory Authority

#### PROJECT TITLE

Psycho-Education for Recovering Women and Their Children

#### **FUNDING PERIOD**

February 2016 to October 2016

#### TYPE OF PROJECT

Educational Seminars, Mentoring, and Home-based Classes

#### **TARGET GROUP**

- Women who have been drug-free for a minimum of three years
- Family members of these women
- 5 (intergenerational) families or 40 adults and children

#### **OBJECTIVES**

#### The programme aims to:

- Promote positive parenting, modelling and career planning
- Instil love of learning in children through experiential activities
- Improve families' living conditions and coping capabilities
- Improve interpersonal relationships among family members
- Uplift family morale and help to create a positive outlook on their future
- Assist one family member who was previously unemployed to sustain a job for at least 2 months

#### METHODOLOGY

#### Seminars for adults (fortnightly or monthly) in the following modules:

- Personal Goal Setting and Family Vision
- Positive Parenting Tips
- Pro-study Tips
- Career Planning and Skills Future
- Stress Management and Resolving Conflicts
- Health and Nutrition for the Family\*

#### Seminars for children (fortnightly or monthly) in the following modules:

- Purpose of Life Instilling a motivation to Learn
- Experiential English Creative Writing
- Experiential Science Science with Water & Let it Spin
- Experiential Math Maths Made Easy
- Stress Management and Resolving Conflicts
- Health and Nutrition for the Family\*

#### **MEASUREMENT TOOLS**

- Pre & Post Test Surveys
- Attendance List
- Client Feedback

<sup>\*</sup>Combined adult and children sessions

# PEACE COMMUNITY RESOURCES

# **OUTPUTS**

DELIVERABLES	TARGET	ACTUAL OUTPUTS (BASED ON REPORT)
FOR ADULTS - SEMINARS IN THE FOLLOWING MODULES:		
1. Personal Goal Setting and Family Vision		10 pax
2. Positive Parenting Tips		7 pax
3. Pro-study Tips		4 pax
4. Career Planning and Skills Future		13 pax
5. Stress Management and Resolving Conflicts		10 pax
6. Health and Nutrition for the Family*	_	10 pax
FOR CHILDREN - SEMINARS IN THE FOLLOWING MODULES:		
1. Sports and Play		10 pax
2. Purpose of Life — Instilling a Motivation to Learn		7 pax
3. Therapeutic Play: Building Blocks		4 pax
4. Science Workshop on Water Pressure,		4 pax
Air Pressure and Forces of Gravity		13 pax
5. Health and Nutrition for the Family*		10 pax
6. Stress Management and Resolving Conflicts		
Total	40 pax	Unique Individuals: 40 pax

62.5% of participants attended at least 4 out of 6 seminars. Attendance is strongly influenced by mutual encouragement from other members and reminders from facilitators.

#### **OUTCOMES**

#### **Educational Seminars:**

Pre and post surveys reveal that participants show improvements in the areas of improving relationships with their children, having clear goals for the family, and knowledge on parenting. They are also more aware of skills and knowledge that need upgrading.

The discussions from the seminars found that participants' goals were focused on self, family or finance-related issues. Some of the participants reported that their **personal goals** were to ensure that children in the family are raised to become God-fearing (soleh), to uphold marital ties, to be able to purchase a flat, to be closer to God, and to save for retirement.

Participants also learned tips on how to improve family life through nurturing children in the family, reading activities, learning activities, playing, and adopting good habits at home. The seminar shared with participants the different developmental stages of children and the recommended | At the last session, participants re-visited all the topics that

#### nurturing strategies for each stage.

Participants also learned about the approaches that parents can take to advise and nurture a child. Members with preschool children shared with fellow attendees on the challenges that they face in raising their children.

PEACE introduced SkillsFuture Scheme and encouraged participants to tap on the SkillsFuture Scheme, where participants agreed to take up sewing, IT, and geriatric classes.

Participants shared with the facilitators on the common causes of stress among recovering women. It was found that the problems are mainly communications, family crises, and lack of support. Facilitators educated participants on stress management and problem-solving skills.

were shared in the previous meetings. They also discussed the common ailments that affect women, even in the postaddiction phase. They agreed on the need to explore natural ways of eating healthy.

Children were engaged separately during the seminars. Activities include playing table-tennis and playing with LEGOs for the first session. On the second session, children were asked about what they would like to be when they grew up and answers include: professional floorball player, PE teacher, and a fireman.

The session aimed to instill a purposeful living and a motivation to learn. In the third session, children were asked to build strong buildings using LEGOs. The facilitator taught the children on the importance of having a strong base when building tall structures and applied that understanding to more abstract topics. The fourth session was a **science** 

workshop for the students where they learned about water pressure, air pressure, and forces of gravity. In the fifth session, the children learned about healthy cooking and menus for the family.

Lastly, children shared with facilitators on their sources of stress and learned about stress management and such as managing priorities and deep breathing exercises.

#### **Home-Based Classes**

Home-based religious classes are also conducted for participants of this programme and are funded by Majlis Ugama Islam Singapura (MUIS).

#### **Employment of Family Members**

9 participants were employed during the course of the programme and were employed for at least 6 months (at the point of evaluation).

**COMMUNITY LEADERS FORUM** COMMUNITY LEADERS FORUM

# PEACE COMMUNITY RESOURCES

Registered under ROC/ Accounting and Corporate Regulatory Authority

#### **PROJECT TITLE**

Reading Achievement Programme (REAP)

#### **FUNDING PERIOD**

2014, 2015, 2016

#### TYPE OF PROJECT

The project consists of mentoring and one-to-one reading sessions.

#### **OBJECTIVES**

- Establish intervention and support for children who have difficulties in reading
- "> This ranges from being unable to read, poor fluency in reading connected texts or phrases, and comprehension skills
- Each group will show an average improvement of at least
   5 months or more in the following: single-word reading
   age, reading accuracy age, reading rate age, and reading
   comprehension age

#### **METHODOLOGY**

Students who have been identified with reading and comprehension challenges will be put through the different stages of this program.

#### Stage 1:

Students will be invited for initial screening by qualified tutors, in Develop Group Education Plan.

#### Stage 2:

Students will be grouped in 2-4 students per group, based on their needs from the initial screening stage. Each group of 2-4 students will attend 12-22 hours of intervention sessions.

#### Stage 3:

Tutors will conduct progress monitoring for programme progress monitoring scores

#### **MEASUREMENT TOOLS**

#### Pre-test and Post-test scores on the following:

- York Assessment of Reading Comprehension (YARC)
- Single-word Reading Test (SWRT)

#### TARGET GROUP

Primary 1 to 6 pupils who have been identified as experiencing difficulties in reading and comprehension (a gap of at least 6 months between reading age and chronological age).

#### **OUTCOMES**

#### Students that attended sessions are assigned to either:

- 1. Single-Word Reading (SWR) group where lessons focus on word-attack skills and recognition of single words
- 2. Reading Accuracy and Reading Comprehension (RARC) group or
- 3. Reading Comprehension group

From 2014-2016, a total of 92 students have received support and intervention from the programme.

	2014	2015	2016
Target Group	Students from Muhammadiyah Welfare Home	Students from Madrasah	Irsyad-Zuhri Al-Islamiah
Students Registered	12	43	37

#### The following were reported in 2016:

PEACE conducted a baseline screening for 50 students who were identified by their English language teachers. 37 students were selected for this programme as they met the criteria of having at least a 6 months gap between chronological age and skills age.

As proposed to CLF Secretariat, the baseline scores were acquired through the administration of Single-Word Reading Test (SWRT) to obtain single-word reading ages, York Assessment of Reading Comprehension (YARC) to obtain age-equivalent scores in the areas of reading Accuracy (RA), Reading Rate (RR) and Reading Comprehension (RC).

There were 8 groups that focused on Single-Word Reading. Most students had significant improvements in their single-word reading ability.

There were 7 groups that focused on Reading Accuracy and/or Reading Comprehension. Improvements in these skills were also observed. Some students that were in Reading Comprehension (RC) and Reading Accuracy and Reading Comprehension (RARC) groups showed a decline in reading accuracy scores. However for these students, reading comprehension ages improved. This suggests that students are able to understand and comprehend better, but it affected the reading accuracy.

# PEACE COMMUNITY RESOURCES

Registered under ROC/ Accounting and Corporate Regulatory Authority

#### PROJECT TITLE

Support Group for Recovering Women

#### **FUNDING PERIOD**

February to November 2014

#### TYPE OF PROJECT

Workshops and support groups for women recovering from drug abuse.

#### **OBJECTIVES**

- To establish a support group that provides counselling, support and resources to women who are on a recovery journey from drug abuse.
- To provide emotional support and educational resources to these women's children as well through counselling and development activities

#### **TARGET GROUP**

Malay/ Muslim women who are recovering substance abusers, as well as their children

#### **OUTCOMES**

The programme was jointly run by PEACE Community Resources and Women In Recovery Association (WIRA). It was found that support groups by WIRA enabled participants to find solace in sharing their problems, helped participants gain strength to cope with life's challenges and that participants continued to attend support groups. The programme found that women who had been out of prison for more than 3 years still require social and community support to cope with life and multiple-roles after drug abuse.

77% of participants remained drug-free throughout the programme and were committed to improving themselves through education and training, improvements in behaviours, habits, child-rearing practices, and handling family matters.

More than 50% of participants showed more commitment towards their children such as engaging children through play while at home, practicing more assertive parenting, mentoring, and started advising their children on drug abuse. It was found that participants who are parents of substance-abusers practice permissive parenting.





# **PERDAUS**

Registered Society

#### PROJECT TITLE

Advanced Certificate in Management (ACM) for Non-Profit Organisations

#### FUNDING PERIOD

March to June 2016

#### TYPE OF PROJECT

Staff Training

#### TARGET GROUP

Middle and Upper Management Staff of PERDAUS

#### **OBJECTIVES**

PERDAUS aims to enhance its capabilities to serve the community better. ACM consists of 8 modules and PERDAUS has requested for funding support for the first 5 modules.

#### The objectives of the modules are as follow:

#### 1. Strategic Planning for Non-Profit Organisations

To enable participants to develop skills necessary in strategic planning and apply relevant tools to carry out strategic planning more effectively.

# 2. Developing and Managing Human capital in NPO Context

 To enable participants to implement sound human resource practices to support growth strategies of NPOs.

#### 3. What Financial Governance means to NPOs

To enable participants to have a macro appreciation on financial governance areas in the context of NPOs such as the functions of budgets, audits, basics of financial tools and controls.

# 4. Governance & Legal Requirements: What Every NPO Must Know

To enable participants to have a broad understanding and horizontal perspective of the legal framework and code of governance relevant to the operational needs of NPOs.

#### 5. Events Management & Fund-Raising for NPOs

To enable participants to plan, execute and manage special events more successfully by ensuring activities at the pre-, during and post-action stages of event management are carried out according to plan and/or making adjustments to the plan, whenever necessary.

#### **APPLICANTS**

#### Middle and Upper Management

DESIGNATION	LENGTH OF SERVICE	TRAINING PROVIDER
1. Curriculum Administrator	5 years	
2. Senior Lead Teacher	8 years	SSA Consulting
3. Senior Asatizah	1 year	Group Pte Ltd 🌑
4. Head of Department, IYAD Child Department	5 years	

# **PERDAUS**

Registered Society

PROJECT TITLE

**FUNDING PERIOD** 

TARGET GROUP

Full Human Resource (HR) Consultancy

January 2014 to May 2015

Staff of PERDAUS

#### TYPE OF PROJECT

It is an organisational development project and PERDAUS engaged the service of Virtual HR Pte Ltd to provide a comprehensive HR System Review and Framework.

#### **OBJECTIVES**

- Review and transform HR Policies and establish frameworks
- Transform HR processes for talent, performance and communication
- Transform HR to pursue an innovative strategy to source, retain and leverage top talents
- Acquire the right talent and create the right organization to provide sustainable and scalable services
- Transform HR practices around retirement to secure knowledge for the future and develop staffing practices to stabilize the workforce
- Find ways to increase productivity while concurrently changing the culture to meet customers' challenges
- Transfer values and heritage to new employees and teach mature employees about new opportunities

#### **OUTCOMES**

- Customised employee handbook stating clearly PERDAUS' HR Policies
- List of customized job descriptions, job grades, and salary structure
- Develop and implement tools for effective performance management, goal setting and appraisal, which will be used by PERDAUS for employee appraisals
- Develop and implement Total Rewards program to facilitate talent attraction, development and retention the workforce
- Find ways to increase productivity while concurrently changing the culture to meet customers' challenges
- Transfer values and heritage to new employees and teach mature employees about new opportunities



# **COMMUNITY PROGRAMMES** & INITIATIVES PERSATUAN ULAMA DAN GURU-GURU **AGAMA ISLAM SINGAPURA (PERGAS) COMMUNITY LEADERS FORUM**

#### **ORGANISATION & PROFILE**

# PERSATUAN ULAMA DAN GURU-GURU AGAMA ISLAM SINGAPURA (PERGAS)

Registered Charity

**PROJECT TITLE** 

TYPE OF PROJECT

**FUNDING PERIOD** 

Executive Training: Emerging Innovations in Policy Making: Behaviour Data and Design (EIPM)

Staff Training

June 2015

**OBJECTIVES** 

TARGET GROUP

To capture theory and practice which focus on policy-making Head of Department, Corporate Communications & Services proceedings over long-term

#### **OUTCOMES**

Head of Corporate Communications & Services attended the above course organised by NUS, Lee Kuan Yew School of Public Policy to study the heuristics and complexities underlying decision-making in the policy process. She experienced first-hand how Singapore civil service is apply some of these techniques which will eventually help her build a strong foundation in design-thinking approach to policy challenges. To gain awareness of the power and limitations of big data in policy and understand the application of randomised control trails to inform policy decisions is important as it allow opportunities to better formulate and assess workable solutions.

This course will equip her with the foundation to formulate policies in a way that has the best outcome for society with minimal long term costs. She will be able to examine applications of randomized control trails, an approach that is radically transforming the way governments develop policy interventions by emphasises constant experimentation and evaluation, a sharp focus on empirical testing and an open-minded, deeply pragmatic search for the most effective solutions.

#### Learning outcomes for the course are:

- Build a strong foundation in design-thinking approach to policy challenges
- Study the heuristics and complexities underlying decision-making in the policy process
- Gain an awareness of the power and limitations of big data in policy
- Understand the application of randomized control trails to inform policy decisions
- Be better able to formulate and assess workable solutions
- Experience first-hand how Singapore civil service is applying some of these techniques

#### CLF Secretariat is supportive of this programme as it is in line with our Capacity Building Framework:

- Enhancing Existing & Grooming Leadership
- Governance & Review Consultancy

This course equips the policy officers with the foundation to formulate policies in a way that has the best outcome for society with minimal long term costs.

# PERSATUAN ULAMA DAN GURU-GURU AGAMA ISLAM SINGAPURA (PERGAS)

Registered Charity

#### PROJECT TITLE

#### **FUNDING PERIOD**

Projek Insan Mukmin (Pilot Implementation)

#### 2014, 2016

# TYPE OF PROJECT

Implementation of the newly-developed curriculum for Prison In-care & After-care Programme (Projek Insan Mukmin).

#### **TARGET GROUP**

- Offenders who serve a maximum if 18 months sentence
- Offenders to commit to 3 different phases of Insan Mukmin
- Offenders to have been cleared and approved by Prison

#### **OBJECTIVES**

- Provide a dry run of the newly-developed curriculum to a selected group of inmates prior to curriculum being made available for all inmates
- Enable curriculum developers to conduct lessons with the selected participants (inmates). The teaching experience and response from participants will serve as future guidelines for the intended content training for potential facilitators
- Acquire necessary information and feedback for the fine tuning development process from the pilot implementation of the curriculum

#### **OUTCOMES**

The syllabus for Prison In-Care and After-Care programme was previously funded in 2014 to help in the curriculum development and content training for Asatizah and befrienders.

#### The programme is divided into three (3) phases with as follows:

- **1.** 6 sessions (12 hours) of the programme 6 months upon commencement of sentence (Muhasabah)
- 2. 8 sessions (16 hours) of the programme 6 months into ending the sentence (Taubah and Maghfirah)
- 3. 10 sessions (20 hours) of the programme upon completion of sentence and release (Mujahadah al-Nafs)

Projek Insan Mukim targets offenders who served a maximum of 18 months sentence. Only participants who have been cleared and approved by Prison participated in the pilot implementation.

#### Programme comprises of the following eight (8) steps:

#### 1. Weekly Journal

To compile a journal based on personal notes from inmates understanding and observation

#### 2. Lectures

Teaching and learning materials will be shared by facilitators

#### 3. Presentations

To make a presentation to class (individual to group)

#### 4. Case Studies

A case study will be shared from time to time

#### 5. Sharing session

Offenders are encouraged to share their experiences

#### 6. Reflection Session

At the beginning and end of every session

#### 7. Daily Supplications (Zikr/amalan-amalan ruhaniyah)

A do'a or supplication will be shared at the end of each session

#### 8. Video

Suitable video clips will be shown for the inmates for self-reflection purposes

#### CLF Secretariat is supportive of the programme for the following reasons:

- Initiated by the Ministry of Home Affairs (MHA), Insan Mukmin was an outcome of the prison in-care and after care syllabus review by PERGAS.
- The new Insan Mukmin enables greater participation of inmates with the revised minimum requirement as compared to the eligibility criteria for the Muslim Inmates Religious Counselling Programme (MIRCP).
- Content is designed to be interactive and focuses more on life skills which will help them to deal with their daily challenges
- Supporting the pilot run of Insan Mukmin syllabus enables continuous evaluation and analysis on the impact of the syllabus. Feedback gathered from the inmates and prison officers who participated in the project, as well as experiences from the curriculum developers who have spearheaded and facilitated the pilot run will enhance the syllabus
- The new programme is replicable and involves a wider community involvement from mosques and other Islamic organisations

Programme has met its outcomes and followed through the proposed outcomes from Paper Syllabus for Prison In-care & After-care Programme.

OUTPUTS		OUTCOMES	
ACTIVITIES	SHORT	INTERMEDIATE	LONG
Phase 1:  Muhasabah — Reckoning of oneself  Participants are introduced to a spiritual review of their life and engaged in the positive outlook of life based on the strong Islamic values and traditions  Participants will be positively engaged in excellence based on strong Islamic values	<ul> <li>Increased self-awareness and spiritual level</li> <li>Increased understanding in concepts of Insan Mukmin</li> <li>6 lessons/weeks were conducted</li> <li>24 inmates participated in the Phase 1 of Insan Mukmin</li> <li>5 facilitators conducted the lessons</li> </ul>	Increased motivation by elevating ones Iman and practicing of the Islamic tenets. This led to change in attitudes supporting substance use by an increased in the level of hope, fear and trust in Allah. This is also followed by a reduction in anti-social behaviour and steady integration in family and community.	<ul> <li>Provide the necessary skill sets of an Insan Mukmin</li> <li>Support the reintegration into the family circle and community</li> <li>To fulfil the goals of an Insan Mukmin</li> </ul>
Phase 2:  Taubah & Maghfirah – Repentance  Participants learn the process of self- reflection and repentance  Participants learn the concept of hope, fear, trust in Allah and learn the importance of enjoining the good and steer away from the forbidden	<ul> <li>Increased awareness of readiness to change</li> <li>Increased consequential thinking</li> <li>Increased ability to cope with urges and temptations in relation to drug use</li> <li>Increased ability to correct thinking errors which will develop skills in effective listening, verbal/non-verbal communications, managing negative emotions and solving intra/interpersonal conflicts</li> <li>Increased ability to develop healthy relationships</li> <li>21 Inmates participated in Phase 2 of Insan Mukmin</li> <li>5 Facilitators conducted the lessons</li> <li>8 lessons were conducted</li> <li>The panel of developers held 8 postmortem meetings for Phase 2 in March and April 2016</li> <li>Phase 2 had been re-evaluated and changes were made based on the feedbacks gathered during the class by the facilitators</li> <li>A sharing session was held at the end of class to gather the feedback from the inmates on Phase 2 lessons, recommendations etc.</li> </ul>		
Phase 3:  Mujahadah Nafs — Coping with Urges  Participants are reminded of being steadfast in upholding the Islamic traditions while adhering to the leadership qualities and family values based on strong Islamic traditions  Participants are reminded the importance of staying positive and patience and to constantly upgrade their knowledge in Islam while maintaining the effort of self-change and upgrading the Iman.	<ul> <li>A group chat was created between facilitators and participants to facilitate communications</li> <li>Owing to declining attendance rate, Phase 3 will be put on hold and resume upon confirmation of participants availability</li> </ul>	-	_

COMMUNITY LEADERS FORUM

COMMUNITY LEADERS FORUM

# **COMMUNITY PROGRAMMES** & INITIATIVES PERSATUAN PEMUDI ISLAM SINGAPURA (PPIS) COMMUNITY LEADERS FORUM

#### **ORGANISATION & PROFILE**

# PERSATUAN PEMUDI ISLAM SINGAPURA (PPIS)

Institution of Public Character (IPC), MSF Funded VWO, NCSS Full Member VWO, Registered Charity

#### PROJECT TITLE

FUNDING PERIOD

March 2015 to July 2016

# CT TITLE OBJECTIVES

#### TARGET GROUP

Staff of PPIS

Business Excellence Consultancy

Encourage good management practices

- Achieve higher standards of excellence through developing and strengthening management systems and processes
- Develop roadmap for continuous improvement and sustainable development

#### TYPE OF PROJECT

PPIS aims to adopt the Business Excellence Framework for organisational development. Advent Management Consulting was awarded the project.



#### **OUTCOMES**

PPIS has taken the step in enhancing their business processes and management practices to further enable them to deliver superior results for stakeholders. The Business Excellence Framework enabled PPIS to:

- Conduct regular Health Check of its management systems and processes to identify its strength and areas for improvement
- Improve business performance

As an organisation with Business Excellence accreditation, PPIS has improved access to resources and opportunities to improve business performance and learn best practices. PPIS was able to participate in best practice seminars, workshops and learning journeys to further enhance the organisation's capability and performance standards. PPIS received the People Developer certification by SPRING Singapore in September 2016 for their effort in this Business Excellence Journey.

Institution of Public Character (IPC), MSF Funded VWO, NCSS Full Member VWO, Registered Charity

#### PROJECT TITLE

Club INSPIRASI (CI)

#### **FUNDING PERIOD**

April 2014 to March 2015 April 2015 to March 2016 April 2016 to March 2017

#### TYPE OF PROJECT

- Developmental and skills-enrichment workshops
- Family-life educational sessions
- Support group
- Community service

#### **OBJECTIVES**

- To equip young couples with the skills and knowledge in meeting the challenges in their marriage
- To strengthen family functioning through having an increased awareness and understanding of Communication, Respect and Shared responsibilities
- To continuously engage couples who have been married for more than five years
- To engage parents of couples as an important support system to the couples

#### TARGET GROUP

- Young couples
- » At least one of them is below the age of 21 years old
- The bride is below 21 years old OR the groom is below 25 years old (criteria effective 1 July 2016)
- » Married for 10 years or less
- Parents and children of the young couple

#### **OUTCOMES**

#### Based on the Progress Reports for FY2014/15 & FY2015/16:

- 1. CI couples indicated that CI has achieved its objectives. Participants also indicated increased awareness and understanding of components that are deemed crucial in marriage and family life. These components include communication, parenting, shared responsibilities, negotiation and time management.
- **2.** Cl provides opportunities for couples to hone leadership skills and organize community projects to benefit other beneficiaries in the community. In 2014, Cl partnered with BAPA where participants served the disabled community by bringing wheel-chair bound beneficiaries to places of attraction. The activity aimed to raise the couples' awareness on the plight of the less fortunate and infused in them a sense of compassion and heightened appreciation. In Ramadan 2015, Cl collaborated with Ar-Rabitah Mosque,
- where 7 senior member couples from CI planned assisted three elderly residents in their preparations for Hari Raya, such as cleaning their homes and purchasing furniture and decorations. CI empowered the couples to assign tasks among themselves and conduct activities with little interference from staff.
- **3.** In 2014, Cl's skills-based activities included a self-care workshop for couples where they learned methods of overcoming stressors that they might face in marriage. The session educated couples on the importance of self-care and emphasized the importance of having couple quality time in their marriage. In 2015, Cl's skills-based activity provided female participants with knowledge and skills on henna. They were also offered part-time working positions at SyraSkins Henna Academy.

#### **ORGANISATION & PROFILE**

# PPIS FAMILY THERAPY INSTITUTE (FTI)

Institution of Public Character (IPC), MSF Funded & NCSS Full Member VWO, Registered Charity

#### PROJECT TITLE

Family & Marriage Counselling Programme

#### **FUNDING PERIOD**

# TARGET GROUP Malay/Muslim Individuals

and Couples

April 2015 to March 2016

#### TYPE OF PROJECT

A family therapy institute aimed at providing direct family therapy services, training and consultancy

#### **OBJECTIVES**

- To provide counselling and therapy to Malay/Muslim individuals, couples and families (as a primary service);
- To provide training and consultancy in family therapy & marital work (as a secondary service) to meet the demand for counselling in the vernacular (Malay) language with relevant cultural and religious perspectives;
- To provide capacity development through training and research for helping professionals.

#### **OUTCOMES**

FAMILY THERAPY INSTITUTE			
OUTCOMES	TARGET	ACTUAL ACHIEVEMENT (BASED ON FINAL REPORT)	
Clinical Individualised Counselling (Non Syariah Court cases)	100 cases	<ul> <li>Outreached to 106 referral cases.</li> <li>Out of 61 cases requesting for counselling, 39 couples attended marital counselling.</li> <li>31 remained married -25 couples continued to receive therapy &amp; 6 have closed their cases</li> </ul>	
Syariah Court cases	200 cases	<ul> <li>362 cases referred by Syariah Court for MCP</li> <li>134 cases (46%) agreed to work on their relationship for another 6 months</li> <li>196 cases (54%) were reverted to Syariah Court to proceed with divorce</li> <li>Out of 134 couples who remained married, 68 couples (51%) are still receiving counselling</li> <li>66 cases are fully reconciled and tracked for 6 months</li> <li>18 cases completed 6 months tracking</li> </ul>	
Overall FTI counselling sessions		<ul> <li>A total of 2340 sessions were conducted</li> <li>2/3 of sessions are granted live supervisions</li> <li>1/3 of sessions received regular consultations</li> </ul>	
Enrichment Programme for Beneficiaries		A 2-day couple group therapy, Dear I See You, was organised provide support to couples who agree to reconcile	
Training and Consultancy for Helping Professionals		<ul> <li>4 Enriching &amp; Reaching Out to Professional (ERP) sessions were conducted</li> <li>40 professionals attended the 2-day ERP workshops</li> <li>Other trainings were organised on working with families i.e Training for Professionals with Nora Bateson on 29 &amp; 30 Mar 2016</li> </ul>	
Outreach		<ul> <li>Organised 8 outreach sessions to professionals and national agencies</li> <li>Provided avenues for knowledge and experience sharing</li> </ul>	

# PPIS FAMILY THERAPY INSTITUTE (FTI)

PPIS FTI has shown efforts and initiative in improving its | impasse and ways to encourage learning in families that they programmes and services from its 1st year of implementation.

The target of 40% reconciliation in couples has led to the development of a Reconciliation Framework and process for working with couples with marital issues. The Framework will be reported at the end of the 2nd year of funding.

The Syariah Court cases have enabled FTI to collate and study the profile and issues related to these cases, to complement the Reconciliation Framework.

FTI aims to organise more training opportunities with the use of recorded counselling sessions to highlight issues, therapeutic



work with.

The outreach efforts to community partners and national agencies, between October 2015 and January 2016, have enabled FTI to share their purpose, target group and approaches with the community. While FTI focuses on strengthening internal processes and harnessing the skills of full-time employees, the institute is prepared to improve its outreach to the community in 2016/17.

Maimunah Mosli, Principal Family Therapist, participated in national forums i.e. Engaging Hearts and Minds organised by MSF, as an effort to introduce FTI to the social service sector.









#### ORGANISATION & PROFILE

# PERSATUAN PEMUDI ISLAM SINGAPURA (PPIS)

Institution of Public Character (IPC), MSF Funded VWO, NCSS Full Member VWO, Registered Charity

#### PROJECT TITLE

Student Care Centres (Bedok and Jurong)

#### **FUNDING PERIOD**

January 2014 to December 2014 January 2015 to December 2015 January 2016 to December 2016

#### TYPE OF PROJECT

- Daily activities target educational, socio-emotional, moral, TARGET GROUP recreational and physical needs of the students
- Activities focus on educational, social and emotional, moral, recreational and physical needs
- Holiday programmes include educational visits, Ramadhan community project, enrichment workshops, festival and celebrations, as well as a Year-End camp
- Family activities
- Added activity: Storybook-based curriculum

#### **OBJECTIVES**

- To provide alternative care arrangements for students of working parents, particularly single parents or low-income
- To provide supervision and with conducive environment to enhance the physical, emotional, intellectual, social and moral development of each child
- To provide opportunities for each child to learn and practice social skills in a safe environment

School-going children between the ages of 7 to 14 years old (60-80% of them receive Student Care Financial Assistance).

#### **OUTCOMES**

#### Based on the Progress Reports for 2014 & 2015:

- 1. Students participate in learning about Balanced & Healthy Meals, benefit from Supervised Study, Language Enrichment (Igra') classes, and involvement in Stage Shows, Music & Movement, Literacy Activities, Project Work and Physical Education sessions.
- **2.** The Student Care Centres provide opportunities for students to take part in sports, arts, science, technology, engineering and mathematics (STEM) activities. It also educates the students on basic religious knowledge.

In 2014, the centres conduct special activities such as functions, workshops and camps with volunteers from various tertiary institutions, enrichment workshops and educational trips such as Annual Hari Raya Party, Children's Day and Year-End Family Day, Trips to River Safari, Children's Garden by the bay, Maths Trails at Giant Hypermart and Sentosa Island.

In 2015, activities include arts and gamelan workshops and football training by Home United Youth Football Academy coaches. In partnership with SportsCare, children were able

- to attend the 28th SEA Games, 8th ASEAN Para Games, Heritage Trail of Bukit Timah and 'Amazing Singapore Race'.
- 3. Activities that were conducted contributed the success of the centres in meeting its objectives. In 2015, PPIS SCC conducted Parent Feedback Survey to 122 parents from Bedok and Jurong SCCs. The percentage of parents who indicated Good, Very Good, and Excellent are as follows:
- 97.7% SCC did well in helping child adjust to student care
- 97.7% SCC established and maintained positive relationships with child
- 94.4% SCC established and maintained positive relationships with parents with regards to child's progress
- 94.9% SCC made parents feel welcomed
- 95.1% SCC communicated with parents regarding centre
- 95.1% Ratings for SCC activities provided for child
- 94.8% Safety of child in SCC

Institution of Public Character (IPC), MSF Funded VWO, NCSS Full Member VWO, Registered Charity

#### PROJECT TITLE

#### **FUNDING PERIOD**

Vista Sakinah (VS)

2014, 2015/16, 2016/17

#### TYPE OF PROJECT

Seminars, Workshops, Private Consultations in the forms of Remarriage Course, Family Enrichment, and Children's Services.

#### **TARGET GROUP**

Parents and children in stepfamilies



#### **OBJECTIVES**

#### Remarriage Preparation Services (Program Memupuk Kasih) aims for beneficiaries to:

- Gain insights into the dynamics of establishing a new family after the experience of loss from a divorce or death of a partner in a
- Build self-confidence in embarking on a new journey of developing strong and healthy stepfamilies
- Understand what is needed in a remarriage and what it takes to set up a stepfamily
- Understand needs and expectations
- Learn tips to strengthen the relationship between spouses and the relationship between parents, stepparent and children.

#### Family Enrichment Services (Fitrah Enrichment) aims for beneficiaries to:

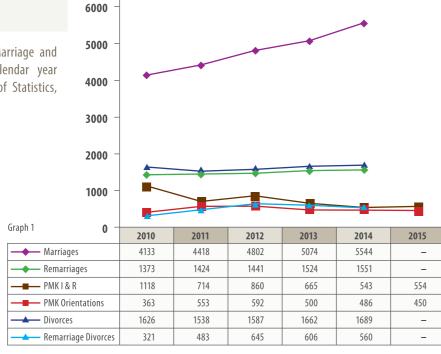
- Learn knowledge and gain skills relevant to their lives in a stepfamily
- Provides a platform for family members to feel supported in the journey of establishing and sustaining a stepfamily.

#### Children's Services (Bunayya Programme) aims for beneficiaries to:

Equip the children with skills that would assist them with adjustment and adaptation in stepfamily life

# **OUTCOMES**

For reference, the Graph 1 of Marriage and Divorce Statistics based on calendar year and referred from Department of Statistics, Singapore.

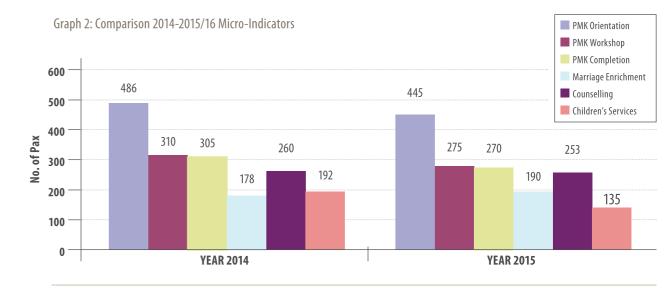


#### Based on the Progress Report for FY2014:

S/N	ITEM	ACTUAL OUTPUTS (2014)
	MARRIAGE PREPARATION	
Α.	Couples Registered for Pre-marital Counselling	486
В.	Couples registered for marriage prep course	310
C.	Couples complete marriage prep course	305
	MARRIAGE ENRICHMENT	
D.	Families attend marriage enrichment programme	178
E.	Couples registered for marriage prep course	260
	CHILDREN'S SERVICES	
F.	Child attends Children's Support Programmes	192

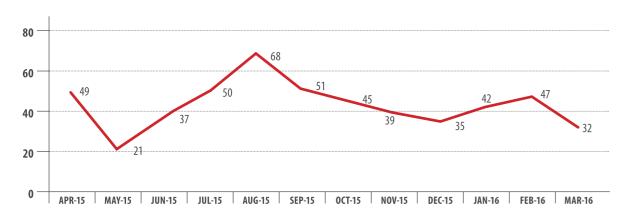
#### Based on the Progress Report for FY2015/16: Table 1 - Micro Indicators

S/N	ITEM	ACTUAL OUTPUTS (2015 – 2016 )
	MARRIAGE PREPARATION	
Α.	Couples Registered for Pre-marital Counselling	445
В.	Couples registered for marriage prep course	275 (62%)
C.	Couples complete marriage prep course	270 (98%)
	MARRIAGE ENRICHMENT	
D.	Families attend marriage enrichment programme	190
D. E.	Families attend marriage enrichment programme  Couples registered for marriage prep course	190 253
	3 , 3	
	3 , 3	









#### Programme Updates FY2015/2016

#### ■ Remarriage Preparation Services (Program Memupuk Kasih - PMK)

Number of enquiries about the course has declined as | remarried and in a stepfamily (but are required to attend preparation courses are now optional for couples registering for marriage.

In FY15/16, VS continued to engage asatizahs (resource person) such as Dr Firdaus Yahya and invited several new asatizahs on board in presenting the spiritual component of PMK. Handouts were prepared for the topics of 'Family Planning' and 'Sexual Intimacy' in the context of Islam. PPIS ceased the two-day marriage preparation programme as sign-ups for one-day remarriage preparation programme were relatively higher than the sign-ups for the two-day programmes. From 2016 onwards, VS runs one-day preparation programmes to meet the demands from remarrying couples.

VS was identified as one of the centres that runs marriage preparation programmes for transnational couples who are intending to remarry or are already in a stepfamily. There was an increase in the registration of transnational couples for PMK. If one or both partners are not conversant in Malay, or if couples are already married, the couples attended three counselling sessions. For the period Apr 15 — Mar 16, **78 TNC** couples registered at VS and 69 couples completed PMK.

PMK continued to meet its objectives of preparing couples for their journey in remarriage and stepfamily. 262 couples (97%) felt they were more prepared to face life in a remarriage and stepfamily, and more aware of stepfamily issues after attending PMK. Looking forward, there is an increasing demand and need for PMK to be conducted in the English medium, as well as a programme for couples who are already

a marriage preparation programme by Immigration and Checkpoints Authority (ICA).

#### ■ Family Enrichment Services (Fitrah Enrichment)

Similar to the previous years, family recreation events have garnered the most interest and participation due to the valuable opportunities to bond with their family members as well as a means for them to gather support from other stepfamilies. Participants of the Fitrah Enrichment programme see themselves as part of 'Vista Sakinah family'. Fitrah provides platforms of interactions for beneficiaries to bond with their children and stepchildren, while at the same time inculcating good values within the family.

In FY15/16, Fitrah Enrichment Services organised its first series of Fitrah Curriculum Modules in 2015. Topics that were addressed were identified through casework and counselling cases. Couples found the workshops beneficial for their relationship as it addressed emotional issues, common conflicts in stepfamilies, and practical issues such as financial management.

#### The following are the Fitrah curriculum modules that were offered:

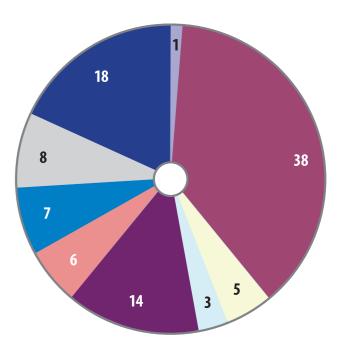
- 1. Detox the TOXIC in Couple Relationship
- 2. Parents in Law with No Law
- **3.** Steps to successful Step Parenting
- 4. Attachment and Intimacy
- **5.** Harmony Stepmoney

Fitrah Enrichment also held its first outreach to clients from

#### Graph 4: PMK FY 15/16 ■ NO. OF COUPLES 445 40 293 275 270 20 **Couples Enquired Couples Registered** Couples Attended **Couples Registered** Couples Completed Orientation

#### Graph 5: Case Concerns

- A: Re-marriage Preparation
- B: Marriage Counselling
- C: Stepfamily Adjustmet
- D: Conflicts with Ex-Spouse/ Custody Maintenance
- E: Information Related to Divorce
- F: Emotional Management
- G: Child Management / Parenting
- H: Practical Issues
- I: Others. E.g. stigma, religious issues









of reaching out to disadvantaged stepfamilies who may not be aware of the centre's services.

Generally, the stepfamilies who have come together regularly for VS programmes have displayed stronger camaraderie amongst themselves. This is evident as friendships among beneficiaries have grown and extended beyond the Fitrah Enrichment programmes. The children amongst the stepfamilies have become good friends and enjoy each other's company.

#### ■ Children's Services (Bunayya Programme)

135 children were reached out to in FY1516 through the various Bunayya programmes. A compilation of children's work was compiled into a booklet as part of a new initiative to get parents to enroll their children for Keluarga X'tra workshop. Social workers also encouraged the couples to involve their children in the preparation of their remarriage.

54 children were enrolled by their parents through this effort

Family Service Centres and Assyakirin Mosque, with the aim | with eventually 28 children attending the Keluarga Xtra workshop as of March 2016.

> 26 children attended the workshops in April, September 2015 and February 2016. Themes for the workshops include "Facing Changes", "Gratitude towards Stepfamily" and "Resilience". Through group activities and sharing, children were engaged to process how they can effectively face changes and challenges especially with their stepfamilies.

> They also learnt how to appreciate what they have in their stepfamilies and view their struggles positively. From the sharing sessions and discussions, it was noted that their biggest struggle as children in stepfamilies are the adjustments they

Through these workshops, the children related to each other's stories and realized that they are not alone in their journey. Other children in stepfamilies were reached out through concurrent enrichment programmes. Throughout the year, two

major events were held where parents brought their children along. A total of 81 children attended these enrichment programmes. As several Keluarga X'tra alumni have entered teenage years, VS actively sought to re-engage them through Bunayya Caliphs programme by becoming 'buddies' to the younger and newer children. They were also given platforms to share their personal life stories to the newer children. This gave the teenagers a sense of validation of their identity as well as created a greater sense of bonding with the newer children.

#### **■** Private Consultations

VS received 461 phone consultations and referrals in FY1516. Of these 253 cases were eventually opened as casework. As in past years, referrals for counselling services were obtained from other VWOs, government agencies, the Courts and personal contacts with a significant number of ex-MPK clients calling back for consultations. The most common concerns pertain to marital issues (38%) followed by divorce related

issues (14%), practical concerns (8%), child management (7%), grief/emotional management (6%) and stepfamily adjustment concerns (5%). Others (18%) include issues such as stigma, religious concerns, etc.

#### **■** Training & Outreach

The year also saw VS reaching out more extensively to network with other agencies and forward the stepfamily message. This included meetings and conversations with Darul Ihsan, @27 FSC, FSC Heads of Organisations, SSO directors, managers and officers, KKH and Early Childhood Centre Social Workers. Organisations were encouraged to explore collaborative initiatives with VS or refer clients to VS services.

In line with this, VS crafted a discounted scale of fees for PMK to enhance affordability of PMK programmes. Due to this, 15 PMK couples benefited from the discounted rates. Talks for clients of the organisations were also held at joint collaboration events between @27 FSC and SSO-Masjid Assyakirin.

**COMMUNITY LEADERS FORUM** COMMUNITY LEADERS FORUM

# PERSATUAN PEMUDI ISLAM SINGAPURA (PPIS)

Institution of Public Character (IPC), MSF Funded VWO, NCSS Full Member VWO, Registered Charity

#### **PROJECT TITLE**

Project H.O.M.E for PPIS Family Service Centre (West)

#### **FUNDING PERIOD**

March 2014 to March 2015

#### TYPE OF PROJECT

Community activities, Module-based Workshops and Skills Development Courses

#### **TARGET GROUP**

Women from Low Income Families

#### **OBJECTIVES**

- Help provide help through monetary assistance and to help client feel empowered to solve their problems and address concerns positively
- Outreach encourage clients to reach out to other beneficiaries, creating a helping network
- Motivate send a message of hope to the clients and to encourage them to look within themselves as a source of strength to overcome obstacles
- Educate instil and impart beneficial knowledge to clients

#### **OUTCOMES**

- 1. It created a sense of belonging and shared identity through strengthening connections and trust among residents to build positive and helpful relationships. Clients of H.O.M.E were involved in Community Wellness Programme (CWP) where reflexology is provided to members of the community. This provided a suitable platform for the clients to practice acquired skills. In Ramadan, clients also provided support to the neighbourhood mosque during community activities such as porridge distribution.
- 2. Provided clients with opportunities to gain income and to
- learn new skills that can be used for home-based enterprises. Professionals were engaged to conduct culinary classes for clients, and clients were involved in catering for sweet desserts to the public during Ramadan.
- **3.** The Capital Assistance Scheme (C.A.S.H) allowed beneficiaries to capitalise on their acquired skills as it subsidised clients' purchases for equipment that they need. It is an avenue to support and encourage home-based businesses and encourage active participating in H.O.M.E outreach activities.

#### **ORGANISATION & PROFILE**

# PERSATUAN PEMUDI ISLAM SINGAPURA (PPIS)

Institution of Public Character (IPC), MSF Funded VWO, NCSS Full Member VWO, Registered Charity

#### **PROJECT TITLE**

PPIS FSC East — Talking Pot — A Support Group Programme for MM Women from Low Income Families

#### **FUNDING PERIOD**

March 2014 to March 2015

#### TYPE OF PROJECT

40 sessions/ 120 hours

Sessions comprise of:

- Baking classes
- Household budgeting
- Promoting healthy lifestyles
- Pre-test and post-test evaluation to measure achievements
- Platform to affirm achievements and share learning points

#### **OBJECTIVES**

- To equip women with skills and knowledge in performing household budgeting as well as preparing healthy meals for themselves and family members
- Networking platform for women
- To equip women with the confidence to provide better care for themselves and their family through a series of preparatory workshops

#### TARGET GROUP

Muslim Women comprising of beneficiaries of FSC's School Pocket Money Fund.

#### **OUTCOMES**

- **1.** Improved social networks where participants are aware of available support systems that can assist them and they understand the importance of reaching out to readily available support when feeling overwhelmed.
- Data shows that 100% of participants indicated that they have a wider and more enhanced support network.
- **2.** Enhanced understanding of multiple roles in daily living, what it entails for women to be playing varied roles, improved management of self-expectations and others' expectations of themselves.
- At evaluation, 100% of participants indicated that they have a better understanding of their multiple roles and expectations.
- **3.** Participants were educated on various personal coping mechanisms and strategies, developing own strategies, identify, acknowledge and affirm positive strengths, as well

- as understanding concept, importance and strategies to self-
- 100% of participants indicated that they are aware of the need for self-care and various avenues for respite.
- **4.** The educational component (cooking segment) equipped women with necessary skills and knowledge to perform household budgeting, manage finances and marketing, understanding of the value of nutrition and preparing healthy meals.
- At post-programme evaluation, 100% of participants indicated that they have a better understanding of nutrition and budgeting.
- 5. Identified role models and leaders among participants where they led activities for the Talking Pot alumni programme such as the Community Involvement Project for zakat recipients of Masjid Al-Ansar.

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# PERSATUAN PEMUDI ISLAM SINGAPURA (PPIS)

Institution of Public Character (IPC), MSF Funded VWO, NCSS Full Member VWO, Registered Charity

#### PROJECT TITLE

Titian Kasih (TK): Marriage Preparatory Programme (MPP)

#### **FUNDING PERIOD**

April 2014 to March 2015 April 2015 to March 2016 April 2016 to March 2017

#### TYPE OF PROJECT

- Workshops for couples that address topics such as Roles To serve as a platform to concretize couples' vision & Responsibilities in Marriage & Marriage in Islam, Family Planning, Pregnancy Care & Adjustments to Parenthood, Financial Management, Early Parenting, and Building Stronger TARGET GROUP Marriages
- Couple counselling sessions that address Personality Assessment and Finance & Budgeting
- Workshop for parents/quardians of couples to facilitate discussion on how they can provide constructive support to couples and be a platform for parents to share views, and in <a>With low educational background</a>, are financially unstable, turn, provide support to other parents of young couples
- 5 runs of the whole programme was conducted per year in FY2014/15 and FY2015/16

#### **OBJECTIVES**

- To equip young couples with skills and knowledge to support them in building strong and stable marriages
- To increase understanding of roles and responsibilities in marriage
- To raise awareness on developmental phase vis-à-vis marriage
- To serve as a platform for couples to have conversations on marriage
- of marriage

- Young couples, where at the point of application for marriage at Registry of Muslim Marriages (ROMM):
- » At least one of them is below the age of 21 years old
- » The bride is below 21 years old OR the groom is below 25 years old (criteria effective 1 July 2016)
- dependant on parents for support, or cases of premarital pregnancy

#### **OUTCOMES**

#### Based on the Progress Reports for FY2014/15 & 2015/16:

- 1. In 2014, participants indicated that the programme meets its objectives and participants' expectations in providing support to the couples and their parents. 96.4% of couples reported an increase in knowledge about roles and marriages in marriage. 4 modules were rated to be most relevant to participants as they gain skills and knowledge to manage their difficulties in dealing with marriage. These modules are Roles and Responsibilities in Marriage, MoneyWise, Adjustments in Marriage and Early Parenting and Marriage in Islam.
- 2. In 2015, all couples that completed the programme reported an increase in knowledge regarding roles and responsibilities in marriage. The couples also indicated that the programme was relevant and helpful, especially the sessions on Roles and Responsibilities in Marriage, MoneyWise, and Building a Stronger Family.
- 3. Participants indicated that content and materials that are used by PPIS are useful, relevant, and create interest in topics covered.



# **COMMUNITY PROGRAMMES** & INITIATIVES PERTAPIS EDUCATION AND WELFARE CENTRE **COMMUNITY LEADERS FORUM**

#### **ORGANISATION & PROFILE**

# PERTAPIS EDUCATION AND WELFARE CENTRE

Institution of Public Character (IPC), MSF Funded & NCSS Full Member VWO, Registered Charity

#### PROJECT TITLE **FUNDING PERIOD**

The Rising Star Project February to September 2015

March to October 2016

#### TARGET GROUP

- Residents from PCWG aged 13 to 19 years old
- Residents from PCH aged 6 to 12 years old

#### **OBJECTIVES**

- To inspire the youths, realise potential and be a catalyst for change
- To discover, understand and develop the innate talents of youths
- To strengthen self-belief and confidence to pursue aspirations in arts and education
- To cultivate the Social & Emotional Learning (SEL) skills and values
- Build foundations leading to future success in their lives

#### TYPE OF PROJECT

The Rising Star Project (TRSP) offers residents of PERTAPIS Centre for Women and Girls (PCWG) and PERTAPIS Children's Home (PCH) a platform to develop talents and aims to nurture Social & Emotional Learning (SEL) skills through experiential learning. Residents participate in aesthetic disciplines through arts-based modules conducted by appointed service provider; Damalee Communications. TRSP also provides skills-elective modules and tuition for residents in PCWG. Series of talent development activities are delivered throughout the programme which culminates with in-house performance.

#### **OUTCOMES**

#### The Rising Star Project 2016 (Reality TV) - PERTAPIS Centre for Women and Girls (PCWG)

Assessment done by facilitators reflects that participants are dedicated to learn and actively participated in all the lessons. TRSP has allowed participants to realise their strength and build self-confidence.

#### Observations of participants' progress during the programme include:

- Displays excellent leadership qualities and the ability to lead a team
- Displays great progress in academic performance
- Acquires basic skills and understanding of the performing arts
- Increased self-esteem and gain confidence through the programme

PERTAPIS has successfully incorporated Social & Emotional Learning (SEL) and met their targets. TRSP has provided participants with important sets of soft skills such as responsible decision making, self-management and relationship management.

MODULE	OUTCOME INDICATORS	TRSP 2015 FINDINGS	TRSP 2016 FINDINGS
Pre-program	-	6-hours of leadership training sessions, program introduction and teambuilding activities.	3-hours leadership training sessions, programme introduction and teambuilding activities.
Module 1: Fundamentals of Filming	Participants able to demonstrate basic skills of capturing moving visuals using DSLR camera and grasp the techniques of emotional expressions on camera.	Participants attended 3 sessions (10-hours) for this module. They are able to capture good quality images with proper framing, focusing and composition.  Feedback shows that 64% strongly agree that they learnt the basics of Filming, 33% agree and the remaining 3% is neutral.	Participants attended a total of 2 sessions (7-hours) for this module. They are able to capture good quality moving visuals and demonstrate knowledge on proper camera functions. Participants show commendable teamwork through team activities i.e. conducting / creating 'reality' interviews on given subject.  According to feedbacks, 41% strongly agree that they learnt the basics of Filming, 55% agree and the remaining 3% is neutral.
Module 2: Storytelling with Celebrities	Participants are able to draft interview questions and conduct interviews.	Participants fulfilled 3.5-hours of the session where at the end of the session are able to conduct interviews with invited celebrities and acquire stories for their video production.  According to feedbacks, 60% strongly agree that they learnt the basics of Storytelling and Interviews, 37% agree and the remaining 3% is neutral.	Participants attended 3.5-hours of the module. At the end of the session, they are able to draft questions and conduct interviews with invited celebrities in acquiring stories for their video production.  Feedbacks show that 57% strongly agree that they learnt the basics of Storytelling and Interviews, 39% agree and the remaining 3% is neutral.

<sup>1</sup> Social and Emotional Learning (SEL) refers to acquisition of skills to recognise and manage emotions, develop care and concern for other, make responsible decisions, establish positive relationships and handle challenging situations effectively.

# PERTAPIS EDUCATION AND WELFARE CENTRE

MODULE	OUTCOME INDICATORS	TRSP 2015 FINDINGS	TRSP 2016 FINDINGS
Module 3: Dikir Barat	Participants are able to acquire the basics of Dikir Barat and perform the art form as a team.	Participants attended 2 sessions (7-hours) of this module and are able to perform their respective roles as lead singers, choral singers and percussionists at the end of the module.  According to feedbacks, 94% strongly agree that they learnt the basics of Dikir Barat while the remaining 7% agree.	Participants attended 7 sessions (20.5-hours) of this module and are able to perform their respective roles as lead singers, choral singers and percussionists at the end of the module.  According to feedbacks, 86% strongly agree that they learnt the basics of Dikir Barat while the remaining 14% agree.
Module 4: Mega Beats	Participants are able to acquire the skills to play Djembe and express their creativity.	Participants fulfilled 3.5-hours of the session and are able to showcase their abilities at playing Djembe by performing synchronised beats within a team.  According to feedbacks, 70% strongly agree that they learnt the basics of playing Djembe, 24% agree and the remaining 5% is neutral.	-
Module 5: Dance	Participants are able to acquire dancing skills.	Participants attended 2 sessions (7-hours) for this module. They are able to showcase their dance skills and choreographed dance items.  According to feedbacks, 78% strongly agree that they have learnt the basics of Dance, 12% agree and the remaining 10% is neutral.	Participants attended 4 sessions (13-hours) for this module. They acquired basic skills in Malay dance and demonstrate creativity in choreographed dance items.  Feedbacks show that 66% strongly agree that they learnt the basics of Dance, 21% agree and 13% is neutral.
Module 6: Dance	Participants are able to acquire dancing skills.	Participants attended 2 sessions (7-hours) for this module. They are able to showcase their dance skills and choreographed dance items.  According to feedbacks, 78% strongly agree that they have learnt the basics of Dance, 12% agree and the remaining 10% is neutral.	Participants attended 4 sessions (13-hours) for this module. They acquired basic skills in Malay dance and demonstrate creativity in choreographed dance items.  Feedbacks show that 66% strongly agree that they learnt the basics of Dance, 21% agree and 13% is neutral.
Module 6: Drama	Participants are able to learn the basics of acting and visual expressions.	Participants fulfilled 2 sessions (7-hours) and are able to master acting and story improvisation skills through Role-play and Story Management. They also managed to show some understanding of character development.  According to feedbacks, 74% strongly agree that they learnt the basics of Drama, 19% agree and 7% is neutral.	Participants fulfilled 1 session (3.5-hours) and are able to master acting and story improvisation skills through Role-play and Story Management. They also learnt to show some understanding of character development.  Feedbacks show that 79% strongly agree that they learnt the basics of Drama, while 21% agree.
Skills-Elective Module 1: Communication Skills	Participants acquire knowledge on effective communication, presentation and interviewing skills.	-	Participants fulfilled 5 sessions (16-hours) and are able to identify their communication style and learnt different Communication Process. They also acquire knowledge on delivering an impactful presentation as well as on preparation for job interview.
Skills-Elective Module 2: Fashion Design	Participants will acquire basic knowledge in fashion design and retailing.	-	Participants fulfilled 5 sessions (15-hours) and gain knowledge and skills in fashion design and were given opportunity to design ladies apparel. At the end, they manage to acquire an original design for a development of prototype.
Skills-Elective Module 3: Entrepreneurship (Online Business)	Participants are able to explore business ideas and build brand story.	_	Participants fulfilled 5 sessions (15-hours) of the module. At the end of the module, participants understood the processes behind business transaction and learnt to develop business ideas.
Stage Performances	The lessons are catered to mentor participants as a team and individually to prepare them for performances.	-	The training process enable participants to further develop their skills for stage performances, build self-esteem, gain confidence and strengthen team work among peers as well as assume responsibilities for their artistic roles.

Participants showcased their talents during the launch of | 98% of participants strongly agreed that they have learnt and Bulan Bahasa 2015 and 2016. TRSP has also provided platform for participants to showcase their talents in local drama and went on for a study trip to MediaCorp Studio. The programme has also received positive and significant media coverage as well as features for their involvement.

In 2015, 66 active participants from PCWG took part in the programme whereas a total of 54 residents participated the following year. Based on participants' evaluation, on average | opportunities.

benefitted from the programme.

As part of after-care initiatives further support to their learning process, dedicated students from TRSP 2016 who are discharged from the centre will receive support on a voluntary basis for a period of 3 to 6 months upon completion of the programme. These supports include talent placement and management, entrepreneurship and part-time employment

#### The Rising Star Project 2016 for PERTAPIS Children's Home (PCH) - Performing Arts

TRSP was extended to residents in PCH in 2016 where series of performing arts modules such as *Dikir Barat* and Malay Dance were conducted. Participants showcased outstanding improvements in their commitments towards acquiring good progress in education and are able to realise their strength.

#### Observations of participants' progress during the programme include:

- Gain confidence through the programme
- Showcases passion and commitment throughout the
- Demonstrates resilience despite facing difficulties in mastering performing arts skills
- Shows great potential to develop into successful talent
- Displays leadership qualities and able to manage team



MODULE	OUTCOME INDICATORS	FINDINGS
<b>Module 1:</b> Fundamentals of <i>Dikir Barat</i>	Participants are able to acquire the basics of <i>Dikir Barat</i> and perform the art form as a team.	Participants are able to perform their respective roles as lead singers, choral singers and percussionists at the end of the module. Participants have built strong relationship and learnt to work together in achieving successful team performances.
Module 2: Fundamentals of Kompang	Participants are able to acquire skills to play <i>kompang</i> and perform as a team.	Participants acquired skills and are able to play the <i>kompang</i> . They learnt the importance of teamwork as well as individual contribution towards attaining performance goals.
Module 3: Fundamentals of Malay Dance	Participants are able to learn the knowledge and basics of Malay traditional dance.	Participants are able to learn the knowledge and basics of Malay traditional dance.

TRSP has provided opportunities for participants to showcase their talents at events such as the Inter Racial Inter Religious Event 2016 in attendance of President Tony Tan as well as at during the launch of Bulan Bahasa 2016.

At the end of the programme, 36 residents from PCH participated in this project and attended all sessions (lessons, study trip and stage performance).

**COMMUNITY LEADERS FORUM** COMMUNITY LEADERS FORUM 111

# PERTAPIS EDUCATION AND WELFARE CENTRE

Registered charitable organization, MSF Funded VWO, NCSS Full Member VWO and is accorded the status of an Institution of Public Character (IPC)

#### **PROJECT TITLE**

Work System Development

#### **FUNDING PERIOD**

June 2014 to October 2015

#### TYPE OF PROJECT

The system consolidates resident, donor, volunteer, student and TAJ recipient profiles under one singular module, while enabling information and communication with different departments with ease.

#### **TARGET GROUP**

150 staffs

#### **OBJECTIVES**

- To aggregate information from different departments onto singular platform to allow efficient data sharing and work communication;
- To allow effective tracking of work progress, event management and fee collection
- To reduce duplicated efforts in managing registrations, applications and accounting submission
- To automate receipt and appeal letter printing and reduce human error in process
- To allow accurate management reporting with consolidated data for better management decisions

#### **OUTCOMES**

The data provided detailed information on the achievements of key Productivity Performance Indicators with regards to the following work areas:

#### A reduction by:

- 50% of time taken by staff to process the fee collection, issuing of receipts and thank you letters
- 60% of time spent on information retrieval
- 40% of time taken for registration of training and new residents at various homes
- 60% of time spent on collation of daily attendance and movement of staff and residents

Training has been conducted for the various departments and staff has been positive in the system's implementation.

Human error is reduced with automated printing of receipts and appeal letter. Resident related matters such as incident logs and leaves/outings are better managed by other staff when the staff in charge is not available. Collating data from different departments for management reporting is more efficient as compared to the previous approach in data crunching.

The system has helped PERTAPIS in multiple areas of work. | Overall, the system allows the organisation to access information at their fingertips and to communicate inter department with ease.

> The Cost-Benefit Analysis also shows quantitative data on significant changes in total time saving in key areas of work including donation, fee collection, claims, staff salary and application. The total staff cost saved per month is \$3,110.37, based on 199 hours of total time saved per month with automation. Therefore the total staff cost saved annually is projected to be \$37,324.44.



# **COMMUNITY PROGRAMMES** & INITIATIVES SINGAPORE MALAY CHAMBER OF COMMERCE AND INDUSTRY (SMCCI) 114 COMMUNITY LEADERS FORUM

#### **ORGANISATION & PROFILE**

# SINGAPORE MALAY CHAMBER OF COMMERCE & INDUSTRY (SMCCI)

Registered under ROC/Accounting and Corporate Regulatory Authority

PROJECT TITLE **OBJECTIVES** 

Protégé Kita To attract and create the interest of young and aspiring entrepreneurs to be part of the Malay/

Muslim business community and to provide a platform for entrepreneurs to tap from their mentors'

vast experience and skill sets

2014 to 2016

**TARGET GROUP** TYPE OF PROJECT

Aspiring Malay/Muslim youth entrepreneurs aged 18-35 years old.

**FUNDING PERIOD** 

Programme has been designed as a competition, with workshops, mentoring sessions, and follow-

up training for all participants.

#### **OUTCOMES**

The competition that was held consisted of the following:

- 1. Business 101 Fast Track Business Boot camp
- 2. Making and Submitting Elevator Pitch Videos
- 3. Meet the Mentor Series
- 4. Final Submission of Business Plans
- 5. Announcement of Top 10 and Why Me Challenge
- 6. Announcement of Top 5 and Investor Pitch
- 7. Announcement of Protégé Kita 2015 Winner and Award Ceremony

CLF was invited to attend the Why Me Challenge and Investor Pitch, where the selected groups presented their business ideas. The teams that presented during the challenges had wide-ranging business ideas – including e-commerce, boutique, marketing, and investments. They were judged by the panel based on their Elevator Pitches, Business Plans and Attendance. The mentors that the participants were matched with were established businessmen and women, including Anis Mohamed (Creative Director, PictureMatters), Rita Zahara (CEO, RETA Transmedia), Haji Ayoob (CEO, Shahidah Group of Companies), and Najip Ali (Creative Director, Dua M Pte Ltd).

Deliverables	Achievements	Comments & Remarks
To achieve 30 teams for the project	41 teams signed up for the program, 55 participants.	Achieved.
Teams to attend Business 101 course	The teams attended the Business 101 Bootcamp and submitted their business plans to be evaluated. Activities included discussions and mini presentations.	Achieved.
5 teams to be recommended seed funding of \$5,000 each based on their progress in the competition	5 teams were judged based on their business plans, pitches and attendance and were recommended for seed funding.	Achieved.
Teams to be trained under Client Assistance Management System (CAMS)	SMCCI is currently running this phase of the program, where participants are engaged by business advisors to nurture their ideas, and assist them in Business Needs Analysis and Business Milestones.	Achieved.

# SINGAPORE MALAY CHAMBER OF COMMERCE & INDUSTRY (SMCCI)

The final phase of the programme focuses on a business nurturing programme known as Client Assistance Management System (CAMS) for a period of at least 6 months.

#### **CAMS** consists of:

- **1.** Being Assigned to Business Advisor Each team will be assigned to a Business Advisor from SME Centre@SMCCI at this phase. The Business Advisor will be assisting the team with business-related matters and addressing the teams' concerns and challenges.
- **2.** Business Needs Analysis Business advisors will be spending time with the teams to do a business health check. They will also discuss and review the business plans that were submitted, at the same time doing a Business Needs Analysis.
- 3. Business Milestones After the Business Needs Analysis is done, the advisor will prepare a report as well as their recommendations for the business. They will discuss with the teams, and agree on the business milestones or the next 6-9 months, which they will need to implement or launch. Based on the Business Needs Analysis, the Business Advisors recommended workshops for the participants to attend, scheduled over a period of 6 months. Topics include Financial Management, Intellectual Property Talk, and Presentation Skills.
- **4.** Mastermind Sessions were also conducted which were an initiative between the programme coach and the top 5 Protégé Kita winners who subsequently became Ambassadors for the programme, which consisted of monthly support groups for the aspiring entrepreneurs.





# THE MALAY HERITAGE FOUNDATION

Institution of Public Character (IPC) and Registered Charity

#### PROJECT TITLE

Internship Programme for Creative Industries

#### **FUNDING PERIOD**

August 2016 to August 2017

#### TARGET GROUP

5 Students from National University of Singapore (NUS) and 10 Republic Polytechnic

#### **OBJECTIVES**

- To provide a platform to deepen technical and soft skills through meaningful work assignments and exposure to real-work environment and evolving needs of the creative industries sector
- To nurture skills which are valued by the corporate world such as goal setting, flexible thinking, tolerance, cooperation and teamwork, creative problem solving, self-confidence and motivation
- To develop the community's capacity, knowledge and relevant competencies in gathering, creating, producing, and curating stories on Malay heritage

#### TYPE OF PROJECT

An initiative by The Malay Heritage Foundation (MHF) to build capability and capacity of the arts and heritage sector, the programme offers a customised internship programme for students from Institutes of Higher Learning (IHLs) in Online Publishing and Journalism, Video Production and Transmedia Storytelling.

#### **OUTCOMES**

The programme intends to equip students with skills for the creative industries such as writers, journalist, documentary film-makers, directors and professionals versed in multiplatform delivery. Students are expected to produce online video documentaries which will be published on MHF's heritage portal.

Under the Online Journalism and Multimedia Publishing module, students produced articles on aspects of Malay culture and/or heritage. Following that, the second module provides students with skills on Video Production and Transmedia.

The programme strives to provide a platform to deepen technical and soft skills through meaningful work assignments and exposure to the real-work environment and evolving needs of the creative industries sector. It also aims to nurture skills which are valued by the corporate world such as goal setting, flexible thinking, tolerance, cooperation

and teamwork, creative problem solving, self-confidence and motivation.

The programme commenced in 2012 and has since partnered with IHLs such as National University of Singapore (NUS) and Republic Polytechnic (RP). Interviews with potential candidates and assessments of aptitude and suitability were conducted beforehand to ensure that there is a good match between students and the programme. Academic grades, CCA involvement and socio-economic background were also taken into consideration as part of selection process.

This programme helps to enhance students' awareness and appreciation of the Malay heritage. The programme outcomes are captured through students' reflection journals and testimonials during their internship experience. With proper procedures in place from pre-programme to the running of the programme, CLF Secretariat is confident that MHF is able to deliver programme objectives.



# UNITED INDIAN MUSLIM ASSOCIATION (UIMA)

NCSS Associate Member VWO

#### **PROJECT TITLE**

CRM/Accounting/Payroll Proposal System Consultancy and Development

#### **FUNDING PERIOD**

February to September 2015 March to October 2016

#### **OBJECTIVES**

- Streamline, track, and manage internal processes
- Achieve higher productivity among staff through replacing manual tracking of data with the system and reducing administrative tasks

#### TARGET GROUP

Staff at UIMA

#### TYPE OF PROJECT

A Systems Development project that improves UIMA's Little Dolphins Playskools in its processes with regards to payroll, accounts, procurement, resources, courses and classes, and student management.

#### **OUTCOMES**

1. Reductions in operating and administrative costs.

Data shows that preparation of documents such as school fees and payment vouchers, generating giro collection and payment can be performed within 10 minutes. Status updates for each child is completed through one upload function and this removed the double entry process, and weekly, monthly and annual reports can be generated automatically. There were 20% reductions in operating and administrative costs. There was 15% improvement in time-spent on internal processes.

2. Streamlining Data and Workflow where the process in updating students' information for is more effective as CRM is able to import the details template.

Easy access to information for management level staff and all receipts and payment vouchers are electronically track-able

3. Improving business insights and decision making.

Management level staff is able to view transactions in real time and transaction reports can be generated immediately when needed.

# UNITED INDIAN MUSLIM ASSOCIATION (UIMA)

Registered Charity, NCSS Associate Member VWO

#### **PROJECT TITLE**

Work Safety Health (WSH)
Act Productivity Training Program

#### **FUNDING PERIOD**

March 2015

#### **OBJECTIVES**

- To establish a safety culture
- To help promote safety procedures while on the job
- For new employees to be properly trained and embraces the importance of workplace safety

#### TARGET GROUP

Staff at UIMA

#### TYPE OF PROJECT

The training programme is designed to enable staff to gain knowledge, practical skills, tools and understanding of legal requirements for conducting risk assessments. WSH is an effective training programme will reduce health and safety hazards at workplace.

#### **OUTCOMES**

In line with the Workplace Safety & Health Act framework to establish a safety culture and promote safety procedures within the workplace, UIMA embarked on a Productivity Training Program conducted by Bespoke Advisory for their staff.

UIMA followed up with the findings from Training Need Analysis (TNA), taking on board some of the recommendations from the training needs assessment.

UIMA acknowledged the importance to equip staff in improving the effectiveness of operational support and systems change.

CLF Secretariat is supportive of this programme as UIMA understood the importance to train staff in work safety. This will help to reduce potential injuries and deaths, property damage, legal liability, illnesses, workers' compensation claims, and missed time from work.

#### The training has enabled staff to:

- Gain the knowledge, practical skills, tools and understanding of legal requirements for conducting risk assessments
- Understand risk assessment methodology and guidelines
- Enhance risk management by developing the skills for effective risk evaluation, control and communication
- Comply with the Workplace Safety and Health (Risk Management) Regulations
- Identify and assess the occupational safety and health risks at the workplace
- Recommend and initiate control measures, keep proper records and compile risk register 🧼







#### **CONSOLIDATED REPORTS**

# **CAREER RISING**

#### **FUNDING PERIOD**

1 October 2013 to 30 September 2015

#### **OBJECTIVES**

#### The programme, initiated in 2013 aims to;

- Identify workers in the workforce who have the potential for Professional, Managerial, Executive (PME) jobs
- Prepare workers to take on PME jobs through skills training and career mentoring
- Provide support to workers during the transition to PME jobs though case work, mentorship and financial assistance.

#### **METHODOLOGY**

- Minimum 2 hours for one-to-one mentoring sessions
- 5 Mentees briefing sessions
- 6 professional development training sessions

#### **MEASUREMENT TOOLS**

#### **PARTNERS**

- Feedback
- Mendaki SENSE
- Attendance ListJob Placement
- Temasek Cares

#### OUTREACH

109 Workers

# TARGET GROUP

- Malay/Muslim workers from low-income families
- Families with per-capita income of \$850 and below
- Identified by their employers to have the potential to take on Professionals, Manager, Executives positions

#### **OUTCOMES**

- 1. The topics of the workshops conducted were identified as soft skills that are able to aspire PMEs to progress in their career.
- **2.** 109 participants indicated that they have greatly benefitted the workshops with the additional coaching sessions participants are more confident in themselves.
- **3.** 94% of the participants felt the skills presented in the *Project and Time Management* workshop are useful in their jobs.
- **4.** There are 100% attendance and completion of the *Functional Skills Training* course and 2 mentees were identified to further their studies.
- **5.** 80% of these participants are able to stay on the job for at least 1 year indicating that Malay/Muslim workers are able to advance in their career and take on PME jobs

# **COMMUNITY TUITION SUBSIDY (COTS) SCHEME**

#### **PARTNERS**

- Bukit Batok Community Club MAEC (BBCC)
- Darul Ihsan (DI)
- PERTAPIS Children's Home (PCH)
- PERTAPIS Centre for Women and Girls (PCWG)
- Progress Class Society (PCS)
- >> Bukit Batok East CC PCS (BBEPC)
- >> Marsiling PCS (MPC)
- Muhammadiyah Welfare Home (MWH)

#### **FUNDING PERIOD**

2015, 2016

#### **OBJECTIVES**

- Provide academic assistance to more Malay/Muslim students from less privileged backgrounds
- Defray cost for partners in conducting quality tutoring sessions

#### TARGET GROUP

Malay/Muslim students at primary and secondary level.

#### TYPE OF PROJECT

This collaborative funding between CLF and Yayasan MENDAKI's Education Department allows partners under CoTS to receive additional funding for their tuition programme which targets students in both primary and secondary level. Under the scheme, partners will receive in the amount of \$40.00 per student per month and matching grant from CLF.

#### **MEASUREMENT TOOLS**

In assessing programme effectiveness, evaluation tools include

- Monthly Attendance
- Performance analysis of students' performance in school examinations
- Parents and students' feedback

# **OUTCOMES**

COMMUNITY TUITION SUBSIDY (CoTS) 2015  BUKIT BATOK COMMUNITY CLUB	
ATTENDANCE RATE	62%
EVALUATION	Tuition programme has benefitted students and assisted them to attain some level of improvement in their studies. An increase in pass rate across all subjects can be observed amongst students in the programme.
FEEDBACK	Most students generally rate their mentors as 'best' and 'friendly'. Students also find the class size of 2 mentors to 5 students comfortable. Parents and students are happy that the mentors do the 'extra mile' by playing 5 different roles towards effective mentoring.
DARIII IHSAN	

DARUL IHSAN	
NO. OF STUDENTS	23
ATTENDANCE RATE	98%
EVALUATION	Students achieved pass rate increase in English and Science.

PERTAPIS CHILDREN'S HOME (PCH)	
NO. OF STUDENTS	33
ATTENDANCE RATE	98%
EVALUATION	A number of residents who have shown significant improvements have been observed to have a more positive attitude towards learning. It is therefore necessary to continue to motivate and support them in their journey towards improved academics achievement.
	PCH stepped up their effort by instructing tutors to allocate more time to better assist the residents in improving fundamentals and understanding Mathematical concepts. Focus would also be given to ensure the residents improve their English language as well as Science.

PERTAPIS CENTRE FOR WOMEN AND GIRLS (PCWG)	
NO. OF STUDENTS	28
ATTENDANCE RATE	90%
EVALUATION	Analysis of exam results shows that there is a pass rate increase of 35% in English and 5% in Math from Mid-year to End-year Examinations.

PROGRESS CLASS SOCIETY	
NO. OF STUDENTS	78
ATTENDANCE RATE	92%
EVALUATION	Regular attendance in the programme and effective teaching method ensured a good achievement of results across all subjects.
FEEDBACK	Survey response conducted among parents showed that they are satisfied with the overall tuition programme.

MUHAMMADIYAH WELFARE HOME	
NO. OF STUDENTS	30
MEAN MONTHLY ENROLMENT	32.7
EVALUATION	The tuition programme benefitted residents and facilitate improvement in their studies. A high percentage of students who sat for national examinations i.e. PSLE and N Level have advanced into post-primary and secondary education.

COMMUNITY TUITION	COMMUNITY TUITION SUBSIDY (CoTS) 2016	
	BUKIT BATOK COMMUNITY CLUB	
NO. OF STUDENTS	66	
ATTENDANCE RATE	67%	
EVALUATION	Improvement in academic passes from mid-year to end-year examinations at both primary and secondary levels can be observed across all subjects. The programme has also received positive feedback from parents and students. Moving forward, BBCC will work to improve programme structure to enhance the effectiveness of the tuition programme.	

DARUL IHSAN	
NO. OF STUDENTS	18
ATTENDANCE RATE	100%
EVALUATION	While the Primary school students are registered into MTS, Secondary level students continue attending the in-house tuition. Students attained good passes in both subjects and saw an encouraging increase in English pass rate. Students' feedback indicated confidence in the tuition programme and the positive notion in the programme scheduling and methodology.

MUHAMMADIYAH WELFARE HOME	
NO. OF STUDENTS	43
ATTENDANCE RATE	99.6%
EVALUATION	English maintains high pass rate and remains as the strongest subject. Progress of academic results is encouraging and residents displayed improvements in studies in spite of long absenteeism from school prior to admission into the Home. In line with programme objective, the tuition has helped to increase students' motivation in their studies. Similarly, feedbacks received from participating residents are generally positive. Owing to residents' past challenging academic history e.g. literacy problem, the residents will continue to need support for their educational progress.

#### PERTAPIS CHILDREN'S HOME (PCH) NO. OF STUDENTS 28 ATTENDANCE RATE 93.8% **EVALUATION** The increase in passes rates from mid-year to PSLE (P6) is the most significant; from 14% to 60% in English, 0% to 20% in Math

and 13% to 20% in Science. Feedbacks show that most students rated the tutors as "satisfactory" and "good".

	PERTAPIS CENTRE FOR WOMEN AND GIRLS (PCWG)	
NO. OF STUDENTS	19	
ATTENDANCE RATE	90.3%	
EVALUATION	At end-year, a number of students showed significant academic improvements while those who showed none have been observed to have displayed positive attitude towards their studies. To ensure programme effectiveness, PCWG holds monthly sharing sessions with all related parties such as tutors, students, officers-on-duty and Case Managers to review the tuition programme. In the midyear report to help improve passes rate for Math, PCWG aims to increase tuition classes to twice a week, and to conduct extra tuition classes during the November and December holidays to prepare their students for the upcoming year.	

	PROGRESS CLASS SOCIETY (BUKIT BATOK EAST CC)	
NO. OF STUDENTS	87	
ATTENDANCE RATE	93%	
EVALUATION	Progress Class Society continues to conduct tuition classes for students in English and Math. The classes would especially benefit Primary 6 students in preparing them for PSLE. Increase in passes rates from mid-year examination to PSLE is most significant; from 56% to 88% in English, 38% to 50% in Math. Feedback from students and parents are generally positive as they look forward to continue the programme.	

PROGRESS CLASS SOCIETY (MARSILING CC)	
NO. OF STUDENTS	69
ATTENDANCE RATE	91.3%
EVALUATION	Increase in passes rates from mid-year examination to PSLE is most significant in P6; from 67% to 75% in English, 33% to 83% in Math. Feedback from students and parents are generally positive and they are keen to continue attending the tuition. Moving forward, Progress Class Society will continue their endeavours to help improve pass rate for students in the programme.

#### CONSOLIDATED REPORTS

# **CORE PARENTING SKILLS**

#### **EVALUATION PERIOD**

January to December 2015 January to June 2016

#### **TARGET GROUP**

- Families with PCI \$450 and below
- ETF recipients

#### **MEASUREMENT TOOLS**

- Attendance Lists
- Feedback forms

#### **METHODOLOGY**

#### Program Bijak Belanja:

- 1 Core
- 7 Electives
- » Lifestyle
- » Home Ownership
- » Credit & Debt Management
- » Time is Money
- » Insurance & You
- » Planning your CPF
- » SCAM

#### **OBJECTIVES**

The programme, introduced in 2008 aims to equip parents with the necessary parenting skills so that they would be more effective primary school educators in developing their children holistically. In order for them to realise the aim of the programme, the following initiatives were adopted:

- Program Bijak Belanja (Financial Literacy Programme) To help participants appreciate and practice the value of thrift, understand the importance of managing finances, differentiating between needs and wants and living within means
- Strengthening Families Series To provide parents with the necessary skills in becoming effective parents and leaders of their household

#### **Strengthening Family Series:**

- 1 Core
- » Setting Family Goals & Boundaries
- » Physical, Emotional & Spiritual Wellness
- » Understanding Life Stages of an Individual: From Birth to Adulthood

#### 2 Electives

- » Understanding My Pre-Teenager
- » Understanding My Teenager

- Al-Amin Mosque
- Al-Istigamah Mosque
- Bukit Batok CC
- Canberra CC
- Progress Class Society

- **2015**: 3,118 participants

### **OUTCOMES**

- A total of 84 runs were conducted for the year of 2015, and 35 runs between January to June 2016
- These include sessions organized by the parts and those organised for parents of ETF recipients
- In 2015, 97% rated the seminar as meeting or exceeding their expectations, while in 2016, the percentage improved to 99%
- On both years, 97% of the participants rated the seminars as good or excellent overall, with at least 99% rating the seminar topics as useful 🍩

**PARTNERS** 

#### OUTREACH

**2016:** 1,404 participants

#### **EMPLOYABILITY GUIDE**

#### **OBJECTIVES**

To produce a guide that provides information on the various training and employment programmes available at SENSE.

#### **MEASUREMENT TOOLS**

- Number of activities
- Number of participants

#### **FUNDING PERIOD**

2014 to 2016

#### TARGET GROUP

- Jobseekers
- Workers

#### **OUTCOMES**

The quide contains information on the various training subsidies by the Singapore Workforce Development Agency or WDA (now known as SkillsFuture Singapore or SSG, and Workforce Singapore or WSG) to facilitate and encourage workers and jobseekers to pursue skills upgrading. SENSE also value-add by partnering with Approved Training Organisations (ATOs) and Continuing Education and Training (CET) centres to bring forward the highly subsidised training programmes to the community through publicising these courses and the training subsidies in the Employability Guide. The table below depicts the number of outreach platforms conducted by SENSE over the years, and the Employability Guide is one of the staple information guide given out at these platforms to the participants.

DESCRIPTION	TYPE OF MEASUREMENT	2016	2015	2014	2013
Outreach Fairs, Career Coaching Roadshows, Career Talks, etc	Number of Activities	358	296	292	316
	Number of Participants	31,234	17,111	26,762	34,500

#### OUTREACH

Number of Participants	2016	2015	2014	2013
Number of Participants	31,234	17,111	26,762	34,500

#### CONCLUSION

The Employability Guide is available at SENSE's various outreach platforms throughout the year. Apart from these platforms, resource guides was also distributed to various partners and community touchpoints such as the Community Development Councils (CDCs). With the significant outreach, the guide has provided and benefitted the community with available training and employment programmes. Mendaki SENSE will continuously update the guide with relevant information on the available skills upgrading opportunities and employability programmes.

**PROVIDER** Mendaki SENSE

#### CONSOLIDATED REPORTS

# **FAMILY EXCELLENCE CIRCLES**

#### **PARTNERS**

- ACE The Place Community Club Malay Activity Executive Committee (MAEC)
- Aflaag Stars Educational & Cultural Society
- ADAM Association
- AIN Society
- Assyakirin Mosque
- Boon Lay Community Centre Malay Activity Executive Committee (MAEC)
- HIRA Society
- Just Parenting Association
- Malay Youth Literary Association (4PM)
- Muhaiirin Mosque
- Muhammadiyah Welfare Home (MWH)
- Muslim Kidney Action Association (MKAC)
- Marsiling Community Club Malay Activity Executive Committee (MAEC)
- Muslim Welfare Association
- Persatuan Ulama dan Guru-Guru Agama Islam Singapura (PERGAS)
- Progress Class Society
- Singapore Kadayanallur Muslim League (SKML)
- Singapore Tenkasi Muslim Welfare Society
- The Arabs' Association (Alwehdah)
- United Indian Muslim Association (UIMA)

#### **FUNDING PERIOD**

#### TARGET GROUP

2014 to 2016

Malay/Muslim parents with school-going children from low-income background

#### **OBJECTIVES**

#### To create:

- A platform for parents to embrace the concept of learning families and share their experiences and knowledge with other members within their group.
- An avenue for parents to gain access to resources and materials relevant for their family's development and well-being with a special focus on the children's academic performance and overall development.
- A platform to forge relationships and build strong resilient families.

#### TYPE OF PROJECT

Family Excellence Circles (FEC) serves as a platform for parents to embrace the concept of learning families. It is a form of social support network for parents to interact and connect with other parents. FEC also provides an avenue for them to gain access to resources and materials relevant for their family's development and well-being in children's academic performance.

#### MEASUREMENT TOOLS

- Attendance List
- Progress Reports
- Observations
- Surveys

- Focus Group Discussions (FGDs)
  - Feedback sessions with Group Leaders

#### **OUTCOMES**

#### FEC partner is to achieve the following annually:

- 6 Group Support Sessions (GSS)
- 4 Learning Journeys (LJ) and;
- 2 Bonding Sessions (BS)

# **FAMILY EXCELLENCE CIRCLES**

## Family Excellence Circles (FEC) 2016

PARTNER	NO. OF FEC GROUPS	EVALUATION	KEY FINDING(S) AND OBSERVATION(S)
ACE The Place CC MAEC	1	<ul> <li>Members are able to share best practices among groups</li> <li>Members gained access to resources and materials for family's development and children's academic performance</li> <li>Activities allow members to strengthen bonds within family</li> </ul>	Partner has enabled members to participate in activities which instil positive attitudes within families and equip them with relevant knowledge and skills.
Aflaaq Stars Educational & Cultural Society	1	<ul> <li>Activities allow members to strengthen family bonds</li> <li>Members gained access to resources and materials for family's development</li> </ul>	Activities conducted allow members to forge relationships within families and group members.
AIN Society	4	<ul> <li>Members are able to share experiences among group members</li> <li>Activities allow members to strengthen bonds within family</li> </ul>	Activities allow members to participate in many sharing sessions which inculcate positive attitudes within families and equip them with relevant skills.
Boon Lay CC MAEC	2	<ul> <li>Members shared best practices and experiences</li> <li>Members gained access to resources and materials for family's development</li> <li>Members acquired valuable skills</li> </ul>	Activities allow parents to learn new teaching methods to facilitate their children academic excellence. Families also participated in Tiga M where the pedagogy and affordances in this programme enables parent to teach and learn Math using manipulatives well and parents are confident in teaching their children. Hence, this escalates confidence in both parent and child. The activities have also improved them to socially to be employed in the job market after certain courses conducted and social engagement done during period under FEC.
Just Parenting Association	2	Members gained access to resources and materials for family's development	Activities enable parents to be equipped with necessary skills through GSS and LJs such as good parenting, financial literacy/planning. It also provided opportunities for family members to bond.
Muhammadiyah Welfare Home (MWH)	1	<ul> <li>Members gained access to resources and materials for family's development and academic performance</li> <li>Members are able to share best practices among groups</li> <li>Activities allow members to strengthen bonds within family</li> </ul>	All activities conducted are highly relevant to members. It provided opportunity for them to gain important knowledge and skills to improve their families' circumstances. Topics covered include effective communication, parenting and building a cohesive family.
Muslim Kidney Action Association (MKAC)	4	<ul> <li>Members gained access to resources and materials for family's development and academic performance</li> <li>Members able to share best practices among group</li> <li>Activities allow members to forge relationships within their families</li> </ul>	Sessions provided members with platforms to share best practices, seek advice and attain useful knowledge.
Progress Class Society	4	<ul> <li>Members gained access to resources and materials for family's development</li> <li>Members acquired valuable skills</li> </ul>	Activities cover wide-ranging areas i.e. financial literacy, health and education. These activities would facilitate in the further development of the families.
Singapore Kadayanallur Muslim League (SKML)	5	<ul> <li>Members gained access to resources and materials for family's development</li> <li>Activities allow members to strengthen family bonds</li> </ul>	Most of the activities seek to foster better relationships within members and their families. It also provided personal development opportunities for the members.

# Family Excellence Circles (FEC) 2016

PARTNER	NO. OF FEC GROUPS	EVALUATION	KEY FINDING(S) AND OBSERVATION(S)
Singapore Tenkasi Welfare Muslim Society	3	<ul> <li>Members are able to share best practices among groups</li> <li>Members gained access to resources and materials for family's development and academic performance</li> <li>Activities allow members to strengthen bonds within family</li> </ul>	Members participated in activities which inculcate positive attitudes within families and equip them with relevant knowledge.  Activities allow parents to learn new teaching methods to facilitate their children academic excellence. Members are able to gain access to resources for their family development such as sharing session on Educational Talk and Career Development.  All activities conducted are highly relevant to members. It provides opportunity for them to gain important knowledge and skills to improve their families' circumstances.
The Arabs' Association (Alwehdah)	2	<ul> <li>Members are able to share best practices and experiences among groups</li> <li>Members gained access to resources and materials for family's development and academic performance</li> <li>Activities allow members to strengthen bonds within family</li> </ul>	The activities allow interaction and sharing among members. Key topics covered include ways to improve parent and child communication.
United Indian Muslim Association (UIMA)	12	<ul> <li>Members gained access to resources and materials for family's development</li> <li>Activities allow members to strengthen family bonds</li> </ul>	Parents and children's active participation helped improve relationships among families. It also provided opportunities for members to nurture good values, confidence and moral among their children.

83% of partners achieved the target attendance rate for every activity in 2016. Generally, the activities conducted are in line with the concept of learning families. Reports show that there was active participation from parents and their children in the activities. Activities enabled members to connect with other parents and learn new skills. All partners have provided platforms for the members to gain access to resources that are highly relevant to their overall family development.

# Family Excellence Circles (FEC) 2015

The year 2015 marks a new milestone as FEC celebrates its 10th | As part of data collection process, six FGDs and case studies year anniversary. The FEC Commemorative Book was launched the same year to capture stories shared by FEC members on their journey in the programme and how it has benefitted their families. In total, 15 partners rolled out FEC activities with a total record of 39 groups. CLF and Yayasan MENDAKI both outreached to 779 members.

The same year, a study titled "Empowering Low-Income Malay Families Through Family Excellence Circles (FEC)" was conducted by Dr Mathew Mathews and Ms Cynthia Chan. The study was meant to:

- Identify features of FEC which are important for family
- Identify features among resilient-low income Malay families and how this is fostered by FEC

were facilitated with FEC members. Results from the discussions revealed:

#### 1. Social Capital Gains

The structure of FEC provided opportunities for parents to acquire emotional, social and resource support which directly;

- Reduces social isolation
- Increases social support and friendships
- Receives informational support
- Enable mobilisation of resources within groups

#### 2. Parenting Gains

As a result of their involvement in FEC, members were able to:

- Learn better parenting techniques
- Exposed to collaborative approaches in managing children's issues

COMMUNITY LEADERS FORUM

# **FAMILY EXCELLENCE CIRCLES**

#### 3. Child Development and Youth Empowerment

FEC also impacted the children and youths as it:

- Provides positive social support and bonds for children
- Provides platform for youths to develop leadership skills
- Provides platform for youths to discuss issues in a positive environment

#### 4. Motivation and Self Development

FEC were holistic in their approach and motivate members to pursue greater personal development:

- Provides an environment to support individual progress through learning
- Provides an environment to support individual independence

Similarly, six case studies were done to understand how low-income families overcome and remain steadfast amidst the challenges they faced. Analysis of the case studies showed that these FEC families;

- Place emphasis on good communication
- Possess a belief systems where family members encourage each other to remain optimistic despite the adversity
- Family organisational patterns that underline collaboration in mobilisation of economic and social resources

In view of the recommendations from CLF 2013 report in areas of 1) succession planning; 2) structured training; 3) sharing of best practices amongst FEC groups, the following have been implemented:

- A sharing session with new partners was held on 28
   February 2015 with an aim to share best practices of mature partners in managing FEC groups
- A total of 24 participants consisting of coordinators, group leaders and assistant leaders from new FEC partners attended the session
- Mr Haja Maideen Kalandar Mastan, CEO of United Indian Muslim Association (UIMA) and Mdm Aishah Ahmad Alkaff, FEC Coordinator of The Arabs' Association (Alwehdah) shared their experiences in managing FEC groups
- 12 new FEC leaders and co-leaders attended the Facilitator's Training conducted on 19 Sept 2015
- 37 FEC leaders and co-leaders attended a Family Violence Training on 26 Sept 2015. The session was a collaboration with the Rehabilitation and Protection Group from Ministry of Social and Family Development (MSF)

# Family Excellence Circles (FEC) 2014

In 2014, there were 15 partners and 39 groups with a total of 534 members. A quick poll was conducted and questions were focused on 2 main areas:

#### 1. How has FEC benefitted the families; and

#### 2. Suggestions for improvements

#### Results indicated that:

- 81% respondents agreed that FEC helps improved communication among families members;
- 78% agreed that they have learnt to overcome difficulties through FEC activities; and
- 76% agreed that FEC activities have forged closer bonds within respective families.

A research study on FEC was conducted as part of content development for FEC Commemorative Book. In summary, the study found that FEC have excelled in assisting members to overcome social isolation and achieve resource mobilisation. Nevertheless, there are areas where FEC could improve:

- Training platforms to facilitate succession planning should be initiated and promoted to ensure sustainability
- Provide more opportunities for group members to maximise their time spent together
- FEC groups should help members to understand the potential gains they can realise
- Incorporate more activities targeted at younger FEC members



#### **CONSOLIDATED REPORTS**

# MAJU MINDA MATEMATIKA (PROGRESSIVE MATHEMATICAL MINDS)

#### **FUNDING PERIOD**

- January to December 2014
- January to December 2015
- January to August 2016

#### **TARGET GROUP**

- Low income Malay/Muslim families with preschooling children (4-6 years old)
- Household income below \$1800 nett or PCI \$450 nett

#### **OBJECTIVES**

A parent-child programme based on the Mediated Learning Experience (MLE) model, Maju Minda Matematika or more commonly known as Tiga M aims to:

- To increase parents' knowledge and understanding in the development of basic mathematical concepts
- To increase parents' confidence and skills in engaging their children in home-based activities
- To empower parents to create conducive learning environment at home for the development of children's Mathematical skills

#### **MEASUREMENT TOOLS**

- Attendance list
- Pre / Post Perception Survey
- Phone calls

- Expression drawing
- Mediation checklist / Session 2 6

#### **PARTNERS**

			2014		
1. MOSQUES		<b>2. CC</b> s	3. PCF	4. MMOs	5. SCHOOL
<ul><li>Al Ansar</li><li>Al-Istighfar</li><li>Hasanah</li><li>Darul Ghufran</li></ul>	<ul><li>An-Nahdhah</li><li>Assyakirin</li><li>Ar-Raudhah</li><li>Kampong Siglap</li></ul>	<ul><li>Hougang</li><li>Bukit Batok Central</li><li>Henderson</li></ul>	<ul><li>Admiralty</li><li>Woodlands</li><li>Bukit Batok</li><li>Sembawang</li><li>Woodgrove</li><li>Marsiling</li></ul>	Progress Class Society	<ul><li>MacPherson Primary School</li></ul>
			2015		
<ul><li>Al Ansar</li><li>Ar-Raudhah</li><li>Assyakirin</li><li>Hasanah</li></ul>	<ul><li>Darul Ghufran</li><li>An-Nadhah</li><li>Kampong Siglap</li><li>Mujahidin</li></ul>	<ul><li>Hougang</li><li>Bukit Batok Central</li><li>Henderson</li><li>Nee Soon</li><li>Ayer Rajah</li><li>Rivervale</li></ul>	<ul><li>Admiralty</li><li>Woodlands</li><li>Marsiling</li><li>Woodgrove</li><li>Zulfa Kindergarten</li></ul>	_	-
			2016		
<ul><li>Al Ansar</li><li>Ar-Raudhah</li><li>Assyakirin</li><li>Hasanah</li></ul>	<ul><li>Darul Ghufran</li><li>An-Nadhah</li><li>Mujahidin</li></ul>	Bukit Batok Boon Lay	<ul> <li>Admiralty</li> <li>Woodlands</li> <li>Zulfa Kindergarten (CCK)</li> <li>Zulfa Kindergarten (Jurong)</li> <li>Al Nasry Kindergarten (Tampines)</li> <li>Al Nasry Kindergarten (Jurong)</li> </ul>	_	_

#### **KEY INDICATORS**

- 1. To reach out to 480 parents and 480 children in 2015, and 435 parents and 435 children in 2016.
- **2.** To ensure that 100% of children enjoyed the programme
- **3.** To bring about a positive shift, in 75% of parents' perception on factors contributing to a child's Math performance
- 4. To enable 75% of parents demonstrate the ability to use Mediated Learning Experience (MLE) during parent-child activities
- **5.** To ensure that 75% of students do not enter Learning Support Programme (LSP) in Primary 1.

#### **OUTCOMES**

- **1.1.1** The programme benefitted 494 parents and 456 children in 2014, 424 parents and 381 children in 2015 and, between Jan August 2016; 185 parents and 148 children.
- **2.1.1** Throughout the 3 years, all the children drew a 'happy face', to indicate that they enjoyed the programme thoroughly. The facilitator observed that the participants were more responsive and confident in their learning as the session progresses.
- **3.1.1** The proportion of parents who expressed their confidence in assisting their child in the learning of Math improved by 18% (YM run) and 30% (Partner run) in 2014, 11% in 2015 and 13% in 2016, upon completion of the programme.
- **3.1.2** The proportion of parents who indicated that they are able to leverage on readily-available resources in the home to teach Math improved by 13% (YM run) and 36% (Partner run) in 2014, 19% in 2015. No data available for year 2016.
- **3.1.3** The percentage of parents who acknowledge their role as parents as one of the most important factors in learning of Math increased from 80% (pre-test) to 92% (post-test) for YM and partner run in 2014, 89% to 92% in 2015 and 81% to 90% in 2016.
- **3.1.4** The percentage of parents who recognise the importance of early exposure to Math to excel in the subject remain stagnant in 2014, but increased from 82%(pre-test) to 87%(post-test) in 2015 and 80% to 84% in 2016.
- **4.1.1** Upon completion of programme, parents showed an improvement in all mediation elements.
- **4.1.2** In 2014, the percentage of children who listens to and responds to his/her parent improved from 90% (before

- intervention), to 100% (upon completion of intervention) and continues to stay at 100% (after 6 months of completion of intervention) and in 2015 the percentage of children who listens to and responds to his/her parent before intervention, after intervention and 6 months upon completion is 100%, to indicate that the parents were able to demonstrate their ability in all mediation elements and to use them effectively. No data available for year 2016.
- **4.1.3** In 2014, the percentage of parents who expressed their ability to use concrete pictorial abstract approach improved from 10% (before intervention), to 60% (upon completion of intervention) and continues to improve to 80% (after 6 months of completion of intervention) and in 2015, the percentage improved from 33% to 50% and continues to improve to 83%. Due to video not completed for analysis, no data available for year 2016.

#### NOTE:

the ability to use MLE is measured by the following 5 elements:

- i. Intentionality & Reciprocity
- ii. Meaning
- iii. Transcendence
- iv. Competence
- v. Self-Regulation & Control of behaviour
- **5.1.1** In 2014 and 2015, 94% and 81% of participants are not in LSP respectively when they enter primary 1, as indicated by their parents. Analysis for 2016 cannot be done as parents are unable to determine if their child are required to join LSP.

#### CONSOLIDATED REPORTS

# MAJU MINDA MATEMATIKA (PROGRESSIVE MATHEMATICAL MINDS)

# OUTREACH

■ January – December 2014

YM run: 103 Parents, 101 Children Partner run: 391 Parents 355 Children

■ January – December 2015

Partner run: 424 (parents), 381 (Children)

■ January – August 2016

Partner run: 185 (parents), 148 (Children)

Tiga M has proven its effectiveness with the positive shifts in perception and outcomes that are successfully achieved over the years. The programme has been successfully implemented and continuously receiving support within and beyond the Malay/ Muslim organisations. From the data, knowledge that was transferred was able to sustain beyond the completion of the programme. Parents are able to display high level of involvement together subsequently improve their child's learning experience.

#### CONSOLIDATED REPORTS

# **SPARK - SUCCESSFUL PARENTS & RESILIENT KIDS**

#### **FUNDING PERIOD**

#### **OBJECTIVES**

April 2014 to March 2015

■ To help 100 single-parent families rebuild their lives through helping them to be independent and effective parents.

TARGET GROUP

To help the children of single parents be resilient and well-adjusted.

Single-parent families

**MEASUREMENT TOOLS** 

#### METHODOLOGY

- Successful job placement
- Employment facilitation services
- Enrolment for courses
- Skills training subsidies
- Financial support

#### **OUTCOMES**

- 1. Project SPARK has benefitted 218 single parents and with direct guidance, motivation and hand-holding, which focused largely on training and employment.
- **2.** Beneficiaries were also assisted financially, on one-off or short term assistance as part of SPARK's programme focus.
- **3.** For families who require longer assistance, government schemes were introduced to meet the long-term needs of these families.
- **4.** The providers for SPARK includes:
- Temasek Cares
- Chinese Development Assistance Council (CDAC)
- Singapore Indian Development Association (SINDA)
- Eurasian Association (EA)
- 5. The programme successfully outreached to:
- Direct Beneficiaries: 218 Single-parents
- Indirect Beneficiaries: 420 Children

# SUCCESS IN PSLE MATHEMATICS SEMINAR

#### **FUNDING PERIOD**

#### August to September 2015

August 2016

#### TARGET GROUP

Primary 6 standard and foundation students

#### **OBJECTIVES**

- To equip students with examination strategies
- To motivate them to pass their PSLE Mathematics

#### **EVALUATION PERIOD**

- **2014**:
- » 1st Run: 16, 30 March, 6, 13, 27 April, 3, 4 May & 1 June
- » 2nd Run: 31 August, 7, 9, 10, 11, 14 September
- **23, 30 August, 6, September 2015**
- **7**, 14, 21 August 2016

#### **MEASUREMENT TOOLS**

- Pre / Post test
- Feedback

#### **METHODOLOGY**

#### 2014

- 10 sessions for Run 1, 9 sessions for Run 2
- 6.5 hours each
- Seminar style with pre and post tests

#### 2015

- 4 sessions/providers
- 6.5 hours each
- Seminar style with pre- post tests
- Topics: Whole numbers, fraction, and ratio

#### 2016

- 3 sessions
- 7.5 hours each
- Seminar style with pre-post tests
- Standard: Whole numbers, fraction, and ratio
- Foundation: Whole numbers and fraction

# **OUTCOMES**

- 1. Pre and Post-test were conducted to evaluate the outcomes of the various training providers.
- 2. In the first run of the seminar in 2014, the number of passes across two training providers at pre-test was 11.5% and at post-test, the number of passes improved to 67.5%, which an average of 55.9% were made. As for the second run, the number of passes across four training providers at pre-test was 31% and at post-test 80%, making an improvement at an average of 68.1%.
- 3. On both runs in 2014, the average percentage of students making at least 5 marks improvement are 59% and 63.4% respectively.
- **4.** In 2015, the average number of passes across four training providers at pre-test was 77.2%. At post-test, the percentage improved to 87.7%, which at an average of 10.5% improvement were made.
- **5.** The percentage of students who improved is 68.4%. The percentage of students making at least 5-marks improvement is 24.3%.
- **6.** In 2016, Training Innovations was chosen to be the sole provider for the programme as based on 2015 analysis, they are the most effective and has brought about the greatest number of students who improved.
- **7.** The average number of passes for standard students at pre-test was 68.6%. At post-test, the percentage improved to 89.1%, which at an average of 20.5% improvement were made.
- **8.** The percentage of students who improved is 83.1%. The percentage of students making at least 5-marks improvement is 64.4%.
- 9. As for foundation students, the average number of passes at pre-test was 6.6%, with an improvement of 70.7% at post-test.
- **10.** The percentage of students who improved is 91.8%. The percentage of students making at least 5-marks improvement is 64%.
- 11. More than 90% of the students indicated that the seminar has motivated and enhanced their confidence and have been useful and enjoyable.

#### **RECOMMENDATIONS**

Provisions have been made to further improve the programme design in 2016. The seminar format, easy registration procedures, revised fee waiver conditions and stringent student attendance has led to the better participation and results. A significant shift can be seen from the pre-post test results between 2015 and 2016 and SUCCESS managed to meet the outcome indicators of achieving 10% increase in number of passes and 60% of students improved at least 5-marks.

SUCCESS has been effectively enhanced since the changes to the programme design in 2016. Academic Programmes Unit, Education has also recommended SUCCESS to have a run to take place early in 2017. This is to emphasise the importance of early preparation and another run in November targeting Primary 5 students as part of a preparatory programme.

#### **PROVIDERS**

#### 2014

#### 1st Run

- Training Innovations
- Mendaki SENSE
- NAWWAF Pte Ltd

In collaboration with Urbane Academy (For P5 Foundation)

#### 2<sup>nd</sup> Run

- Training Innovations
- Mendaki SENSE
- Zenitant Holdings
- Math Prodigies
- NAWWAF Pte Ltd
   In collaboration with Urbane Academy
   (For P6 Foundation)

#### 2015

- Zenitant Holdings
- Mendaki SENSE
- Math Prodigies
- Training Innovations

#### 2016

Training Innovations

#### OUTREACH

#### 2014

Total number of participants: 615 beneficiaries (1st Run)
Total number of participants: 394 beneficiaries (2nd Run)

#### 2015

Total number of participants: 5385 beneficiaries

#### 2016

Total number of participants: 347 beneficiaries

# YOUTH-IN-ACTION

#### **FUNDING PERIOD**

#### TARGET GROUP

2014, 2015, 2016

10-17 year old Malay/Muslim youths

#### **OBJECTIVES**

#### The primary objectives of the YIA programme are:

- To ensure that youth remain in school and progress to post-secondary education,
- To reduce negative social behaviour displayed by youth and harness their potential through positive youth development.

#### **METHODOLOGY**

- Partners submit half-yearly reports consisting of surveys by students, feedback from liaison teachers, counsellors, and youth workers
- Group and individual mentoring sessions
- 1 Mass Developmental Programme (MDP)

#### TYPE OF PROJECT

Youth-in-Action (YIA) provides group and one-on-one mentoring to 'at risk' young people, to improve the academic achievement, self-esteem, social competence, and avoidance of problem/high-risk behaviour by providing mentoring to help the youths achieve their potential.

#### 2014 - PARTNERS

- Al-Falah Mosque
- Association of Muslim Professionals (AMP)
- Canact
- Clubilya

- Dream+
- Majulah Community
- MyPART
- PALSociety
- Progress Class Society (PCS)
- Singa-sports Academy
- The Green Apple Project (TGAP)
- Urbane Academy

### **OUTCOMES**

COMMON OUTCOME	OUTCOME INDICATORS	RESULTS
Improved Outreach, Enrolment and Participation	To engage 2000 participants between the ages of 10 and 17 who are registered in mainstream schools or madrasahs.	YIA engaged 1893 youths in 2014 (94.7% of target achieved).
Positive response to Mentoring	To receive positive feedback from 75% of mentees.	96.9% of students indicated they were positive about mentoring through YIA.
Continued Educational Advancement	To ensure that 100% of YIA participants stay in school.	103 out 105 (98.1%) students in their final year progressed to post-secondary education institutions.
Improved School Attendance	No student drop-outs during the period of mentoring.	No mentee dropped out of school.

#### 2015 - PARTNERS

- Al-Falah Mosque
- Association of Muslim Professionals (AMP)
- Canact
- Clubilya

- HyFy
- Majulah Community
- MyPART

PALSociety

- Progress Class Society (PCS)
- Singa-sports Academy
- The Green Apple Project (TGAP)
- Urbane Academy

### **OUTCOMES**

COMMON OUTCOME	OUTCOME INDICATORS	RESULTS
Increased Enrolment	To engage 1400 participants between the ages of 10 and 17 who are registered in mainstream schools or madrasahs.	YIA engaged 1209 youths in 2015 (86.4% of target achieved).
Increased Enrolment	Youths were engaged for at least 30 hours	At least 536 enrolled youths were engaged for 30 hours.
Increased Participation	Youths attended at least 1 Developmental Programme (MDP)	At least 546 youths attended 1 Mass Developmental Programme.
Improved Behaviour	Youths do not display an increase in negative social behaviour	At least 839 youths do not display an increase in negative social behaviour.
Improved School Attendance	100% of youths remain in school	100% of youths remain in school.
Continued Educational Advancement	100% of youths proceed to post-secondary institutions	100% students in their final year progressed to post-secondary education institutions.

# YOUTH-IN-ACTION

### 2016 - PARTNERS

- Association of Muslim Professionals (AMP)
- Canact
- Clubilya
- Hyfy

- Majulah Community
- Masjid Al-Falah
- MyPART Neurovex
- Progress Class Society (PCS)
  - The Green Apple Project (TGAP)
  - Urbane Academy

PALSociety

# OUTCOMES

Neurovex and Urbane Academy » Partners with Target Number of Mentees: 50

COMMON OUTCOME	OUTPUT INDICATORS	RESULTS
Improved Outreach	50 youth : 1 mentor recruited	Neurovex 50 youths: 2 mentors recruited Urbane 43 youths: 1 mentor recruited
Increased Enrolment	75% of youth outreached are enrolled in programme	Neurovex 80% youth outreached are enrolled in programme (41 youths) Urbane 100% of youths outreached are enrolled.
Increased Participation	10 group mentoring sessions (including a Mass Developmental Activity) conducted for 1.5h/session	Neurovex 10 group mentoring sessions (including a Mass Developmental Activity) conducted for 1.5h/session Urbane 10 group mentoring sessions conducted for 1.5h/session
Increased Participation	50% of youth enrolled in the programme attended 10 group mentoring sessions	Neurovex 100% of youth enrolled in the programme attended 10 group sessions Urbane 70% of enrolled youths attended the 10 sessions so far
Increased Participation	50% of youth enrolled in the programme attended 5 individual mentoring sessions	Neurovex 65% of youth enrolled in the programme attended 5 individual mentoring sessions Urbane 60% of youths attended 5 individual sessions
Improved Participation	50% of youth enrolled in the programme completed & submitted the Mentee Satisfaction Survey	Neurovex 80% of youth enrolled in the programme completed & submitted the Mentee Satisfaction Survey Urbane Survey was not administered.

COMMON OUTCOME	OUTCOME INDICATORS	RESULTS
Improved School Attendance	50% of mentored youth showed a decrease in or absence of times they skipped class since entering the programme	Neurovex 70% mentored youth showed a decrease in or absence of times they skipped class since entering the programme Urbane 100% of youths are attending school on a regular and consistent basis
Improved School Attendance	75% of mentored youth remain in school	Neurovex 100% of mentored youth remain in school Urbane 100% of mentored youth remain in school
Improved Emotional/ Psychological Wellbeing	50% of mentored youth showed improved self-esteem since entering the programme	Neurovex 80% of mentored youth showed improved self-esteem since entering the programme Urbane 75% of mentored youth showed improved self-esteem since entering the programme

COMMON OUTCOME	OUTCOME INDICATORS	RESULTS
Improved Emotional/ Psychological Wellbeing	50% of mentored youth felt that the mentoring they received from the programme had helped them in feeling good about themselves since entering the programme	Neurovex 80% of mentored youth felt that the mentoring they received from the programme had helped them in feeling good about themselves since entering the programme. They are open towards positive engagement between their peers.  Urbane  More than 60% of mentored youth felt that the mentoring they received from the programme had helped them in feeling good about themselves since entering the programme
Improved Behaviour	50% of mentored youths indicate reduction in anti-social behaviour since entering the programme	Neurovex 50% of mentored youths indicate reduction in anti-social behaviour since entering the programme Urbane 100% of youths did not have anti-social behaviour
Improved Behaviour	50% of mentored youths show more positive connections to others since entering the programme	Neurovex 60% of mentored youths show more positive connections to others since entering the programme Urbane Majority of youths show better connections to their peers and to their mentors.
Improved Behaviour	50% of mentored youths show increased engagement in meaningful activity since entering the programme	Neurovex 60% of mentored youths show increased engagement in meaningful activity since entering the programme Urbane Generally positive observations across mentees. Some youths see more meaning in selected activities compared to others
Continued Educational Advancement	75% of mentored youth proceed to post-secondary education (e.g. ITEs, Polytechnics, pre-university, Madrasah etc.)	Neurovex Only applicable to one student. He proceeded to post-secondary education (100%) Urbane 100% of mentored youth proceeded to post-secondary education

# OUTCOMES

Clubilya, HyFy\*, Masjid Al-Falah, PALSociety & Progress Class Society Partners with Target Number of Mentees: 100

COMMON OUTCOME	OUTPUT INDICATORS	RESULTS
Improved Recruitment (Outreach)	100 youth: 2 mentors recruited	Clubilya 104 youth: 5 mentors Al-Falah 100 youth: 24 mentors PALS 385 youths: 18 mentors Progress Class Society 108 youths: 6 mentors
Increased Enrollment	75% of youth outreached are enrolled in programme	Clubilya 100% of youth outreached are enrolled in programme Al-Falah 100% of youth outreached are enrolled in programme PALS 100% of youth outreached are enrolled in programme Progress Class Society 100% outreached youth are enrolled

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# YOUTH-IN-ACTION

# OUTCOMES

# Clubilya, HyFy\*, Masjid Al-Falah, PALSociety & Progress Class Society Partners with Target Number of Mentees: 100

COMMON OUTCOME	OUTPUT INDICATORS	RESULTS
Increased Participation	10 group mentoring sessions (including a Mass Developmental Activity) conducted for 1.5h/session	Clubilya 32 sessions for Northlight School and 20 sessions for Centrebased engagements Al-Falah 10 group mentoring sessions were conducted PALS 25 hours of group mentoring sessions were conducted Progress Class Society 10 group mentoring sessions have been conducted
Increased Participation	50% of youth enrolled in the programme attended 10 group mentoring sessions	Clubilya 50% of youth enrolled in the programme attended 10 group mentoring sessions Al-Falah 55% of youth enrolled in the programme attended 10 group mentoring sessions PALS 36 youths completed 12 hours of group sessions Progress Class Society 100% of enrolled students attended 10 group mentoring sessions
Increased Participation	50% of youth enrolled in the programme attended 5 individual mentoring sessions	Clubilya  18 Individual sessions have been conducted. Mentors explore personal and familial issues with youths as part of individual mentoring  Al-Falah  Small-group sessions are conducted during each group mentoring session  PALS  64 youths attended 5 hours of individual mentoring sessions  Progress Class Society  100% of youths have attended 10 individual mentoring sessions
Improved Participation	50% of youth enrolled in the programme completed & submitted the Mentee Satisfaction Survey	Clubilya Was not administered at point of report. Al-Falah 100% of youth enrolled in the programme completed and submitted the Mentee Satisfaction Survey PALS 100% of youth enrolled in the programme completed and submitted the PALS Mentee Satisfaction Survey Progress Class Society 100% of youth enrolled in the programme completed and submitted the Mentee Satisfaction Survey

COMMON OUTCOME	OUTCOME INDICATORS	RESULTS
Improved School Attendance	50% of mentored youth showed a decrease in or absence of times they skipped class since entering the programme	Clubilya Feedback from Discipline Master of Northlight Secondary School and case managers from Jamiyah and PERTAPIS shows that mentored youth showed a decrease in or absence of times they skipped class since entering the programme Al-Falah 100% of youths have good attendance and improvements were seen in attitudes towards school and learning life skills that are relevant to school routines PALS PALS currently do not track mentees' attendance in schools as engagements are conducted independently Progress Class Society 100% of youths showed a decrease in desire to skip school
Improved School Attendance	75% of mentored youth remain in school	Clubllya 100% remain in school Al-Falah 100% remain in school. Al-Falah contacts parents of mentees to track attendance in school PALS PALS currently do not track mentees' attendance in schools as engagements are conducted independently Progress Class Society 100% remain in school
Improved Emotional/ Psychological Wellbeing	50% of mentored youth showed improved self-esteem since entering the programme	Clubilya Students are more participative and demonstrated confidence in voicing their thoughts / opinions Al-Falah 75% of mentored youth showed improved self-esteem since entering the programme PALS 50% of mentored youth showed improved self-esteem since entering the programme Progress Class Society 100% of youths have shown progress and improvement in self-esteem
Improved Emotional/ Psychological Wellbeing	50% of mentored youth felt that the mentoring they received from the programme had helped them in feeling good about themselves since entering the programme	Clubilya 50% of mentored youth felt that the mentoring they received from the programme had helped them in feeling good about themselves since entering the programme. Mentors provided emotional and psychological support, and supported youths in managing stress caused by school, peers, and family members AI-Falah Mentors observed that 100% showed improvement in emotional well-being PALS 50% of mentored youth felt that the mentoring they received from the programme had helped them in feeling good about themselves since entering the programme Progress Class Society 100% of mentored youth felt that the mentoring they received from the programme had helped them in feeling good about themselves since entering the programme. 100% felt that mentoring makes them feel good and important.

\*YIA 2016/17 by HyFy is currently on-going and will be reported upon collection of data

# YOUTH-IN-ACTION

# OUTCOMES

# Clubilya, HyFy\*, Masjid Al-Falah, PALSociety & Progress Class Society Partners with Target Number of Mentees: 100

COMMON OUTCOME	OUTCOME INDICATORS	RESULTS
Improved Emotional/ Psychological Wellbeing	50% of mentored youth felt that the mentoring they received from the programme had helped them in feeling good about themselves since entering the programme	Clubilya 50% of mentored youth felt that the mentoring they received from the programme had helped them in feeling good about themselves since entering the programme. Mentors provided emotional and psychological support, and supported youths in managing stress caused by school, peers, and family members Al-Falah Mentors observed that 100% showed improvement in emotional well-being PALS 50% of mentored youth felt that the mentoring they received from the programme had helped them in feeling good about themselves since entering the programme Progress Class Society 100% of mentored youth felt that the mentoring they received from the programme had helped them in feeling good about themselves since entering the programme. 100% felt that mentoring makes them feel good and important
Improved Behaviour	50% of mentored youths indicate reduction in anti-social behaviour since entering the programme	Clubilya Casual observation and discussion indicates improved behaviour. Anti-social behaviours such as smoking, absconding, and disrespecting authorities were addressed during mentoring sessions Al-Falah 100% of mentored youths indicate reduction in anti-social behaviour since entering the programme PALS 50% of mentored youths indicate reduction in anti-social behaviour since entering the programme Progress Class Society 100% felt that they had opportunity to work with new friends and reduced anti-social behaviour
Improved Behaviour	50% of mentored youths show more positive connections to others since entering the programme	Clubilya 50% of mentored youths show more positive connections to others since entering the programme. Improved attendance to the mentoring sessions, youths are more cooperative and helpful to each other  Al-Falah 100% of mentored youths show more positive connections to others since entering the programme  PALS 50% of mentored youths show more positive connections to others since entering the programme  Progress Class Society 100% of youths interacted better and built connections to work together as a group

COMMON OUTCOME	OUTCOME INDICATORS	RESULTS
Improved Behaviour	50% of mentored youths show increased engagement in meaningful activity since entering the programme	Clubilya High level of participation and increased interest in participating in YIA sessions Al-Falah 100% of mentored youths show increased engagement in meaningful activity since entering the programme PALS 50% of mentored youths show increased engagement in meaningful activity since entering the programme Progress Class Society 100% of youths have shown substantial interest in the engagement of meaningful activities that are conducted
Continued Educational Advancement	75% of mentored youth proceed to post-secondary education (e.g ITEs, Polytechnics, pre-university, Madrasah etc)	Clubilya Only applicable to two students who were in their final year of school Al-Falah Not applicable as Secondary school students are not in their final year of school PALS PALS currently do not track mentees' attendance in schools as engagements are conducted independently Progress Class Society Most of the mentees have set goals and objectives on their future direction to secondary school

\*YIA 2016/17 by HyFy is currently on-going and will be reported upon collection of data

# OUTCOMES

AMP, Canact, MyPART, & TGAP
Partners with Target Number of Mentees: 150

COMMON OUTCOME	OUTPUT INDICATORS	RESULTS
Improved Recruitment (Outreach)	150 youth : 3 mentors recruited	AMP 200 youths:13 mentors (exceeds targets) Canact 133 youths: 10 mentors MyPART 109 youths: 5 mentors Met 72.7% of target. TGAP 150 youths: 5 mentors
Increased Enrollment	75% of youth outreached are enrolled in programme	AMP 90% students outreached are enrolled (181) Canact 98% of youth (131) outreached are enrolled in programme. MyPART 100% of youths (109) outreached are enrolled TGAP 100% youths (150) outreached are enrolled.

# YOUTH-IN-ACTION

# OUTCOMES

AMP, Canact, MyPART, & TGAP

Partners with Target Number of Mentees: 150

COMMON OUTCOME	OUTPUT INDICATORS	RESULTS
ncreased Participation	10 group mentoring sessions (including a Mass Developmental Activity) conducted for 1.5h/session	AMP  10-15 group mentoring sessions were conducted for each group of participants  Canact  10 group mentoring sessions (including a Mass Developmenta Activity) conducted for 1.5h/session  MyPART  10 group mentoring sessions were conducted  TGAP  10 group mentoring sessions were conducted for all groups
ncreased Participation	50% of youth enrolled in the programme attended 10 group mentoring sessions	AMP 50.4% of youth enrolled for group mentoring attended 10 group mentoring sessions (60 pax) Canact 80% of youth enrolled in the programme attended 15 hours and 10 group mentoring sessions MyPART More than 50% of youth enrolled in the programme attended 10 group mentoring sessions TGAP At least 50% of youth enrolled in the programme attended 10 group mentoring sessions
ncreased Participation	50% of youth enrolled in the programme attended 5 individual mentoring sessions	AMP 84.7% of youth enrolled individual mentoring attended 5 individual mentoring sessions (61 pax).  Canact 95% of youth enrolled in the programme attended 5 individual mentoring sessions  MyPART  Youths attended individual sessions with mentors to achieve better performance  TGAP 38% of youth enrolled in the programme attended 5 individual mentoring sessions
mproved Participation	50% of youth enrolled in the programme completed and submitted the Mentee Satisfaction Survey	AMP 70% of youth enrolled in the programme completed AMP's Mentee Satisfaction Survey Canact Survey was not administered MyPART Survey was not administered TGAP 80% of youths reported programme to be satisfactory

COMMON OUTCOME	OUTCOME INDICATORS	RESULTS
Improved School Attendance	50% of mentored youth showed a decrease in absence or number of times they skipped class since entering the programme	AMP About 8% of students were identified to have problems with attendance Canact 90% of mentored youth showed a decrease in absence or number of times they skipped class since entering the programme MyPART Youths showed a decrease in absence or times they skipped class TGAP 60%-80% of mentored youths showed improvements in school attendance across 5 participating schools
Improved School Attendance	75% of mentored youth remain in school	AMP 100% of youths remain in school Canact 100% of youths remain in school MyPART 100% of youths remain in school TGAP 96.7% of youths remained in school. 5 students discontinued school possibly due to remand at boys home or Reformative Training Centres
Improved Emotional/ Psychological Well-being	50% of mentored youth showed improved self-esteem since entering the programme	AMP 70% of mentored youth felt that the mentoring they received from the program had helped them in feeling good about themselves since entering the programme. All youths gain confidence over the course of the programme by participating more actively and sessions are seen as safe spaces for the youths  Canact 95% of mentored youth showed improved self-esteem since entering the programme. Huge improvements in discipline and willingness to learn were observed. 10% of youths continue to work on disciplinary issues  MyPART  Youths mentored showed improved self-esteem since entering the programme  TGAP 50% to 90% of mentored youths showed improvement in self-esteem across all schools that were engaged
Improved Emotional/ Psychological Wellbeing	50% of mentored youth felt that the mentoring they received from the programme had helped them in feeling good about themselves since entering the programme	AMP 70% of mentored youth felt that the mentoring they received from the programme had helped them in feeling good about themselves since entering the programme.  Canact Findings from this component were not reported  MyPART  All youths display positive attitudes, teamwork, and bonded well with their group-mates TGAP 50% to 90% of youths mentored reported positive impact from entering the programme

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# YOUTH-IN-ACTION

# OUTCOMES

AMP, Canact, MyPART, & TGAP

Partners with Target Number of Mentees: 150

COMMON OUTCOME	OUTCOME INDICATORS	RESULTS
Improved Behaviour	50% of mentored youths indicate reduction in anti-social behaviour since entering the programme	AMP 50% of survey respondents reported that the programme helped them develop skills to foster positive peer relationships Canact 95% of mentored youth indicate reduction in anti-social behaviour since entering the programme MyPART Youths are required to perform in groups to encourage teamwork and befriend classmates TGAP Out of 17 students who exhibited anti-social behaviour, 10 showed reduction in such behaviour since entering the programme (~60%)
Improved Behaviour	50% of mentored youths show more positive connections to others since entering the programme	AMP 50% of survey respondents reported that the programme helped them develop skills to foster positive peer relationships. Mentors observed that youths began to interact respectfully with peers.  Canact 95% of mentored youths show more positive connections to others since entering the programme  MyPART  Youths learn and practice their skills and assist one another in order to achieve the desired level of performance.  TGAP 50% to 90% of youths showed more positive connections. For Northlight, 30% of youths showed improvements. Overall, 48% of youths showed more positive connections to others.
Improved Behaviour	50% of mentored youths show increased engagement in meaningful activity since entering the programme	AMP 50% of mentored youths show increased engagement in meaningful activity since entering the programme Canact 90% of mentored youths show increased engagement in meaningful activity since entering the programme MyPART Youths displayed improved behaviour and developed a strong sense of responsibility TGAP 51% of youths showed increased engagement in meaningful activity since entering the programme
Continued Educational Advancement	75% of mentored youth proceed to post-secondary education (e.g ITEs, Polytechnics, pre-university, Madrasah etc)	AMP AMP has not reported findings for this component Canact Canact has not reported findings for this component MyPART Majority of students continued education to LASALLE, ITE, or Polytechnics TGAP Not applicable as 0 youths are in their final year of school

# OUTCOMES

### **Majulah Community**

Partners with Target Number of Mentees: 190

COMMON OUTCOME	OUTPUT INDICATORS	RESULTS
Improved Outreach	190 youth: 4 mentors recruited	190 youths: 21 mentors
Increased Enrollment	75% of youth outreached are enrolled in programme	89% of 75% of youth outreached are enrolled in programme (169 youths)
Increased Participation	10 group mentoring sessions (including a Mass Developmental Activity) conducted for 1.5h/session	Madrasah Wak Tanjong has completed the 10 sessions. Madrasah Aljunied has completed 7 sessions. Springfield has completed 10 sessions. Madrasah Irsyad completed 6 sessions.
Increased Participation	50% of youth enrolled in the programme attended 10 group mentoring sessions	74% of youths enrolled in programme has attended more than 6 group mentoring sessions. 34% of youths enrolled attended 10 sessions (57 students).
Increased Participation	50% of youth enrolled in the programme attended 5 individual mentoring sessions	57% of youth enrolled in the programme attended 5 individual mentoring sessions (97 students)
Improved Participation	50% of youth enrolled in the programme completed and submitted the Mentee Satisfaction Survey	34.8% of youth enrolled in the programme completed & submitted the Mentee Satisfaction Survey. This is because the survey was not administered at Madrasah Aljunied and Irsyad.
COMMON OUTCOME	OUTCOME INDICATORS	RESULTS

	submitted the mentee substitution surrey	survey was not administered at Madrasah Aljunied and Irsyad.
COMMON OUTCOME	OUTCOME INDICATORS	RESULTS
Improved School Attendance	50% of mentored youth showed a decrease in or absence of times they skipped class since entering the programme	50% of the mentored youth do not have problems in attendance and absentee.
Improved School Attendance	75% of mentored youth remain in school	Apart from transfer of students to other schools, 95% of the youths remained in the school.
Improved Emotional/ Psychological Wellbeing	50% of mentored youth showed improved self-esteem since entering the programme	65.5% of mentored youth showed improved self-esteem since entering the programme
Improved Emotional/ Psychological Wellbeing	50% of mentored youth felt that the mentoring they received from the program had helped them in feeling good about themselves since entering the programme	(Madrasah Wak Tanjong) — Through feedbacks from mentors and surveys, the youths shared that they have learnt to overcome their fears, learnt to be mindful and positive.
		(Madrasah Aljunied) — Youths feel confident having a mentor around. They are more willing to accept challenges when probed by mentors.
		(Springfield Secondary) — Youths that have been side-lined by their classmates are now more vocal. Youths that are shy at the start of the programme communicates more with the mentor.
		(Madrasah Irsyad) — Based on mentor's qualitative observation, youths are open to share their problems with the mentors and gelt the sessions help them to express themselves.
Improved Behaviour	50% of mentored youths indicate reduction in anti-social behaviour since entering the programme	98% of mentored youths do not portray anti-social behaviours and were engaged in service learning and sociable activities.

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# YOUTH-IN-ACTION

# OUTCOMES

### Majulah Community

Partners with Target Number of Mentees: 190

COMMON OUTCOME	OUTCOME INDICATORS	RESULTS
Improved Behaviour	50% of mentored youths show more positive connections to others since entering the programme	(Madrasah Wak Tanjong) — Youths start to have trust in their team members, youths also shared that respecting and helping others goes hand in hand  (Madrasah Aljunied) — Youths indicated in a 1N camp survey that they learnt to socialize with others and were more independent  (Springfield Secondary)—Youths that are mischievous try to better their approach towards peers they used to tease  (Madrasah Irsyad) — Youths have shared with their mentors regarding their personal problems and more positive connections
Improved Behaviour	50% of mentored youths show increased engagement in	with friends from different classes were observed  (Madrasah Wak Tanjong) — Based on communication with the
	meaningful activity since entering the programme	mentors, youths show more care towards the environment.  (Madrasah Aljunied) — Youths are work-in progress in engaging in meaningful activities
		(Springfield Secondary) — Youths have difficulties in sharing/communicating with mentors  (Madrasah Irsyad) — Youths expressed interest in assisting elderly
Continued Educational Advancement	75% of mentored youth proceed to post-secondary education	in programs held in the future  Not Applicable at the time of submission of report





# **CLF TRAINING PROGRAMMES**

# **CLF Capacity Building 2014: Road to Good Governance**

A governance seminar, The Road to | Kadir, Director of Human Capital, | charity sector. It provided a platform Good Governance, jointly organised by CLF, Charity Council and Social Service Institute (SSI), on 14 June 2014 for the senior leaders and management, showcased available training courses offered by various training providers in the areas of governance, leadership management, finance and strategic planning. Speakers provided valuable understandings to the actual training, while discussing and offering direction on staff development for the MMOs.

Keynote Address by Mr Sallim Abdul

focused on building a well-governed charity and volunteer organisations amidst the changing landscape of the social service sector to help audience understand the need and importance of corporate governance and internal controls.

The Plenary was centred on building accountability networks and stimulated intellectual and practical debate among developments, issues and challenges emerging from the growth of the

for information sharing, learning, experience sharing, best practices as well as inspiration for action by community leaders, practitioners and experts, and all other independent actors involved in this sector.

Featured speakers Ms Theresa Goh and Mr Andrew Sng from both national and community agencies provided insights and perspectives in the areas experts and stakeholders on governance of Leadership, Strategic Planning, and Internal Controls.

# **CLF-SSI Capacity Building 2014: Leadership Advance**

As a follow-up from the Governance Seminar, CLF Secretariat in collaboration with the Social Service Institute (SSI) organised a seminar entitled CLF Capacity Building 2014: Leadership Advance on 8 November 2014.

This seminar showcased a sampler programme of available training courses offered by various training providers in

the areas of governance, human resource management, finance and strategic planning.

Moderated by Mr Mohd Ali Mahmood, Senior Director from Persatuan Pemudi Islam Singapura (PPIS), the speakers offered insights to the actual training, while discussing and proffering direction on staff development for the MMOs.

Speakers include Mr Fermin Diez, Deputy CEO of Group Director for Human Capital Development NCSS, Ms Shawn O'Hara, Adult Educator & Consultant from SSI, Mr Suhaimi Salleh, CEO of SSA Consulting Group and Mr Andrew Sng, Senior Partner from Decision Processes International (DPI) Asia.

# Training Needs Analysis Phase I & II by SSA Consulting Group

The CLF Secretariat appointed SSA Consulting Group to provide consultancy services and a Training Needs Analysis of functional and inter-functional competencies for ten (10) pre-selected Malay Muslim Organisations (MMOs) being Adam Association, AIN Society, Badan Agama & Pelajaran Radin Mas (BAPA), Casa Raudha, Just Parenting Association, Muhammadiyah Association, Malay Youth Literary Association (4PM), Persatuan Ulama dan Guru-Guru Agama Islam Singapura (PERGAS), Perdaus, United Indian Muslim Association (UIMA).

The Training Needs Analysis Phase I and II were organised in the period of 30 June to 30 September 2014, and 6 April to 6 October 2015 respectively.

The Training Needs Analysis Phase I, Based on these findings, a High Priority

targeted at senior leaders and HODs of AIN Society, Association of Muslim Professionals (AMP), Muhammadiyah Association, 4PM and PERGAS, revealed that the top five (5) areas of priority for training needs at the organisational level across the participating MMOs are Corporate Governance, Strategy Development and Deployment, HODs' Performance and Recognition, Process Management and Improvement, as well as Learning and Development.

The top three (3) functional areas for training amongst the five (5) MMOs, and likely to be representative of the Malay Muslim Voluntary Sector are Information Technology (IT), Facilities Management, Marketing, Membership and Finance.

Training Plan and a Training Development Roadmap (TDR) were drawn up for the various MMOs. The TDR was made available to guide individuals to map out training and development needs in MMOs.

The TDR also offered advanced and specialised knowledge and skills training plan in working with specific target groups/issues. The senior staff from the participating MMOs have increasingly enrolled and participated in the training courses proposed in the Training Plan in

CLF continues to receive interest and applications from participating MMOs in TNA I & II in 2015 to 2016 for Capability Development Fund and/or attend prescribed courses in TDR and beyond.

# **CLF TRAINING PROGRAMMES**

# Leadership and People Management Training Programme – May to Oct 2016 by MENDAKI SENSE

training programmes for building leadership capacity and capability through the Leadership and People Management Training Programme (LPM).

existing leadership, CLF collaborated MMOs as part of CLF's training plan with MENDAKI SENSE in providing a formulated to meet the training needs customised leadership and management | and gaps of this organisation and bring about solutions to organisational training needs.

> LPM is a highly customised programme that is designed to develop the internal | from 10 MMOs.

In enhancing and grooming the | LPM has been widely accepted by the | capabilities of MMOs in Singapore, leading to a WSQ Professional Diploma in Leadership and People Management. The programme targets senior executives, managers and/or heads of departments. The programme was conducted between May to October 2016 and was attended by 19 participants

# Strategic Thinking and Planning Training Programme – 2 & 3 November 2015 by DPI Asia

A 2-day training programme How to I showed a unique and proven approach Go from "Mere Existence to Distinct | to achieve and enhance the distinct Relevance": Strategic Thinking and relevance of the organization through Planning for Leaders of Malay Muslim Organisations was conducted for Senior Management and Heads of Departments of Malay/Muslim Organisations.

A total of 25 participants from 12 MMOs attended the course. This hands-on workshop, tailored specially for MMOs,

short lectures, case studies, breakout applications and sessions.

Participants learnt effective, timeefficient and proven strategic thinking and planning process and strategies from leading trainer, Mr Andrew Sng, Managing Director, DPI Asia.

They apply key modules of the process to their own situation and identify key elements that will work for/against their respective organisations in the future.

It also helped leaders to identify and develop Strategic Options & corresponding scenarios from which the Future Strategic Profile is formulated.









# ASSOCIATION OF SINGAPOREAN STUDENTS IN INTERNATIONAL ISLAMIC **UNIVERSITY MALAYSIA (ASSIIUM)**

Non-formalised Group

#### **PROJECT TITLE**

#### **FUNDING PERIOD**

#### **TARGET GROUP**

ASSIIUM Travel Programme "LIFE: India-Nepal"

December 2014 to January 2015

Singaporean undergraduates

#### TYPE OF PROJECT

#### A pilot developmental travel programme targeted at potential leaders from the Singaporean community in International Islamic University Malaysia (IIUM). 10 youth participants would embark on a 14-day backpacking trip to India and Nepal and take part in activities to learn of self-discovery, personal motivation, leadership and community-mindedness. The expedition took place from 12 to 26 January 2015.

#### **OBJECTIVES**

ASSIIUM Travel Programme "LIFE: India-Nepal" aims to develop leaders who is:

- Able to think big and have the capacity and courage to solve problems and work towards realising it
- Confident to explore beyond comfort zone
- Able to reflect on strengths and potentials
- Able to lead and inspire social change

#### **OUTCOMES**

The programme is a good avenue for youth participants to gain understanding on leadership and social impact. It inspires both participants and members of ASSIIUM to step out of their comfort zones in leading change they wish to see in the society.

A set of activities were designed to develop participants' skills set and test their capabilities. It allowed them to venture out of their comfort zones and instil confidence as well as realise potentials. Participants are able to better understand social innovation and were provided with opportunities to reflect on community issues and henceforth brainstorm on ways to impact the Malay/Muslim community based on their experiences overseas.

In ensuring that impacts reach wider audience, multiple sharing channels such as video logs, write-ups and sharing sessions were set up to ensure that other ASSIIUM member benefit insights from the programme.

CLF LABS supports this programme as it is able to foster creativity and proactivity as well as cultivate a positive mind set and culture amongst participants and members. The programme shows great potential and multiplier effect in bringing about leaders and social change. In tandem with CLF LABS Key Forward Thrusts, it creates a pipeline of citizen leaders who are able to recognise and design possible solutions and ideas to community issues in the future.

# **BODYMASTERS ACADEMY (BMA)**

Registered under ACRA

#### PROJECT TITLE

Creating a healthier, active and stronger community with BMA

#### TYPE OF PROJECT

The project aims to create a healthier and active community through fitness programmes offered at the gym, BodyMasters Academy.

#### **FUNDING PERIOD**

TARGET GROUP

July to October 2016

Malay community

#### **OBJECTIVES**

- To make the community better through fitness programmes
- To provide opportunities for the youth

#### **OUTCOMES**

In order to create a healthier and active community, BodyMasters | During the course of the project, BMA was able to construct a Academy (BMA) aims to offer guidance to the general public on | new set of bars which is to be utilised during street workout and matters relating to exercise and fitness. In the long run, they hope to contribute in solving the health related issues such as obesity and diabetes. In achieving project goals, key activities | BMA continues to make impact in the community by hosting such as training services, exercise programmes, personalised | fitness events and has been active in exploring opportunities to coaching and fitness/nutrition planning were carried out.

The project catered to all segments of society and is able to meet the various fitness needs of the groups. With the presence of key resources such as qualified trainers, certification and sufficient manpower we are confident that BMA is able to achieve project goals.

CLF Secretariat is supportive of this project as it runs in line with community. CLF LABS Key Forward Thrusts of making the community better. Member of the community benefitted from the niche fitness programmes they offered as well as assist in achieving fitness goals or solve health issues.

BMA partnered with several bodies and hosted three (3) events, awareness of calisthenics/street workout and concurrently namely the Street Workout Competition (June), National Day | benefit and encourage members of the community to become Fitness Challenge (August) and one event in November.

fitness events.

partner with organisations such as Asia Calisthenics Federation and Paya Lebar Kovan Community Centre to host fitness events and street workout opportunities in the future. They have also been given an opportunity by Shogun Fight Gym to conduct trainings for students at ITE College Central and assist in their upcoming project with autistic adults in 2017. Having co-hosted several events in the recent months, BMA has proven to be a reliable partner to assist in producing fitness events for the

BMA will also be assisting a street workout competition hosted by NKF in March 2017. It will be a large-scale event with sponsors and participation by athletes from our neighbouring countries. In doing so, it is hoped that it would progressively increase healthier.

#### **CLF LABS**

# CANBERRA COMMUNITY CLUB MALAY ACTIVITY EXECUTIVE **COMMITTEE (MAEC)**

Non-formalised Group

PROJECT TITLE

**FUNDING PERIOD** 

TARGET GROUP

Yok Sembang! Malay Youth Symposium

March 2015

Malay/Muslim youths

#### TYPE OF PROJECT

Yok Sembang! Malay Youth Symposium is a symposium for youths to express their ideas, opinions and needs on decision makers of the community.

#### **OBJECTIVES**

To conduct a workshop and character development programme catered to the youth

#### **OUTCOMES**

This youth symposium provided platform for them to express ideas and opinions on specific topics. Three (3) segments were conducted during the symposium. In the first segment, participants were divided into groups for ice-breaking and team activities.

The second segment includes guiz and discussion where groups were prompted to give their thoughts and opinion on topics presented by invited speakers. Lastly, the final segment consists of group work and a facilitated discussion. A follow-up session was conducted one month upon completion of the symposium to review and garner feedbacks.

Topics discussed during the Malay Youth Symposium will be taken into consideration to become the main topic model for future symposium and sessions.

CLF Secretariat supports this initiative as it provided avenue for youths to express thoughts in a public space. This project is aligned to CLF LABS Key Forward Thrusts of making the community better as it encourage youths to make their voices heard in the community. It also creates a pipeline of leaders by giving youth participants an opportunity to be a leader of their own ideas and opinions.

### **COMMUNITY WATER TECH GROUP**

Partnership with Existing Organisation(s)

PROJECT TITLE

**FUNDING PERIOD** 

TARGET GROUP

Water Monitoring At Ablution Taps (Phase I)

July 2014

Malay/Muslim community

Mosque visitors

#### TYPE OF PROJECT

In addressing the high water consumption in mosques, Community Water Tech Group developed a digital water monitoring technology to assist in managing water demand.

#### **OBJECTIVES**

- Assist mosques in managing water demand through technology
- Promote good water usage practices amongst Muslims with respect to ablution

#### **OUTCOMES**

Although more than 40 mosques are certified as Water Efficient Building (Basic), many still face difficulty in sustaining water efficiency efforts, namely in maintaining water thimbles at ablution taps. This is owing to the knowledge gap on the efforts for both maintenance officers and users.

In addressing the challenge, Community Water Tech Group leverages on technology and 3P (People, Public, Private) approaches through the development of water monitoring technology. The technology in focus is a digital water monitoring system, which enable the measurement of water usage of an individual user (Input) and translate this data to the user (Output) via an electronic display.

The project was implemented in two (2) phases:

#### Phase 1: Rapid Prototyping

This phase focuses on rapid prototyping of 2-4 units of a simple model of technology. Each device includes Input and Output, registering certain data for the user to be informed of. In preparation of the second phase, surveys from users and relevant community members were carried out to gather feedback.

#### **Phase 2: Community Test-bedding**

This phase centers on a detailed study on (i) enhancement of technology, (ii) implementation of technology on half/full scale at mosque, and (iii) development of community outreach programme on water conservation.

#### **CLF LABS**

# **ECHOED LABS**

Non-formalised Group

PROJECT TITLE

**FUNDING PERIOD** 

**TARGET GROUP** 

Web Bootcamp 2.0 December 2016

Malay students aged 13 to 17 years old

#### TYPE OF PROJECT

A 3D2N bootcamp which builds web design skills encoding for youths aged 13 to 17, from the ground up. The camp allows participants to be exposed to the world of IT and technology, hone their developmental skills, and prepare them with relevant technological skills.

#### **OBJECTIVES**

- To understand the effect of technology in their daily lives
- To consider career opportunities in computing
- To enhance creativity in problem-solving, promote innovation and productivity
- To be able to use HTML 5, CSS, Javascript & Bootstrap to create a responsive website

#### **OUTCOMES**

CLF Secretariat is supportive of Web Bootcamp 2.0 as it provides the Malay/Muslim youths an opportunity to pick up programming skills. The content of this camp nurtures a problem-solving mind-set as well as instil confidence in participants which ultimately contributes to their holistic development.

As coding and programming are increasingly becoming a highly sought-after skills, we hope that this programme will serve as an avenue for youths to be equipped with the necessary

and relevant knowledge. Echoed Labs engages the youth participants through various activities such as conceptual games and hands-on lessons. At the end of the camp, participants are able to design and produce their very own website.

Web Bootcamp 2.0 directly benefits the youths involved in the programme and has the potential to reach out to the wider community in the future.

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# **ERA DANCE THEATRE**

Partnership with Existing Organisation(s)

PROJECT TITLE **FUNDING PERIOD** TARGET GROUP Youths

MUARA Festival 2015 January to November 2015

#### TYPE OF PROJECT

MUARA Festival 2015 is an annual arts festival presented by Era Dance Theatre (EDT) in collaboration with Esplanade and supported by National Arts Council. It includes local and regional participation of dancers and musicians from Indonesia and Malaysia such as Universiti Pendidikan Sultan Idris (UPSI) cultural troupe, Taratak Dance Company from Jambi Indonesia and Sanggar Seni Lawang Budaya alongside local groups like Azpirasi Dance Group, Perkumpulan Seni and Sriwana. In 2015, EDT extended its reach to public libraries to conduct educational programmes and exhibitions on Singapore's arts scene.

#### **OBJECTIVES**

- To preserve, promote and develop the Malay arts and cultural scene in Singapore
- To foster understanding of the Malay heritage and tradition for character building of the young
- Provide a platform for arts practitioners from both local and overseas to converge and exchange ideas to hone their craft

#### OUTCOMES

MUARA Festival is Singapore's leading Malay Dance Festival and has successfully run a production since 2011. In line with CLF LABS Key Forward Thrusts of making the community better, this project provides plenty of youth involvement as workshops are tailored for youth development and character building that inculcates appreciation of the Malay heritage. It cultivate creativity and expose youths to the values in Malay culture and tradition through learning mannerisms and etiquette.

Activities include Cultural Talk @ Esplanade Library led by Pak Tom Ibnur which was conducted in October and attended by 48 people.

Some of the topics covered are on the development of traditions in Tarian, ways to revitalise dance for sustainability and the present challenges facing tradition. The talk was well-received by audience and had an interactive and engaging Q&A session.

A Music Workshop also took place and covered on the process

of music making. Participants learnt the drumming basics and play to the melody of the festival's theme song. This session received positive response and many expressed that they had enjoyed the lesson. Some had voiced their suggestion for EDT to organise more of such workshops in the future.

In view of the large scale of the festival this year, MUARA is seen as the acme of Singapore's exclusive blend of ethnic music and dance gala. As an educational arts festival, it boasts the quality of youth empowerment arts programmes.

The two weeks of process work, seminars and workshops will inculcated students with practical, historical and theoretical exposure to Malay arts and culture as well as values of resilience and creativity.

All programmes were conducted based on the specification requirements and are able to meet the desired outcomes.

QUALITATIVE ASSESSMENT		
Performers	In total, two primary schools, 18 secondary schools, seven tertiary schools and two emerging dance groups were involved and had done well performing on stage. Regional groups collaborated with local dancers to learn each other's dance pieces. Dancers showed passion and determination to master the choreography within short period and both groups managed to perform two dance items during the main shows. Overall, performers gained a better insight into culture and able to exchange skills through this experience. In the future, EDT hopes to work with more groups and explore fresh items that can be brought to stage. They also plan to organise a MUARA Festival Roadshow prior to the main event around CDCs to attract more people to join the show.	
Audience	The performance received a positive response from audience. Some expressed that this festival is an excellent platform in showcasing the cultural vibrancy of the Malays. Many were entertained and came back to watch for all the performances. An estimated 10,000 people attended the festival and audience displayed support for the performers.	

QUALITATIVE ASSESSMENT		
Public Relations & Marketing	Compared the to previous runs of the MUARA Festival, the organiser laid down a better marketing and publicity plans. They launched the MUARA Festival website (www.muarafestival.com), on top of other marketing collaterals (i.e. posters, social media, radio, newspaper). For public easier reference, the website provided information and updates on the festival. People can also register for talk and workshop through the website. Additionally, a press conference was held at Goodman Arts Centre Blackbox as part of publicity efforts.	
Team/Organisation	<b>Production</b> Overall, Era Dance Theatre managed to execute out their proposed plans. They worked closely with Esplanade prior to the show on all production matters i.e. stage, lightings and sound. They also formed a dedicated production team who assisted in logistical needs and stage-managing.	
	<b>Administration</b> Some of the challenges faced by project owner include liaising with schools and groups as they found obtaining information in timely manner difficult. Nevertheless, they worked well in other areas such as administration.	
Others	MUARA Festival 2015 allows for a platform for local dancers to collaborate with regional dance groups such Universiti Pendidikan Sultan Idris (UPSI). It also opens up an opportunity for possible future collaborations. Plans include sending youth dancers from Singapore to UPSI for an educational opportunity to allow for a continued development of the Malay Arts scene.	

COMMUNITY LEADERS FORUM COMMUNITY LEADERS FORUM

### FirST SPARK

Partnership with Existing Organisation(s)

PROJECT TITLE

**FUNDING PERIOD** 

March 2014

TARGET GROUP

Secondary 2 and 3 students from Madrasah Al-Arabiah Al-Islamiah

#### TYPE OF PROJECT

From Farm to Plate Day Camp

The project is a two-day day camp for students to explore food science through a range of experiments as well as a learning journey to Yakult factory.

#### **OBJECTIVES**

To introduce secondary school students from Islamic institutions to Food Science and Technology by conducting a two-day camp. The camp will be filled with basic food science knowledge and activities.

#### **OUTCOMES**

The project introduces students from Islamic institutions to knowledge on Food Science and Technology and took place on 17-18March 2014 at Madrasah Al-Arabiah Al-Islamiah. Camp activities for students include:

#### 1. Get To Know Session – When Science and Technology **Becomes Delicious and Nutritious**

Presented by Miss Nurhazwani Salleh, this session provided 3. Food Experiments background information on Food Science and Technology as well as its significance to our Muslim community and Halal food industry.

#### 2. Educational Tour to Yakult Singapore Manufacturing **Facility**

This activity enabled students to see a fully operating manufacturing plant. The students visited Yakult's fully automated factory and were taught the benefits of consuming probiotics product.

The food experiments aim to spark curiosity and generate food science interest among the students. They were given hands-on experience in three (3) food experiments:

- i. Sensory Test
- ii. Make Your Own Carbonated Drinks
- iii. Butter-making 🍩

#### **CLF LABS**

### **FITREE**

#### Partnership with Existing Organisation(s)

PROJECT TITLE

**FUNDING PERIOD** 

June 2015

TARGET GROUP

Pre-university students from Madrasah Aljunied Al-Islamiah

#### TYPE OF PROJECT

Repair For Ramadhan

Repair For Ramadhan (RFR) is a repair training programme for students which culminates with a public event at Rochor Canal. Members of the public are invited to attend the event with their faulty items to learn how to repair them. Student Repair Ambassadors from Madrasah Aljunied Al-Islamiah, together with expert Repair Coaches guided the public on how to fix items such as home furniture, electrical appliance and toys.

#### **OBJECTIVES**

- For students and the community to develop mindfulness for future sustainability
- To inspire students to be more proactive members of the community
- Develop and sharpen students' analytical, problem solving and creative thinking skills through diagnosis of items before repair
- Hone and develop leadership as well as organisational skills

#### **OUTCOMES**

Students were introduced to repair culture and its impact on the environment through different repair stations i.e. Fabric Repair, Appliance Repair, Home Improvement and Responsible Disposal Stations set up during the workshop. Students take turns to experience all repair activities at each station and chose which station they would like to hone their skills in.

Intensive training sessions were also conducted for the students by expert Repair Coaches and facilitators from Sustainable Living Lab (SL2) and FiTree. The training focused on both technical skills and communication exercises. It is hoped

that the training would equip students with the relevant skills required in spreading the message of sustainable living and in increasing students' confidence in promoting the message of environmental protection.

Under the supervision of both Repair Coaches and FiTree members, the event at Rochor Canal allowed students to engage member of the public by assisting to fix their faulty items. It also served as a sharing session of RFR's initiative and a showcase of the items repaired throughout the programme.

OUTPUT INDICATOR	OUTCOME
60% of students who attended the training sessions showed confidence in repairing faulty items.	Majority of the students felt that teaching others to repair is a way to contribute to an environmentally sustainable society.
As a whole, 82% of the students rate the programme as 'Very Good'.	Majority of the students felt more time could be allocated to learn and practice their newly acquired repair skills. Students proposed for the setting up of a handyman club in Madrasah Aljunied Allslamiah so that more lessons could be conducted.

# **FITREE**

OUTPUT INDICATOR	EVALUATION TOOLS	OUTCOME
The students are able to communicate to others about repair and how it helps to promote an environmentally-friendly, non-wasteful society.	Qualitative Feedback	64% were very confident in communicating to others about repair and has shown eagerness in going to places that are in need of repair services as a platform to contribute to the society.
The students have shown great initiative to put their repair skills to good use prior to the event.	Pictorial Documentation	The students had, on their own accord, taken the initiative to fix wooden screen furniture found in their school's prayer hall that had been broken for many years.
Members of the public who attended the RFR event at Rochor Canal looks forward to see more repair sessions in their neighbourhood.	Qualitative Feedback	The impact of learning repair skills has also encouraged the public to buy fewer items in the future.

FiTree has met project objectives with further plans on utilising the students repair skills to help the underprivileged and setting up a handyman club in Madrasah Aljunied Al-Islamiah.

#### **CLF LABS**

# **GROUND-UP INNOVATION (GUI)**

Partnership with Existing Organisation(s)

#### PROJECT TITLE

World Islamic Economics Forum (WIEF) Young Fellows 2016

#### **FUNDING PERIOD**

17 to 24 September 2016

#### TARGET GROUP

International and local youth aged 20 to 30 years old

#### **OBJECTIVES**

#### This year's theme focuses on inculcating five key areas in participants:

The programme serves as a platform to bring together young leaders, changemakers, professionals and entrepreneurs across the globe to connect creative ideas and explore prospects for collaboration in business and social programmes.

- Leadership
  - Community
- Entrepreneurship
- Nature Self-Development

#### TYPE OF PROJECT

The WIEF Young Fellows 2016 is a flagship programme focusing on youth leadership. The 8-day experiential leadership programme was held in Singapore and brings together young leaders across the globe. It covers personal and community leadership, entrepreneurship and business management, environmental sustainability, social enterprise and philanthropy. The WIEF Young Fellows 2016 also seeks to create leading entrepreneurs with a strong moral compass. This year's theme "From Seed to Tree: Courage in Diversity" revolves around the paradigm of the tree from the Quran and attempts to emulate the challenges a seed has to face during germination before becoming a well-rounded tree.

#### **OUTCOMES**

The programme has been running for four years each held in a different country since 2012. The one week-long program had previously taken place in various countries including Durban, Manila and Cordoba. Ground-Up Innovation (GUI) will helm the programme in Singapore from 17 to 24 September 2016. During the week-long programme, participants were key individuals and workshops. subjected to a specific theme each day. The theme provides its

own challenges and with it, reflection pieces that accompanies the learning experience. The programme fosters desired leadership qualities within the participants and allows them to attain new understanding and perspective. The programme includes hackathon, business management as well as talks by

DAY / DATE	PROPOSED PLANS	ACTUAL ACTIVITIES
<b>Day 0</b> 17 Sep 2016	(1) Pit Stop @ MYForum facility for participants to relax and use while waiting for arrival of other members	<ul><li>Arrival of participants</li><li>Orientation and activities at MYForum</li></ul>
<b>Day 1</b> 18 Sep 2016	<ul> <li>(1) World 2066 UNConference</li> <li>(2) Dinner @ Gardens By The Bay and UN Sustainable Development Goals Sharing session with FiTree</li> </ul>	<ul> <li>World 2066 UNConference</li> <li>Sharing session by Keynote Speaker, Professor Jackie Ying on the future of health and its links with entrepreneurship, innovation and economy</li> <li>Through guided facilitation, participants tackle themes related to climate change, poverty, education and health to co-create narratives of the future</li> <li>Youth leaders learnt about Singapore's environmental sustainability through a guided tour at Gardens By The Bay and Marina Barrage</li> </ul>
<b>Day 2</b> 19 Sep 2016	<ul> <li>(1) Grounded Leadership Module with Lead Trainer Tay Lai Hock</li> <li>(2) Enterprise Module: From Idea to Prototype with Reactor, Khairul Rusydi</li> <li>(3) Dinner at Chong Pang Hawker Centre</li> <li>(4) Gallup's Strength Finder by FineXis</li> </ul>	<ul> <li>Facilitated by GUI, participants were exposed on how sustainability can play a central role</li> <li>Participants were equipped with key tools to help on their entrepreneurial journey through Entrepreneurship Bootcamp</li> <li>Youth leaders were exposed to innovation and entrepreneurship tools from Silicon Valley e.g. Lean Startup and Design Thinking</li> <li>Youth leaders then chose a UN Sustainable Development Goals and discussed on ways to tackle it</li> <li>Facilitated by StrengthsFinder coaches, participants identified their talent and strengths during the session</li> </ul>

# **GROUND-UP INNOVATION (GUI)**

DAY / DATE	PROPOSED PLANS	ACTUAL ACTIVITIES
<b>Day 3</b> 20 Sep 2016	1) Blindfolded Dragon Boating with Society Staples (2) Huddle, Reflection and Sharing Session on Leadership (3) Technoprenuership stint Visit at Blk 71 (4) Dinner with CEOS, Community Leaders and CEOs @ MakanBagus	<ul> <li>To inculcate empathy and develop teamwork, participants took part in dragon boating while being blindfolded</li> <li>Visited Singapore's innovation cluster at BLK 71 and one-north where they learnt from local tech startups</li> <li>Networking session with leading CEOs, entrepreneurs and business leaders across diverse sectors allow participants to pick up practical wisdom for entrepreneurship, self-development and growth</li> </ul>
<b>Day</b> 4 21 Sep 2016	(1) Pre Hackathon Modules (2) 36 hour Hackathon using the UN Sustainable Development goals framework	<ul> <li>Hackathon exposed participants to the Future of Learning</li> <li>After learning the Business Model Canvas, participants began tackling UN Sustainable Goals</li> <li>Participants attended Masterclasses to prototype their solutions ranging from electronics to 3D printing</li> </ul>
<b>Day 5</b> 22 Sep 2016	(1) Continued Hackathon (2) Demo Day with Tun Musa Hitam, WIEF Chairman	Participants continued in Hackathon in iterating their solutions, conducting user research and refining business models
<b>Day 6</b> 23 Sep 2016	<ul> <li>(1) Calligraphy session and lunch with MUFTI</li> <li>(2) Heritage tour and percussion training @ Malay Heritage Centre</li> <li>(3) Beneficiary Treasure Hunt</li> <li>(4) Closing Session with sponsors and partners at AgroBazaar</li> </ul>	<ul> <li>Facilitated by musician Mahadi, participants learnt to play drums in record time and performed for senior citizens at the Jamiyah Home for the Aged</li> <li>Sharing session by Granada Academy and Mercy Relief on the importance of serving greater humanity</li> <li>Sharing session with Tun Musa Hitam, WIEF Chairman</li> <li>Appreciation Banquet at Jamiyah Headquarters</li> </ul>
<b>Day 7</b> 24 Sep 2016	(1) Reflection and Gratitude session	■ Reflection session at Kampung Kampus

GUI successfully accomplished their key activities and during the course of the programme was able to inculcate in youth leaders the qualities of:

- 1. World Economic Forum's 21st Century Skills Foundational Literacies, Competencies, Character Qualities
- **2.** Sustainability, Entrepreneurship and Leadership
- 3. Cross cultural empathy an appreciation of peoples from different countries as well as peoples from different societal statuses

With a strong emphasis on design thinking, participants and facilitators were able to generate interesting narratives of the future which have come to materialise after the programme.

WIEF 2016 has received positive feedbacks from participants with some expressing that the programme serves as a platform for capacity building and networking. WIEF 2016 stayed true to its theme of developing leadership, entrepreneurship and has provided impactful engagements. It has also effectively brought aspiring youth leaders and imparted valuable knowledge. The weeklong programme exposed participants with a combination of sustainability, community leadership, and entrepreneurship. The integrated learning journeys and engagements have proved successful in nurturing young leaders.

The conference enables participants to learn from skilled mentors and create industry connections with community leaders and prominent individuals. It allows participants to take

part in the formation and circulation of ideas which will add value to the overall learning journey.

CLF Secretariat is supportive of this programme as it is align with CLF LABS Key Forward Thrust of making the community better, cultivate a community-wide social enterprise ecosystem as well as creating a pipeline of citizen-leaders.

The programme is structured such that participants will achieve a holistic personal and leadership development as it covers key areas like social enterprise and welfare. The programme not only offers opportunity for participants to connect with other like-minded individuals but also allow them to be equipped with relevant skillsets.

GUI has showcased great commitment in bettering the community and shown a strong sense of passion towards social entrepreneurship.

### HATCH THEATRICS

Non-formalised Group

PROJECT TITLE

#### **FUNDING PERIOD**

#### **OBJECTIVES**

Cari Makan

November 2016

Raise awareness of the community's past through theatre

#### TYPE OF PROJECT

Cari Makan is the first research-based and semi-devised theatrical production by Hatch Theatrics. The play will focus on 'lost' occupations within the Malay community such as Mak Bidan (midwife), Tok Mudim (circumcision specialist) and Bomoh (shaman). As part of Hatch Theatrics' Arts Incubation Residency with Malay Heritage Centre (MHC), the team will embark on research effort to produce original work.

#### TARGET GROUP

- Malay community
- Art and theatre students

#### **OUTCOMES**

Cari Makan revolves around 'lost' occupations within the Malay community, namely Mak Bidan (midwife), Tok Mudim (circumcision specialist) and Bomoh (shaman). These professions have at times been misconstrued and are cast in a negative light.

As part of a research-based and semidevised theatrical production, Hatch Theatrics crafted the play to reveal the essence of the professions by exploring personal memories and experiences of existing practitioners in those fields.

As part of project owner's Arts Incubation Residency, Hatch Theatrics hopes to engage the community through both the play and during the course of their research endeavours.

CLF Secretariat is supportive of this production as it meets CLF LABS Key Forward Thrusts of making the community better through its effort

nurture emerging creative talents that will bring fresh and unique perspective to the Singapore arts scene. Similarly, the project has generated greater awareness and interest about these 'lost' professions.

Although the play focuses on selected professions, the research that entails has produced a rich and authentic piece of valuable work. Cari Makan has also facilitated the development of 'newer | theatre performance. narratives' of past community-based professions in the current landscape.

Hatch Theatrics managed to accomplish their key objectives for the project. They achieved at least 80% attendance for all shows, with one sold-out performance.

Each performance saw a diverse range of audience members comprised of not just Malays, but also Chinese, Indians and Eurasians. A post-show dialogue was held for the theatre students from School in developing and producing original | of The Arts (SOTA) and ITE Central and narratives relevant to the community's the Theatre (CCA) students of Temasek past. The production helps discover and Polytechnic, Singapore Polytechnic,

Sengkang Secondary School and Victoria Secondary School.

Being part of the Arts Incubation Residency has allowed Hatch Theatrics with greater access to resource and research materials in the making of the production. They underwent a fulfilling experience to be able to research on lost occupations within the Malay society and in maximising the findings to create a

The research has allowed for an authentic and honest performance that captivated the audiences. Many felt that the play brought them through a range of emotions, which inadvertently made them feel highly introspective.

Cari Makan received positive feedbacks from the audiences. Feedbacks showed that the work was an eye-opening experience for them. The audience members appreciated the opportunity to learn of this particular aspect of the Malay culture that is rarely discussed.

### LIFESTAK

#### Registered under ROC

# PROJECT TITLE

#### TYPE OF PROJECT

LifeStak

LifeStak is a peer-coaching platform that functions as a lifestyle discovery and redesign tool. It carries out experiments for the creation of an alternative educational and lifestyle design. This project seeks to help youths who are in transitionary phase of their lives to discover and attain a new lease of life.

**FUNDING PERIOD**March to August 2016

#### **OBJECTIVES**

- To help youth in transitional stage of life to redesign and lead alternative lifestyles
- To make mentorship a more scalable process for organisations running mentorship programmes
- To empower organisations and administrators of mentorship programmes to scale up their efforts through technology i.e. LifeStak

#### TARGET GROUP

- Youths aged 16 to 35
- Individuals in transition phase of life

#### **OUTCOMES**

LifeStak offers a scalable peer mentoring platform for youths to rediscover and live alternative routines. It guides users to design and emulate alternative lifestyle and functions as a tool where users can learn tips and tricks from successful individuals. It supports users to lead a well-planned life by providing a roadmap for them to follow and take action. User may also filter track their own progress towards attaining their desired lifestyles using LifeStak.

LifeStak provides youths with a platform to make adjustments and steer them towards achieving alternative desired lifestyle goals. This innovative initiative will help make the community better and assist in personal development of our youths. Project owner was active in exploring opportunities to partner with organisations such as Yayasan MENDAKI, Jamiyah and Persatuan Pemudi Islam Singapura (PPIS) for pilot opportunities. Other organisations like Singapore

Kadayanallur Muslim League (SKML) and SINDA have also been very positive in working alongside LifeStak to kick start pilot programmes with their next batch of mentors-mentees.

The platform will be able to address the issue of scalability of mentoring programmes considering that organisations that engaging youths continue to look for ways to increase their reach in a sustainable manner. These organisations could leverage on LifeStak to complement its existing mentoring practices and structures.

This project has the potential to scale up and benefit our youths in the long run. CLF LABS funding has helped project owner to develop product mockups into a viable prototype towards becoming a functional product to enable early testing with groups that have expressed interest in using this peermentoring platform.

#### **CLF LABS**

# **MAKINGMENTORS**

#### Partnership with Existing Organisation(s)

#### PROJECT TITLE

MakingMentors Web

#### **FUNDING PERIOD**

April 2016 to November 2017

#### TARGET GROUP

- Youth mentors
- Administrators and organisations running mentoring programmes
- Youths engage in coding/ programming workshops

#### TYPE OF PROJECT

MakingMentors Web is a web application mentoring support platform which aims to address challenges faced by youth mentors. It will help mentors to (i) build foundational knowledge of mentoring; (ii) plan for weekly mentoring sessions based on identified needs of their mentees; (iii) track progress effectively; (iv) Prompt flagging of emerging issues for additional support from senior mentors and administrators.

This platform also seeks to assist mentoring program administrators to (i) push learning/materials/activities to mentors; (ii) track overall performance of mentoring relationship; (iii) respond to mentors emerging challenges; (iv) deal swiftly with the administrative work on mentoring programs.

#### **OBJECTIVES**

- Enable mentors to work effectively while develop personally and professionally throughout the mentoring process and remain committed as mentor
- Enable programme administrators to focus on content development of mentoring programme and deliver relevant training

#### **OUTCOMES**

Many organisations and volunteer mentors are confronted with challenges during their mentoring programmes. Some of the setbacks they faced include:

- **1.** Mentors are unable to apply the knowledge and skills accordingly during mentoring sessions.
- 2. Encounter problem in assessing the progress of mentoring sessions and outcomes.
- **3.** Skills training are often front-loaded without a systematic way to push content to mentors when particular needs arise in mentoring relationship.
- **4.** Feedbacks are collated manually (forms, emails, messages) and owing to poor response rates has hampered the development and improvement of mentoring programme.
- **5.** Programme administrators are unable to see the health of the overall programme and training sessions.

With no proper support system, most mentors feel overwhelmed by the challenges and this in turn has resulted in high mentor turnover rate. As such, MakingMentors Web hopes to fill the gap and address pertinent issues within the mentoring landscape. In keeping with CLF LABS goals, this initiative also makes the community better and brings about positive impacts to our youths.

MakingMentors Web is an innovative idea and when implemented will lead to an effective and systematic process of mentoring programs and management. Owing to the great numbers of mentorship programmes available within our community, the availability of this web application will facilitate and streamline the mentoring programmes across all organisations and administrators. This project can be one possible solution in addressing the prevailing concerns faced by mentors. We are confident that the support provided to MakingMentors will go a long way in helping the development and improvement of mentoring programmes.

### NADI SINGAPURA

Partnership with Existing Organisation(s)

PROJECT TITLE

TYPE OF PROJECT

Journey 2: The Pulse

Journey 2: The Pulse is a production by NADI Singapura ensemble and student guest performers from various drums and percussion groups. The second run of the production offers interactive percussive experience and were held on 4 and 5 November at ITE College Central.

**FUNDING PERIOD** 

November 2016

OBJECTIVES

 To ignite and drive local content and showcase creation of artistic works

 To showcase youths' talents, ideas, potential, energy and vibrancy, to the community

To support youths and empower youth leaders

TARGET GROUP

Students from various ITEs, polytechnics and tertiary institutions

Drumming, music, dance and theatre professionals and enthusiasts

Non Malay-speaking audiences aged 18 to 34 years old

#### **OUTCOMES**

Journey 2: The Pulse involves members of the NADI Singapura ensemble and student guest performers from Institute Technical of Education (ITE). The production offers interactive percussive and art forms experiences involving visual arts, performance installations, dance and movement choreography, theatre and poetry.

The involvement of student guest performers has become part of NADI Singapura's efforts providing experience for them to gain insights on the arts and music fields with opportunities to interact with industry professionals and practitioners.

NADI Singapura strives to uplift the traditional drums and rhythms while maximising the potential of the art and

ensemble to the fullest. In support of Nadi Singapura aims to re-energise, promote and develop a renewed interest in Malay drums and percussion as a progressive art form, CLF Secretariat is supportive of this production.

In line with CLF LABS Key Forward Thrusts of making the community better, Journey 2: The Pulse give youths opportunities to develop and discover abilities. It also engages them in an effort to develop talents and cultivate area of expertise in the arts.

It is hoped that the production will foster future youth leaders who are equipped with the relevant skills to thrive in the global arts industry and develop personal character.

#### **CLF LABS**

# NADI SINGAPURA

Partnership with Existing Organisation(s)

**PROJECT TITLE** 

**FUNDING PERIOD** 

TARGET GROUP

Journey of the Pulse: The Revival

May 2014

Malay/Muslim youths

#### TYPE OF PROJECT

A percussive performance by NADI Singapura to entertain and educate audience on the heritage of Malay percussion.

**OBJECTIVES** 

To provide a platform to expose the community on the Malay percussion heritage through musical performance

#### **OUTCOMES**

NADI Singapura believes in uplifting the traditional drums and rhythms and maximising the potential of the art and the ensemble to the fullest. Featuring homegrown talents, Mr Yaziz Hassan and Mr Riduan Zalani, co-produced by Mr Siraj Aziz, Journey of The Pulse: The Revival explored these almost forgotten art mediums.

In an attempt to present an interactive percussive experience, NADI offered a diametric response to the conventional styles of music and presentation hailing from the Malay Archipelago from the past and present. The project is not limited to the area of music as it also incorporated other art forms such as visual arts, performance installations, dance and movement choreography, theatre and poetry.

To ensure sustainability of this project, project owner targets to increase student outreach programmes in increasing

awareness of NADI thus increasing the interest from schools to stage such shows and workshops in their schools. In addition, NADI is active in exploring partnership with the Malay Heritage Centre (MHC) and Singapore Tourism Board (STB) to transform this theatre performance into becoming tourist centric performance. If achieved, it will allow a steady income for the performers and also a growing fan base for NADI.

In line with CLF LABS goals, this project provided opportunity for the Malay youths in to nurture talents in the area of arts. This project has great potential in contributing in the development of our arts scene and promotes the appreciation of Malay art forms.

CLF Secretariat supports NADI Singapura as it also functions as a platform for the exposure of traditional Malay music and its application in the modern music industry.

# NANYANG TECHNOLOGICAL UNIVERSITY MUSLIM SOCIETY (NTUMS)

Partnership with Existing Organisation(s)

PROJECT TITLE

**FUNDING PERIOD** 

**TARGET GROUP** 

Aurora Purnama: Ignite, Instil, Inspire

April 2015

Malay/Muslim undergraduates

#### TYPE OF PROJECT

Students from Aurora Purnama, (NTUMS) worked with Al-Ishlah Orphanage and Boarding School in Indonesia to teach English and raise awareness of its importance. The team also organised educational activities for children at Muhammadiyah Welfare Home (MWH).

#### **OBJECTIVES**

- To be educators beyond boundaries
- To ignite and instil confidence in speaking the English Language in hope of bridging Al-Ishlah students together with the rest
- To embrace and inculcate a culture of servitude in both the team and students at Al-Ishlah

#### OUTCOMES

Aurora Purnama collaborated with Al-Ishlah Orphanage and Boarding School to conduct:

#### 1. English at Ishlah

This component focused on igniting interest and passion amongst students at Al-Ishlah to learn and converse the English Language. Students were also given the opportunity to participate in a debate to help students grasp and effectively convey their ideas in English.

#### 2. Educational Carnivals & Village Project

Educational activities and games were conducted for students at Al-Ishlah and neighbouring village.

#### 3. Refurbishment

The team successfully completed refurbishment of a mural at the kindergarten entrance.

Aurora Purnama has helped improved the standard of English, self-discipline and social quality of students and the people under their organisation. In line with the vision and mission of Al-Ishlah, Aurora Purnama also strives to uplift members of the society who are in need. Aurora Purnama has helped improved the level of English, nurture self-discipline and foster social quality of the students at Al-Ishlah.

Back in Singapore, Aurora Purnama engaged residents from Muhammadiyah Welfare Home (MWH) in 'Fun With English' where participants explored and discovered more about English Language. The activities focused on learning and communicating English in a manner that is both educational | Al-Ishlah Orphanage and MWH.

and engaging. For better learning experience, songs and visual aids were used as they are effective in achieving programme

'Fun With English' has provided an opportunity to inculcate the importance and value of teamwork at a young age as well as instilled confidence in participants to converse in English.

Overall, team members from Aurora Purnama were given the opportunity through the project to develop effective communication skills and understand the concept of service learning by integrating meaningful community service at both

#### **CLF LABS**

# NANYANG TECHNOLOGICAL UNVERSITY MALAY LANGUAGE & CULTURAL SOCIETY (PERBAYU) IN COLLABORATION WITH SINGAPORE POLYTECHNIC MALAY LANGUAGE SOCIETY (SPMLS)

Partnership with Existing Organisation(s)

**PROJECT TITLE** 

**FUNDING PERIOD** 

TARGET GROUP

Gerakkan Kaki, Gunakan Minda 2 (GKGM 2)

March 2014

Secondary 1 - 3 students

#### TYPE OF PROJECT

An amazing race style event where participants from secondary schools get together in a series of fun activities aimed at developing their positive self-esteem.

#### **OBJECTIVES**

- Create a platform for students societies to collaborate
- Promote Malay Literature & Arts
- Encourage the application of Malay Language
- Develop positive self-esteem amongst secondary school students
- To expose secondary school students to the culture of institute of higher learning and encourage them to further studies

#### **OUTCOMES**

GKGM 2 is a collaboration project between Singapore Polytechnic Malay Language Society (SPMLS) and Perbayu. The project aims to cultivate appreciation of the Malay language and culture and create awareness.

The activities were designed to incorporate sajak, puisi, syair, dondang sayang, dikir barat, tarian Melayu. This will help students develop positive self-esteem and effective oratorical skill in Malay language when presenting and performing.

This project brings about opportunities for both youth committees and secondary school students to gain better insights and understanding of the Malay culture and literature. Participating students were involved in various

interactive activities, done in the form of a race around Singapore Polytechnic and National Institute of Education

Feedbacks indicated that students enjoyed the activities and attained exposure to the Malay language and culture through the activities. 80% of students participated in GKGM 2 found the overall programme beneficial and would attend similar programme in the future. Students commented that theygainedgreater awareness and exposure on Malay culture and language from GKGM 2.

Overall, GKGM 2 was able to meet programme objectives and successfully implemented all proposed plans accordingly.

COMMUNITY LEADERS FORUM COMMUNITY LEADERS FORUM

# **NUS MALAY LANGUAGE SOCIETY (PBMUKS)**

Partnership with Existing Organisation(s)

PROJECT TITLE **FUNDING PERIOD** TARGET GROUP

ME{R}DU 2016 Youths aged 16 to 25 years old from tertiary institutions May 2016

#### TYPE OF PROJECT

A music camp which incorporates three components; (1) musical workshop conducted by distinguished musicians such as Zaibaktian and Hydir Idris to teach participants music making. Subsequently, participants will compose their own music and perform at two events; (2) participant's performance at AIN Society Carnival; (3) showcase concert at Aliwal Arts Centre. The programme targets youths aged 16 to 25 from tertiary institutions.

#### **OBJECTIVES**

- Encourages critical thinking and enhances musical skills of participants such as song and lyric writing
- Serves as a platform for youths to come together and contribute to the society
- Promotes the appreciation of Malay language

#### **OUTCOMES**

CLF Secretariat is supportive of ME{R}DU as it has the potential to address the lack of platform to boost local music.

In line with CLF LABS goals, this programme engages the Malay youths in an endeavour to develop their talents and foster area of expertise in the field of arts. This camp served as a good learning platform for youths to acquire insight into music.

development of our local arts scene and foster the appreciation of Malay art forms amongst youths. It functions as a platform for both amateur and professional arts practitioners to converge and exchange ideas to hone their craft.

ME{R}DU is able to cultivate creativity and equip youths with relevant musical skills such as song and lyrics writing. Through this programme, it is hoped that participants can capitalise on ME{R}DU showcased the potential to contribute in the music as a tool for communication to discuss social issues.

#### **CLF LABS**

### P.R.I.S.M

Non-formalised Group

#### PROJECT TITLE **FUNDING PERIOD**

Maker Music September to December 2015

#### TARGET GROUP

Youths from underprivileged families

#### **OBJECTIVES**

- Provide opportunities for youth to pick up technological skills
- Provide a platform for youths to design their own prototype
- Nurture a problem-solving mindset which will be a critical component of their holistic development

#### OUTCOMES

Maker Music is an initiative planned, conceptualised and executed by P.R.I.S.M as part of their efforts to impart programming experience to youths in Malay Muslim Organisations (MMOs) and beneficiaries of Volunteer Welfare Organisations (VWOs).

The effort culminated with a workshop held from 15 to 17 December where youth aged 13 to 15 years old learnt programming, computational thinking and electronics to create an electronic guitar. Participants were provided with opportunities to apply fundamental concepts and programming skills to craft their own prototype electronic musical instruments.

CLF Secretariat is supportive of this project as Maker Music provided the underprivileged youths to experience hands-on experiences on programming. It is also an avenue for the youths to learn and expose to the topics in a friendly environment.

The content was developed to be interactive and includes prototyping as part of the learning process. By learning both the physical computing of "hardware" and "software", participants built and created their own products.

P.R.I.S.M reaches out to underprivileged youths by providing

them opportunities to be equipped with technological skills

TYPE OF PROJECT

through programming workshop.

The curriculum was also designed such that the participants will have a grasp of programming logic, syntax and functions.

Maker Music received positive response from parents and the participants was commended on the content, structure and overall delivery of the workshop.

Feedbacks from the participants showed that they are satisfied with the workshop where some even offered ideations for future projects. Others have also enquired on how to move forward and maximise the knowledge gained from the workshop.

### PAPAHAN FILMS

Partnership with Existing Organisation(s)

TYPE OF PROJECT PROJECT TITLE

**Banting Premiere** Papahan Films first introduces Banting at its local premiere on 24 October 2014 at The Cathay.

With its local and cultural context, it is fitting to have a world premiere in Singapore, attended

**FUNDING PERIOD** by members of the Malay community.

October 2014

**OBJECTIVES** 

To launch world premiere for Singapore's first commercially produced and released Malay film.

TARGET GROUP

Malay community

#### OUTCOMES

The film, *Banting* follows the journey of a Malay girl, Yasmin, as she finds the missing passion in her life, wrestling. Raised in a strict household, Yasmin begins to secretly take professional wrestling lessons. But when her secret is threatened to be revealed, Yasmin continues to keep her dream going and realizes her true passion.

The world premiere introduced the Malay community to the film, and is a celebration of another milestone of the Singapore Malay community. Banting is a heart-warming tale of chasing dreams and overcoming obstacles, and with its local setting, provides the Malay community with a content that resonates with them. Touching on issues intimate and unique to the Malay community, audiences will be able to identify with the

characters and situations in the film.

Being the first commercially produced and released Malay film in Singapore, Banting is a breakthrough and as such CLF LABS is supportive of this effort as it helps and encourages young budding Malay filmmakers to push forth their projects.

The film also presents a golden opportunity for the Singapore Malay community to reconnect with their cultural roots and heritage. In tandem with our Key Forward Thrusts of impacting the community, it is hoped that the community will be inspired by the film to chase their dreams and push themselves to greater heights.

#### **CLF LABS**

### SG50 KITA X

#### Non-formalised Group

#### **PROJECT TITLE**

#### **FUNDING PERIOD**

#### **TARGET GROUP**

The Next 50 Years by SG50KITAx

July to December 2015

Malay/Muslim youths Aspiring changemakers

#### TYPE OF PROJECT

The Next 50 Years by SG50KITAx is a programme that amalgamates passionate and energetic young Singaporeans. The 4-month programme, aims to curatively project and develop long term actionable programmes in addressing future needs. In collaboration with SG50KITAx, CLF LABS provided additional funding support to top teams that graduate from the programme.

#### **OBJECTIVES**

- Curate possible scenario around selected themes, along with inputs from key opinion leaders in the relevant themes
- Develop long-term actionable programmes and processes to address issues or pain-points in these curated scenarios
- Creating the SG50 identity based on curated youth aspirations of the future
- Expose young people to what the future will look like as part of a larger step to prepare them for such future(s).
- Provide an opportunity and platform for young changemakers to learn new skills, insights and develop a network of future leaders

#### **OUTCOMES**

CLF LABS supported four (4) teams that came out from this initiative to assist them in the development of their prototype solutions for the implementation phase. They are:

#### 1. The Igra Movement (TIM) by LIFE

To help underprivileged children by equipping them with important skillset and achieve fair opportunity at attaining success. LIFE aims to develop skills such as literacy, communication and character building through creativity.

#### 2. ALL OUT by Creative Muslim Youth Kakis (CMYK)

Art initiative to provide youths a stress-relieving experience through art therapy.

#### 3. Holistic Education by WHOLE:D

A series of workshops using board game sessions to expose and equip secondary school students with lifeskills and knowledge not taught in schools.

#### 4. LifeStak by Shariff Raffi

A peer mentoring platform for alternative lifestyle design catered to individuals to rediscover, redesign and live other variations of alternative lifestyles and careers. This platform targets youths in early career path and transitionary phase of their lives.

As part of the CLF LABS Key Forward Thrusts, we hope that these projects would create a pipeline of citizen leaders who would be able to recognise and design possible solutions and ideas to benefit the community.

### SINGAPORE CALISTHENICS ACADEMY

Non-formalised Group

Singapore Calisthenics Academy

#### **PROJECT TITLE**

#### **FUNDING PERIOD**

#### December 2014

#### TARGET GROUP

- Calisthenics practitioners
- Individuals who are keen to maintain and improve fitness levels

#### TYPE OF PROJECT

Singapore Calisthenics Academy focuses on promoting exercising and healthy living to the community through workshops, performances, competitions and showcase.

#### **OBJECTIVES**

- To empower every individual mentally and physically through calisthenics
- To bring new concept and fitness approach through calisthenics by connecting with the community in promoting healthy living across all levels

#### OUTCOMES

Calisthenics is a form of exercise which consists of rhythmical movements, generally without using fitness or gym equipment and is intended to increase flexibility and body strength with movements through the application of one's body weight for resistance. When performed regularly, calisthenics can benefit both muscular and cardiovascular fitness, in addition to improving psychomotor skills. With calisthenics, it gives individuals a sense of achievement and motivates them to proceed with weighted exercises.

Singapore Calisthenics Academy is focused on conducting activities revolving calisthenics such as showcases, competitions, mass workouts and personal trainings. They are committed in addressing the issue of work-fitness balance by catering to the

needs of their both physically and mentally.

CLF Secretariat is supportive of this project as it runs is in line with CLF LABS Key Forward Thrusts of making the community better. The support given to Singapore Calisthenics Academy has been useful in the implementation of key activities.

With 50% total participation rate of Malay/Muslims, the community have benefited from the niche fitness programmes the Academy have to offer. It is hoped that the Academy would be able to facilitate them in achieving fitness goals or address health-related issues. With proper maximisation of resouces, we are confident that the Academy would bring about positive change in the community.

#### **CLF LABS**

### SKY HIGH EDUCATORS

#### Registered under ROC

#### PROJECT TITLE

### **FUNDING PERIOD**

### TARGET GROUP

#### Homework Help!

April to December 2016

Malay Students

#### TYPE OF PROJECT

# Homework Help! aims to provide affordable homework assistance after school hours to students from low-income background.

#### **OBJECTIVES**

Provide students with a conducive environment to study and complete homework under supervision

#### **OUTCOMES**

Homework Help! is designed to cater to students at primary and secondary level. In preparation of final examinations, a two-hour session was conducted at Pasir Ris East Community Club and Al-Istighfar Mosque during weekdays.

Two (2) mentors were in attendance at each session to provide assistance in their revision. On average, 5-8 students sit in the session at each venue. Occasionally, Sky High Educators would also conduct a one-off intensive revision session for students taking national examination.

The programme has successfully achieved its objective and generates positive feedback. Review from parents show that

Homework Help! has provided their children with conducive study environment. They also found the immediate support in their children's studies effective.

Homework Help! has become a good alternative in place of tuition for students seeking supplementary classes.

This programme was also extended to university students in providing them space to study. This study space is located at Tanjong Pagar and is available for undergraduates during their reading week. This initiative has been well-received by students and project owner aims to continue it in the subsequent year.

Sky High Educators embarked on marketing efforts which were directed towards the following:

#### 1. Workabee Youth Job Portal [www.workabee.co]

The job portal Workabee has allowed project owner to publicise their home tuition assignments and facilitate tuition applications for tutors and students. It has been useful in the operations of Sky High Educators' home tuition efforts. Workabee also ease the process of applying for tuition assignments and provide volunteering opportunities for youth.

#### 2. Sky High Bag Campaign

In raising awareness of their initiatives, Sky High Educators partnered with Project Sanubari Shan from Nanyang Technological University's Malay Cultural Society to pledge a school bag to a needy child for every bag purchased.

#### 3. Marketing Material

Sky High Educators invested in marketing materials such as flyers, folders and t-shirts which were used as promotional collaterals at roadshows and events.

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# TEATER ARTISTIK

Registered under ROS

**FUNDING PERIOD** TARGET GROUP PROJECT TITLE Malay/Muslim Youths Doktor Remaja August 2015

TYPE OF PROJECT

Doktor Remaja is a theatrical production focused on addressing youth and social issues as its central theme. It also provides opportunities for youths to be equipped with performing arts skill.

#### **OBJECTIVES**

- To present different approach of adapting short story into theatre performance
- To provide platform to showcase works of Singapore writer and youth talents in aspects of acting, arts management and script writing
- To raise awareness on the importance of Malay language and culture to the youth
- To instil a better understanding to the youth pertaining to adaptation of a text (short story) into watching and learning (theatre)
- To garner youth involvement and cultivate positive thinking

#### OUTCOMES

In line with its vision to work towards the development of | scriptwriter, and journalist was conducted post-performance to the Malay arts and language. Teater Artistik embarked on a theatrical performance. The production is a stage adaptation of a short story written by Singaporean author, Ms Sharifah Khadijah AlJoofri, titled Doktor Remaja.

This production was designed and executed by youth participants. They attended a facilitated acting workshop to learn acting skills and technical/production knowledge and were later assigned respective roles in the making of the performance.

The storyline focuses on youth issues such as teen pregnancy and drug consumption. Interactive discussion with youth worker, the 📗 in acting and the making of a theatrical productions. 🥯

discourse on youth issues presented in the production.

Doktor Remaja has enabled youths to understand social issues better by providing platform for dialogue and discussion.

Through this project, Teater Artistik is able to promote the works of Singaporean writers by translating local literary works into theatrical productions in an effort to foster appreciation for literature and the Malay language.

CLF Secretariat is supportive of this project as it allows youth participants to build confidence and realise their potential

#### **CLF LABS**

### THE LEVEL UP COLLECTIVE

Non-formalised Group

#### PROJECT TITLE

"Veni Vidi Vici" — The Study Skills Workshop

#### **FUNDING PERIOD**

September 2016 to December 2017

#### TYPE OF PROJECT

A two-part workshop which allows students to explore set of learning experiences (VARK) that promote active learning and impart critical thinking and reading skills.

#### **OBJECTIVES**

- To share study techniques, learning strategies and exam tips with students
- To promote active learning through critical thinking in reading

#### TARGET GROUP

- Upper secondary school students
- Youths

#### **OUTCOMES**

"Veni Vidi Vici" — The Study Skills Workshop is a two part 4-hours programme aims to promote active learning and inculcate critical thinking skills among students.

The first part of the workshop, Learning Strategies, focuses on imparting study skills and exam strategies to students. This component will assist students in recognising their learning preferences through the VARK (Visual Auditory Reading and Writing) model and equip them with effective study method through proper application of skills and resources.

The second part of the workshop, Critical Thinking & Reading, emphasises on active learning in which a higher form of critical thinking skill is employed when reading and writing. Students will be asked to analyse articles through questioning assumptions, identifying an article's strengths and weaknesses as well as organising information. As critical thinking and active learning are becoming increasingly important in today's context, this workshop provides the Malay/Muslim students an effective workshop for the students.

opportunity to be equipped with relevant and essential skills useful for their studies. It allows students to engage in analysis of class content which could aid revision and information retention. The Level Up Collective is planning to conduct similar workshops for government schools and outreach to include non-Malay/Muslim students

Prior to the Study Skills Workshop, two pilot workshops at both Madrasah Wak Tanjong Al-Islamiah and Madrasah Aljunied Al Islamiah have been conducted for a total of 200 secondary 3-4 students. Surveys from participants revealed positive responses where 100% found the content of the workshop useful while 60% felt that it improved their ability to read and/or think critically and would recommend the workshop to others. Data gathered from the pilot workshop illustrate the success of the workshop and the positive impact it had brought upon students. CLF Secretariat is confident that The Level Up Collective is capable of running the programme and deliver a highly successful and

#### **DESIRED OUTCOMES**

- Develop confidence and intrinsic drive to achieve
- Identify learning preferences through VARK
- Develop own learning strategies according to their preferred study techniques as featured in the workshop
- Read critically
- Write clearly and effectively

#### **EVALUATION TOOLS**

#### **■** Feedback Forms

A workshop questionnaire will be provided to students to report on the results of programme effectiveness of both the implementation and content of the workshop. A questionnaire enables project owner to evaluate the structure and content of the workshop based on participants rating. Post assesmment will be drawn and reported.

#### ■ Debate, Presentations and Games

Follow-up activities such as debate and presentations that will be conducted to assess students' critical thinking, communication and presentation skills. Project owner also created a game where students have to critically read and think in order to solve the mystery.

#### ■ Progress Tracking

Project owner will seek cooperation of teachers to help track the academic progress of participants over the course of the year.

COMMUNITY LEADERS FORUM

# THE LEVEL UP COLLECTIVE

CLF Secretariat is supportive of this programme as it contributes | In line with CLF LABS Key Forward Thrusts, the programme towards the holistic development of students. It is designed to assist secondary school students in identifying the suitable study techniques as they progress towards a more self-directed form of learning. Furthermore, the programme engages students via active discussions at various levels i.e. individual, pair and group.

makes the community better. It addresses the gap by designing workshop that is focused on imparting critical thinking through reading and writing skills to students. Similarly, the workshop also creates a pipeline of citizen-leaders by shaping participating students into thinking and becoming discerning leaders of tomorrow.

#### **CLF LABS**

# THE TANG BROTHERS

Non-formalised Group

#### **PROJECT TITLE**

**FUNDING PERIOD** 

TARGET GROUP

NUS Entrepreneurship Society (NEST) 2014

December 2014

The Tang Brothers

#### TYPE OF PROJECT

Participation in a 3-day entrepreneurship bootcamp conducted by NUS Entrepreneurship Society.

#### **OBJECTIVES**

To enhance capacity and be equipped with important understanding of social entrepreneurship

#### **OUTCOMES**

The Tang Brothers continuously showcased great commitment in capacity building. They participated in NEST 2014, a workshop organised by NUS Entrepreneurship Society and gain opportunity to interact with leading entrepreneurs from various industries. With a special emphasis on Social Entrepreneurship and Technopreneurship, the bootcamp provided opportunity for them to also sharpen entrepreneurial mindset and be informed of relevant knowledge useful for their entrepreneurial journey.

NEST 2014 allowed The Tang Brothers to be part of the selected high potential young entrepreneurial talents to gain the

exposure to the world of entrepreneurship. They participated in Masterclasses and were given the opportunity to interact with seasoned entrepreneurs.

In line with CLF LABS Key Forward Thrusts, their participation in capacity building will hopefully cultivate a community-wide social enterprise ecosystem and create a pipeline of citizenleaders. In support of their KiasuApp project, it is hoped that the valuable knowledge attained from the bootcamp will facilitate the development and expansion of The KiasuApp to benefit the community.

### THE TANG BROTHERS

Non-formalised Group

PROJECT TITLE FUNDING PERIOD TARGET GROUP

The KiasuApp June 2014 Low-income Malay/Muslim families

#### TYPE OF PROJECT

A mobile application to help low-income families save money on essential goods and appliances.

#### **OBJECTIVES**

The Tang Brothers aim to enable all users of the app to have clear and credible information on the prices of all essential products or appliances across different supermarket outlets. This is to allow user to save money and make a more well-informed decision of where they could buy at the most affordable price.

#### **OUTCOMES**

The Tang Brothers are passionate budding social entrepreneur who are keen to help the less fortunate and improve the lives of underprivileged. With the support of CLF LABS, it enables them to design and develop mobile application, KiasuApp. This mobile application functions as a database compiling the product prices of essential goods and appliances from various supermarket outlets which aims to benefit the low-income families.

KiasuApp is currently available for download at Android Play Store. The Tang Brothers hope to promote the application to Voluntary Welfare Organisations (VWOs) and introduce them to low-income families as part of a pilot test before launching it

to the mass market. The Tang Brothers also plans to constantly update the mobile application and are drawing up strategies on ways to promote KiasuApp.

It is project owner's goal for users of the application to be able to save money on every visit to the supermarket, which could potentially help them financially in the long run.

In line with CLF LABS Key Forward Thrusts, the project is able to make the community better by providing platform for under privileged to save money and manage their finances well.

#### **CLF LABS**

# **VARIASI PERFORMING ARTS**

Partnership with Existing Organisation(s)

#### **PROJECT TITLE**

# FUNDING PERIOD

#### TYPE OF PROJECT

PESTARIASI 2014 — Sepanjang Jalan Kenangan March to September 2014

Performance and Cultural Showcase

#### **OBJECTIVES**

- Promote harmony and diversity within the community
- Promote nostalgic musical genre to younger generation
- Showcasing culture and heritage

#### TARGET GROUP

- Malay community
- Malay youths

#### **OUTCOMES**

CLF Secretariat is supportive of this programme as it provides an opportunity for the younger generations to appreciate, learn, and understand the culture of earlier years. Variasi also holds roadshows and previews for PESTARIASI at venues such as public libraries and community clubs to outreach to the wider segement of the community

The preparation process allows youths to undergo intensive training and attend musical workshops. The programme also provided opportunities for youths to understand and gain insights into the lifestyle and culture of the Malay community

in the 1960s.

The Music Literature Workshop, for instance enables youths to learn about creative song writing using different aspects of life, such as songs about the community and love.

Lyrics by the late Kassim Masdor, Yusnor Ef and other prominent writers were also discussed during the workshop. The project has provided youths with opportunities for hands-on learning and exploration of the Malay culture.

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### **VARIASI PERFORMING ARTS**

Non-formalised Group

#### PROJECT TITLE

#### **FUNDING PERIOD**

Projek TIGA: Garisan Masa

September 2015

#### TYPE OF PROJECT

Projek TIGA is a pilot project initiated by resident artiste at Variasi Performing Arts to inspire young activists to showcase original and creative work. Following the first series, Garisan Masa presents three stories narrating people's everyday accounts set against the backdrop of Separation and foundation of modern Singapore. The theatrical production was showcased on 18 and 19 September 2015.

#### TARGET GROUP

- Malay community
- Youths
- Students
- Arts activists

#### MEASURMENT TOOLS

- Feedback Forms
- Dialogue Session
- Evaluation by National Arts Council (NAC)

#### **OBJECTIVES**

- To promote Arts (Literature and Performing) to the community and develop talents through theatre
- To provide opportunity for local writers and young directors to produce and present original works as well as showcase their capability in theatre
- To celebrate Singapore's golden jubilee through theatre

#### **OUTCOMES**

With the success of the pilot production Karya dan Terus Berkarya in 2014, Variasi Performing Arts followed through with the showcasing of second instalment, Garisan Masa. The storyline tells audience of people's experiences and life stories throughout the different eras leading up to the foundation of modern Singapore. It was written to reflect on the cultural and language aspects of society.

Prior to the production, Variasi Performing Arts conducted apprentice programmes, foundation training and workshops for participants in equipping them with valuable learning points and gain insights of the literary and theatre arts landscape.

#### At the end of the 6 months training, participants are able to:

- Produce and present their original works and showcase skills in theatre
- Gain increased appreciation of the Malay language through its application
- Collaborate with external partners who are passionate about Malay literary and performing arts to continue producing theatrical productions relevant to the Malay community

All shows garnered huge turnout and received positive media feature by Berita Harian. Feedbacks from audiences indicated that Garisan Masa brought back nostalgic memories and able to potray issues from the different eras well. The project successfully help to develop the acting skills of the participants.

Over 300 participants contributed towards the success of the show. Project met its objectives as participants successfully staged the show and were commended for their outstanding performance.

Garisan Masa also delivered its key messages on the importance of remembering the past to better understand the repercussions and impacts on future trajectory.

CLF Secretariat supports Projek TIGA as it creates a pipeline of citizen-leaders by providing avenue for our youths who are keen in pursuing theatre to showcase their potentials and develop talents to the community.

The project also explores learning opportunities for the youths beyond the stage by conducting series of literary and performing arts workshops.

#### **CLF LABS**

# **VARIASI PERFORMING ARTS**

#### Non-formalised Group

#### **PROJECT TITLE**

#### **TARGET GROUP**

Projek TIGA: Karya dan Terus Berkarya

Malay community

Youths

**FUNDING PERIOD** 

Students

March to April 2014

Arts activists

#### TYPE OF PROJECT

A pilot project of black box theatre that seeks to encourage more young activists to showcase their original work and creative presentation. The play was held at The Substation on 4 and 5 April 2014

#### **OBJECTIVES**

Variasi Performing Arts aims to provide platform that motivates youths to participate in art-making by providing learning opportunities in apprentice programmes and workshops. It is their objective to work together with artists and community partners to develop, advocate and grow support in the theatre.

#### **OUTCOMES**

Projek TIGA is a series of blackbox plays which at stage production play annually from 2014 - 2018. It is a pilot project of black box theatre that was initiated by a resident theatre artiste of Variasi Performing Arts to encourage more young activitists to showcase their original work and creative presentation.

Projek TIGA comprises of three stories directed by local talents, Ms Fairuz Atigah, Mr Muhammad Shukri and Mr Imran Ahmad. These stories were written by home-grown writers, Mr Syed Abdillah, Ms Sarifah Ibrahim and Mr Roslie Sidik. For this year's production, the theme revolves around Karya dan Terus Berkarya

to allow for local writers to produce story and scripts which reflect the current realities and life stories of the community. The project presented extraordinary storyline which tells stories of hopes, loves, triumphs and anguishes.

CLF Secretariat is supportive of this production play as it provided youths an avenue to build confidence and maximise their potential and talents in arts. It is hoped that Projek TIGA will be able to drive creation and showcase local content of artistic works.

# **VARIASI PERFORMING ARTS**

Partnership with Existing Organisation(s)

#### PROJECT TITLE

ROOTS! (Arts Camp 2015): Reflection & Revolusion

#### TARGET GROUP

- Malay secondary school students aged between 14 to 18 years old
- Young artistes from Variasi Performing Arts and local arts group

#### **FUNDING PERIOD**

February 2016

#### TYPE OF PROJECT

ROOTS! is an arts training programme which builds on the Traditional Roots Programme (TRP) established in 2008. It aims to develop new artists to be proactive and professional in key areas of performing arts. This camp also serves as a platform to leverage on the skills of Malay youths and hopes to boost their confidence in performing and in moulding good character development.

#### **OBJECTIVES**

- To promote arts (literature and performance) to the community and develop talents through theatre works and dance
- To gain perspectives of the local communities as a global citizen
- To build confidence and resilience as a youth and arts ambassador
- To promote mutual understanding between nations through cultural and educational exchanges

### **OUTCOMES**

The TRP or Akar Kita continues to grow and has run two arts | In addition, its objective to help build confidence and resilience camp since its inception in 2008. In 2016, Variasi Performing Arts has rebranded this training programme to become ROOTS! (Arts Camp 2015): Reflection & Revolusion.

CLF Secretariat is supportive of this programme as it is in line with CLF LABS goal. ROOTS! engages the Malay youths in an effort to nurture talents and cultivate area of expertise in the field of arts.

of secondary level students through performing arts meet the CLF LABS Key Forward Thrusts of making the community better in terms of character development.

The camp provided a good learning platform for students with low-income background to gain insights into performing arts and opportunity to experience arts training programme.





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